

CURSUS

The Newsletter of
Ivanhoe Harriers
Athletic Club Inc.



October 2020

Edition 62

Editorial

The frustration of Coronavirus continues. The severe impact on community sport and healthy activities cannot be overstated.

Our Club President, Jeff Franklin, attended a Zoom meeting of Athletics Victoria (AV) on Tuesday, 6th October 2020. AV has tentative plans in the pipeline to try to introduce restricted track and field competition in November/December. However, these plans are completely conditional upon Government COVID-19 rules being reduced sufficiently to enable competition to commence.

Track and Field competition, as we once knew it, will not be the same in the immediate future.

A draft schedule has been produced for the summer with 10 Rounds of competition proposed with a commencement date of Saturday 28th November. This is of course still subject to Government requirements being satisfied.

It is currently hoped that competitions will be able to commence at 4 venues when gatherings of up to 50 people are permitted. If/when that occurs, it is planned to hold rolling, one hour competitions, over 4 events, for a max of 50 athletes at a time. At the end of the hour, they must depart and allow the next group of 50 to arrive and compete. There will be no walk-up starts. All bookings will need to be done on-line beforehand.

This type of arrangement is not great for Clubs and developing team culture but may well be the only way forward this summer. Nothing has been set in concrete at this stage, however AV is trying to salvage some form of summer competition which is flexible and changeable as conditions ease. We certainly hope conditions will ease!!

Disappointingly, the Zatopec Meet will not be conducted for the first time in 59 years.

It is pointless trying to plan ahead at this time. The first step being the recent Govt. announcements on 19th October 2020, which now lead into revised conditions on November 1st at which point AV will then announce updated and specific plans.

New Members

We are delighted to welcome **Sami Rowe** to the Club. Sami is the younger sister of Ella who has been training consistently well for the past 12 months.

Lennox Williams has also joined. Lennox is a 15 year old middle distance runner training with James Lynch. **Will Franklin**, youngest son of Adam and Christina, has also joined up to run in the Super 6 series with his brother Thomas.

A warm welcome to our new members.

In addition, **Jack Harper** has rejoined from last season so he can run the Super 6 Series. Jack has considerable athletic ability and is keen to get his 400m time down towards 50 sec.

Life Member, **Phil Ramsay** has also shown his great loyalty to the Club by rejoining as a non-competing member, many thanks Phil.

New Uniform

As noted in previous editions, the Committee has been working away at developing a new uniform. This project gained traction following our joining with the Old Ivanhoe Grammarians' Association (OIGA) and the desire to display the badge of (OIGA)

This presented as a convenient opportunity as in recent years, a number of club members and past members had mentioned their preference of our original uniform and bolder colours.

The Committee looked at options with the desire to return to our original colours as far as possible and develop a design that was a closer resemblance to the original uniform featuring the historic maltese cross.

The final artwork is shown below. OIGA badge on right breast, the maltese cross will be a fraction larger than shown in this proof.

We are delighted to be able to embrace the past and show ourselves as distinctly “Ivanhoe”. I am sure all the older members will be very pleased. A straw poll of our younger athletes at training has given a tick of approval to this next step in our evolution.



Super 6 Handicap Competition or “The COVID Cup”

In order to try to provide some form of competition to compensate for the lost cross country season, Barry Greig and Jeff Franklin contrived this event.

Barry will calculate handicaps for the six events which will conclude prior to Christmas. The events being 400m, 800m, 1000m, 1500m, 3000m, 5000m. The events can be run singly, or in pairs, or if allowed small groups.

The first event was a 1000m time trial which was contested by 16 members of the Club. Sami Rowe was the winner of this first event beating her handicap time by 38 seconds, second was Alex Linke with a very fine run of 2:55 beating his handicap time by 25 seconds. Fastest time for this event was David Greig who ran a very good 2:45, also beating his handicap time by 20 seconds.

Total times and points awarded shown in the table below.

Ivanhoe Harriers Super Six Handicap Series - Virtual Race Competition 2020

Event 1: 1km race - Yarra Flats Trail

Date to complete Course: **30-Sep-20**

Course: One way marked course - **Banksia Street end/Mid way to Ivanhoe end**

	Handicap Time	Actual Time	Diff.	Event Points	Total Points*
Sami Rowe	4:40	4:02	-0:38	10	10
Alex Linke	3:20	2:55	-0:25	9	9
David Greig	3:05	2:45	-0:20	8	8
Jack Harper	3:10	2:54	-0:16	7	7
Ben Morrison	3:08	2:54	-0:14	6	6
Tom Langdon	3:05	2:54	-0:11	5	5
Luke Malara	3:20	3:11	-0:09	4	4
Andrew Luscombe	3:13	3:10	-0:03	3	3
Ella Rowe	3:55	3:53	-0:02	2	2
Chris Branigan	3:25	3:25	0:00	1	1
Ben Phillip	3:10	3:11	0:01	1	1
Lennox Williams	3:35	3:36	0:01	1	1
Charles Shea	3:10	3:19	0:09	1	1
Zac Phillip	3:25	3:35	0:10	1	1
Thomas Franklin	3:25	3:38	0:13	1	1
Will Franklin	4:00	4:21	0:21	1	1

* Total Series Points is the best 5 results of the 6 events.



A nice pic of Sami Rowe being presented with the chocolates for her well-deserved win in the Super 6 Handicap race over 1000m. Older sister Ella also ran very well. With the old coach presenting the prize.

Trivia Night via Zoom

- Saturday night 14th November 2020

Our Secretary and technical wiz, John Edney is hosting our Trivia Night once again this year.

All members, life members, non-competing members and subscribers to Cursus are invited to attend this event which will be held on-line. The event will commence at 7.00pm and probably finish at about 9.30pm so not a late night but a perfect opportunity to be a part of the Club.

Yes, this is a fund raiser, but only \$10.00 to enter and help us to grow. You can team up with a few mates either remotely or at home subject to COVID-19 rules. Test your knowledge skills against the rest of us and just enjoy a social event to brighten this lockdown period.

Prizes will be exceptional.
We are expecting to see about 100 attend (remotely) on the night.

To register visit: www.triviascore.com and click the link at the top of the page referring to Ivanhoe Harriers trivia night. You will then be directed to a page where you can purchase entry tickets and raffle tickets.

You will receive an automated email containing your tickets and provide you with a Zoom link to use to sign in on the night.

You will also receive a reminder email the day before the event.

Please ensure that you have downloaded Zoom on your computer or mobile device prior to the evening and that someone in your team is able to have a separate browser or device handy to access the online answer sheet.

Please call John Edney on 0407 877232 or email John at john@edneycelebrations.com.au should you have any questions or queries.

No Cross Country for these lads



Oh well, Year 12 is all over except for the exams in November. Life looks tough at the top!!!
Shown here at school, studying hard and replicating an old pose, from left:
Thomas Langdon, Josh Philip, Justin Cementon and Ben Brunton.

These 4 lads have been the backbone of the Ivanhoe Grammar School cross country team over the last few years and will, no doubt, be great contributors to the Harriers line-up in years to come.

We are looking forward to seeing them in action next year in a hopefully, COVID free cross country environment.

