CURSUS

The Newsletter of Ivanhoe Harriers Athletic Club Inc.



May 2018 Edition 36

Cross Country

The new season started with the re-introduction of the 6k handicap. This is a historic event which was held in the past over many years. Start and finish line was at the Eaglemont Tennis Club carpark with an out and back course on the bicycle trail.

The weather on the day was atrocious but despite Mother Nature we had 11 hardy participants. The wind was blowing at about 50kms per hour and the runners were straight into it on the return leg of the race.

Our official handicapper was Barry Greig who did a fine job with limited information. In fact we were amazed that he predicted David Burke's time to within one second.

Times and placings as follows:

	_	Handicap	Actual
Athlete Pla		Time	Time
David Purser	1	27:30	24:58
Mary Langdon	2	38:00	36:10
Michael George	3	23:30	22:21
Claude Aquino	4	25:00	24:39
Richard Russell	5	29:00	28:49
David Burke	6	31:00	31:01
David Greig	7	21:35	21:27
Adam McKern	8	25:00	25:07
Thomas Langdon	9	21:20	21:18
Cooper Rush	10	22:30	23:02
Josh Philip	11	24:30	27:11

Overall, the handicapper only missed on a couple of runners.

Josh Philip had to stop briefly because of asthma, but the smokey in the bunch was David Purser,

beating his handicap time by 2 minutes and 32 secs.

Fastest time went to Thomas Langdon with the excellent time of 21:18, closely followed by David Greig 21:27.

Special congrats to Mary Langdon, the sole female competitor who nearly stole the race, beating her handicap time by 1 min 50 secs.

Cross Country Wrap-up

Round 1: Jells Park Relays – 21st April 2018

A fantastic day with fine weather and a grassy course set the scene for a great cross country.

Ivanhoe fielded two teams on the day with our Division 5 Men's Team being Chris Branigan, James Lynch, and new members Vince Mancuso and Gianni Mancuso. Each runner running two laps or 6km.

The team came 10th in their 6k relay with individual times as follows:

Chris 24:09, James 23:57, Vince 24:05, and Gianni 29:20.

The course is surprisingly tough with a couple of long hills to test out the engine.

Well done guys, we are on the move.

Our Under 18 Team of Thomas Langdon, Cooper Rush and David Greig performed very well given their age. Their event was a 3km relay leg for each runner.

The boys came 7th in pretty hot company. It was pleasing to see that we beat some of the larger Clubs such as Ringwood, Doncaster and South Melbourne.

Individual times as follows: Thomas 9:49, Cooper 10:51, and David 9:53. A very even performance. Well done guys.



Photo taken after the race, the boys look surprisingly fresh!!

From Left: Thomas Langdon, David Greig (looking very cool in his sunnies) and Cooper Rush.

Round 2 - St Anne's Winery: 8km Race 5th May 2018



Last Saturday our Division 5 Men competed in a new race on the AV calendar which was held at St Anne's Winery just outside of Myrniong.

The distance for our Senior Men was 8km over a very hilly course.

Luckily after the rain we had on Friday there was no mud which resulted in some fast times on the day.

We had 6 Senior Men running which was great as last year we couldn't fill a full team for Round 2. Vincent Mancuso had a good time of 32:32 followed by Travis McIntosh with 39:18. We were missing some of our faster runners as James Lynch was participating in an Ironman event at Port Macquarie, and Chris Branigan was not available for this event.

Results were:

Men Division 5 - 8km

Place	Name	Time
185	Vincent Mancuso	32:32.807
334	Travis McIntosh	39:18.283
364	Gianni Mancuso	41:55.117
380	David Burke	44:55.913
382	Chris Struve	45:34.727
387	John David	47:30.553

Round 3 will be held on Saturday the 26th May 2018 at Cruden Farm, Langwarrin.
This will be a 12km race for our Senior Men.

Go Hoe,

John David - Ivanhoe Harriers Winter Team Manager

Annual General Meeting & Trophy Presentation Night

Wednesday 23rd May

Just a reminder, please mark your diaries and let our Secretary John Edney know you are coming for catering purposes. We want to see as many as possible including all of our new members and juniors.

Ivanhoe Park at 7.30....be there!!

Hospital News

Jill Wallis, our wonderful long serving Official and Life Member has had a knee replacement operation on April 23rd.

Son Michael advises that Jill is well and the operation reported as successful. We wonder how husband John is managing with the cooking in Jill's absence! Methinks the toaster and BBQ will be getting a workout.

A New Athlete Arrives In This World

We welcome the arrival of Rupert Hendrix Edney, first child of our Secretary John Edney and partner Lauren West. Rupert was born on Tuesday 20th February 2018 at 3.87kg, 51 cm long.

Parents are absolutely delighted as are grandparents Andrew and Kathryn Edney. This is the second grandchild for Andrew and Kathryn.

Wonderful news that mother and baby are well, congratulations from all at the Club....another thrower or jumper perhaps???













