

Editorial

– 2 Premierships in winter 2025!

With the Tan Relays over for another year our winter cross country season comes to a close. It has been a successful and challenging season with many highlights broadcast in previous editions of Cursus.

Our senior men's team placed 6th of the 14 teams in Division 2 (formerly B grade). We were, of course, hoping to finish a little higher on the ladder but your Editors view is that we performed extremely well in a tough competition. The standard in Division 2 has certainly improved significantly. Our best was very competitive but we are still a bit thin with overall numbers. We had 23 senior men competing, last season 22.

However our overall participation was very high which resulted in Ivanhoe comfortably winning the Division 6 Premiership. Therefore, our second team will be promoted to Division 5 next season.

Team spirit is very high and wonderful, long term friendships have been formed over recent years.

The cherry on top was the Premiership victory of our first women's team in Division 5. The girls scored points in every round of competition to easily defeat second placed Williamstown. Congratulations to our girls who will be promoted to Division 4 for next season.

In the end, a really entertaining cross country season with the Club represented in both male and female team competitions to a high standard. Congratulations to all participants.

Final Men's Division 2 and Division 6 ladders shown below:

Men's Division 2

	Pts by Round											Total
1 Vic Cross Country	8	9	10	13	12	13	15	15	6	15		116
2 South Melbourne	12	15	12	9	9	11	9	12	13	11		113
3 Collingwood	11	11	13	8	15	10	12	10	8	12		110
4 Diamond Valley	4	8	5	12	13	15	13	13	9	13		105
5 Melbourne Uni 2	9	12	4	11	8	12	11	11	12	10		100
6 Ivanhoe	13	13	6	10	5	9	6	6	3	9		80
7 Frankston	2	1	11	15	11	1	10	4	15	-		70
8 APS United	15	7	15	4	1	7	2	8	10	-		69
9 Yarra Ranges	10	10	9	6	4	4	4	7	4	8		66
10 Box Hill 2	7	6	8	7	7	6	8	2	11	3		65
11 Mornington	5	3	7	1	10	3	5	9	5	7		55
12 Richmond	6	5	2	5	3	5	3	5	7	6		47
13 Glenhuntly 2	3	4	3	3	6	8	7	1	2	4		41
14 Doncaster	1	2	1	2	2	2	1	3	1	5		20

Men's Division 6

	Pts by Round											Total
1 Ivanhoe 2	18	14	16	15	13	14	10	14	16	18		148
2 Melbourne Uni 5	16	13	10	18	18	16	16	-	18	14		139
3 Ballarat Region 3	12	-	15	13	11	18	18	18	9	15		129
4 Western Athletics 4	14	18	12	9	12	-	12	16	11	13		117
5 North East Region 2	10	12	18	5	16	-	14	15	13	11		114
6 Keilor St Bernards 2	15	16	-	7	-	15	13	13	14	10		103
7 Maccabi 2	11	11	14	14	14	-	8	-	12	16		100
8 Mentone 4	-	-	13	12	15	-	11	-	10	-		61
9 Sandringham 3	13	15	9	4	-	-	6	-	-	12		59
10 Geelong Region 3	-	-	8	16	10	-	15	-	-	-		49
11 Richmond 3	-	-	7	11	-	-	-	-	15	-		33
12 Essendon 3	9	-	-	6	-	-	7	-	-	-		22
13 Doncaster 2	-	-	-	10	-	-	9	-	-	-		19
14 Glenhuntly 4	-	-	-	8	9	-	-	-	-	-		17
15 Mornington 3	-	-	11	-	-	-	-	-	-	-		11

Final Women's Division 5 Ladder

Women's Division 5

	Pts by Round											Total
1 Ivanhoe	12	12	9	9	10	12	10	12	12	9		107
2 Williamstown	10	9	12	12	-	10	9	-	8	12		82
3 Malvern 2	-	-	8	-	7	-	12	10	10	5		52
4 Wellington	-	-	7	-	9	9	8	-	-	7		40
5 Melbourne Uni 3	9	-	10	-	-	-	-	-	5	10		34
6 Western Athletics 4	-	-	5	7	8	-	5	-	-	6		31
7 Yarra Ranges 3	-	-	4	-	12	-	-	-	7	-		23
8 Ivanhoe 2	8	-	6	-	4	-	-	-	-	4		22
9 Bendigo Region 3	-	10	-	3	-	8	-	-	-	-		21
10 Box Hill 3	-	-	3	8	-	-	-	9	-	-		20
11 Sandringham 3	-	-	-	10	-	-	7	-	-	-		17
12 Coburg 2	-	-	-	-	6	-	-	-	6	3		15
12 South Coast	-	-	-	-	-	-	6	-	9	-		15
14 Diamond Valley 3	-	-	-	4	5	-	-	-	-	-		9
15 Melbourne Uni 4	-	-	-	-	-	-	-	-	-	8		8
16 Glenhuntly 4	-	-	-	6	-	-	-	-	-	-		6
17 Western Athletics 5	-	-	-	5	-	-	-	-	-	-		5
18 Essendon 3	-	-	-	-	3	-	-	-	-	-		3
19 Sandringham 4	-	-	-	2	-	-	-	-	-	-		2
19 Traralgon 3	-	-	2	-	-	-	-	-	-	-		2
20 APS United 2	-	-	-	1	-	-	-	-	-	-		1

Sponsorship from Bendigo Bank

As noted in our previous edition of Cursus, Bendigo Bank has been a solid supporter of the Club. Jon Hyatt and his staff at East Ivanhoe Branch are incredibly supportive of the Club and our members. The photo below shows your President receiving a cheque for \$2,000.00 from Jon on 22nd July 2025. As the background sign says, it "is different" and will certainly make a difference to our Club.

Jon and his staff are keen to meet any of our members wishing to discuss their Banking matters. Some of the current popular terms and rates applicable to Term Deposits are shown below.



Term Deposits

Term	Rates for \$5,000 - \$5,000,000	Interest paid
4 month	3.05% p.a.	At maturity
7 month	3.80% p.a.	At maturity
9 month	3.20% p.a.	At maturity
12 month	3.60% p.a.	At maturity

*Please contact your branch for investment amounts over \$5,000,000. Rates valid from 22/08/2025 and subject to change, interest paid at maturity. Terms, conditions, fees and charges apply.

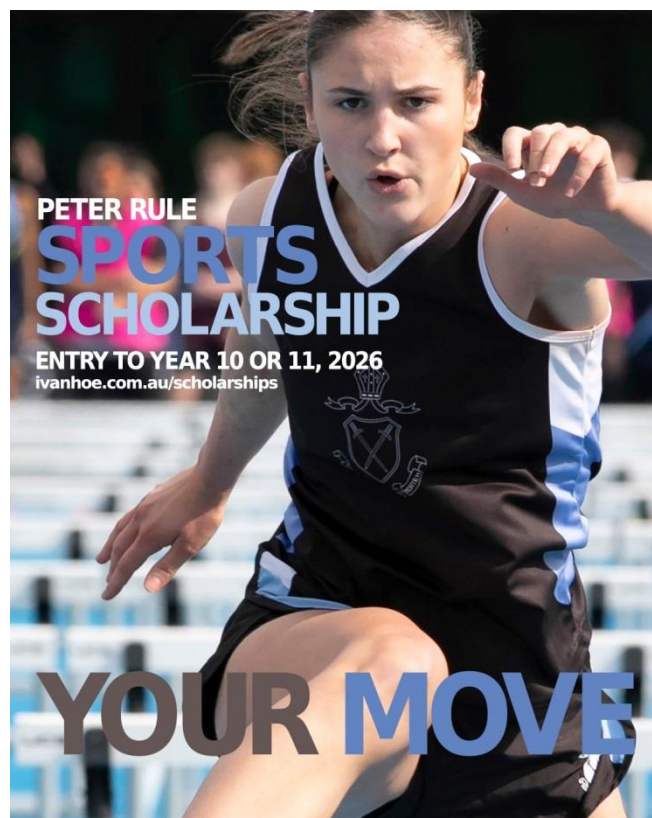


The Peter Rule Sport Scholarship

Our deceased Life Member and former coach, Peter Rule (R.I.P), has left an incredibly generous and thoughtful bequest to Ivanhoe Grammar School. The bequest in the form of ongoing sports scholarships, available to students entering year 10 or year 11 who demonstrate elite athletic ability and strong academic results.

Applications via Ivanhoe Grammar School.

The school and the Club are indebted to Peter and the wider Wallis family for this thoughtful and generous bequest which will ensure that Peter Rule's name will be remembered through his scholarship in years to come.



Competition Results

XCR Round 9 – Burnley ½ Marathon Sunday, 7th September 2025

Another terrible forecast with wind, heat, and rain. While we didn't get rain, the conditions were truly terrible for running 21km. It was a hot 18°C at race start and just got windier throughout the 2 hours. With the drinks station running out of water making the conditions even more difficult. It was great to have such good commitment from the team to turn up and run and in particular to our Div 2 men to ensure we had enough runners to then fill the div 6

team. Awesome support from the short course runners and Anne taking some great photos.

Male Open 21.1km:

Div 2: Owen Dumsday 1:11:09; David Greig 1:14:02; Thomas Langdon 1:18:47; Oliver Gualano 1:21:15; Nicholas Dempsey 1:23:09;

A beautiful run by Owen who made a 3min PB look just easy, he has come so far in the last 12 months. Owen ran with the front packs early and finished 36th. Davo executed a beautiful race and was always in control with another PB. Dave ran with the lead female Donve and then pushed away the last 5k. We had Tom down from Sydney who pushed through for a solid 78min run. Thanks Tom, for committing to one run for the season and making the trip to run with the team. Ollie also found the conditions difficult and went around in 81mins. Nick had a superb run executing a great race and a monster PB, he just keeps getting better.

It is always a difficult race for us and our worst result for the season finishing in 12th. Frankston out of nowhere wins a round and South Melbourne finished 2nd edging out a strong Melbourne Uni contingent.



Div 6: Alexander Linke 1:26:20; Liam Furlong 1:28:06; Benjamin Morrison 1:28:57; Brenton Hall 1:29:06;

With good runs from Alex, Liam and Ben our Div 6 team was able to finish 2nd to a strong Melb Uni. It was the result we needed to stay ahead going into the final round. The run of the day went to Brenton who beautifully executed a strong negative split in the difficult temperatures to easily go sub 90. Melb Uni's 4th runner was quicker than our fastest, then the same for us against Richmond to easily take 2nd.

On the ladder our Div 6 team lead by 5 points going into the final event, it is going to be a tight finish. We need to finish 4 spots behind Melb Uni if they win or 5 spots behind if they don't win. Or we could just win it ourselves. It's going to be a super exciting race and a tense finish.



Div7: Harley Mileto 1:30:31; Simon Rigoni 1:54:02; Ben Cook 1:29:33 (Invitation)

Harley held on with a tough finish for a 90min run. Simon was amazing to get it finished after a recent pneumonia, incredible running Simon.

Female Open 21.1km:

Div 5: 21km: Rachel Paterson 1:38:32; Victoria Crane 1:50:19; Kirsty Bortolin (Invitation) 1:44:25

Another dominant performance from Rachel set up another win. Rachel in her first ½ marathon ran a really good race in the difficult conditions. Victoria joined her to make sure we got the points and take out the Div 5 Premiership, it was good prep for her New York marathon later in the year. Victoria's friend Kirsty had a good run also in the difficult conditions in her first invitation race.

The only team to score in every round, the female open team can't be beaten and gets to celebrate the final round at The Tan as premiers. What an outcome for our first ever female open team.

4km short course run results

Well done to all our 4k runners who stayed on to support and cheer the ½ marathon runners.

Female Open: Fiona Mitchell 21:46; Juliet Clayton 21:49

Female U20: Chloe Thomson 19:50

Female U18: Kate Bukovsan 17:59

Female U14: Claudia Chugg 18:32

Male Open: Barry Greig 17:23

XCR Round 10 – The Tan Relays

Saturday, 20th September 2025

A fine and cool morning with a good turnout. We entered an amazing 3 teams in the Female Division 5 relay with our top female team placing 4th in a field of 16. Top 10 teams shown below. The girls are now celebrating the Div 5 Premiership...wow!!

Everyone ran very well with Rachel fastest in 15:33. Congratulations to all the girls and in particular, our new “distance” girls.

It was also great to see our Female Under 14 team place 7th with very even times, well done girls.

Female Open

3x3.83km: **Team 1** (Rachel Paterson: 15:33, Kate Bukovsan: 17:01, Natalie Power: 18:34) 51:08

Team 2 (Victoria Crane: 18:15, Chloe Thomson: 18:04, Fiona Mitchell: 21:09) 57:28

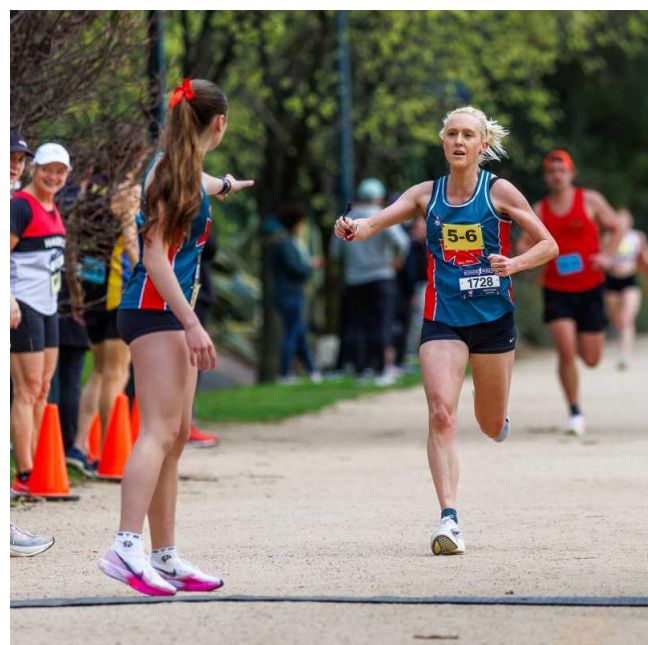
Invitation Team (Kristyn Watkins: 17:06, Juliet Clayton: 20:59, Paige Bukovsan: 18:10) 56:15

Female Under 14

3x3.83km: (Sadie Crane: 17:35, Claudia Chugg: 18:36, Carla Parris: 16:48) 52:59

Female Division 5 Results:

Place	Team	Time	Points
1	Williamstown	44:12	12
2	Melbourne Uni 3	47:11	10
3	Richmond (Invitation)	50:15	
4	Ivanhoe	51:08	9
5	Melbourne Uni 4	52:52	8
6	Wellington	53:47	7
7	Western Athletics 4	54:37	6
8	Ivanhoe (Invitation)	56:15	
9	Malvern 2	57:10	5
10	Ivanhoe 2	57:28	4



Male Open

6x3.83km: **Team 1** (Owen Dumsday: 11:27, David Greig: 12:04, Leonardo Donarelli: 12:16, Alexander Linke: 12:31, Liam Furlong: 12:58, Benjamin Morrison: 12:34) 1:13:50

In the Men's teams, our Division 2 Team placed 7th of 13. A very even team performance, with the fastest time of 11:27 by Owen and the other five members in the 12 minute times. Coach Cyril selected Leonardo in the top senior team and Leonardo did not disappoint with a very strong 12:16. A great effort from the 14 year old racing in the “seniors”.

Place	Team	Runners	Time	Points
1	Vic Cross Country	6	1:10:28	15
2	Diamond Valley	6	1:10:36	13
3	Collingwood	6	1:10:48	12
4	Frankston (INV)	6	1:11:58	
5	South Melbourne	6	1:12:01	11
6	Melbourne Uni 2	6	1:13:29	10
7	Ivanhoe	6	1:13:50	9
8	Yarra Ranges	6	1:14:47	8
9	Mornington	6	1:15:17	7
10	Richmond	6	1:20:09	6
11	Doncaster	6	1:24:40	5
12	Glenhuntly 2	6	1:31:19	4
13	Box Hill 2	5	1:04:59	3



Men's Division 6

Our number 2 team easily took out the event with Max Quinlan being fastest time for the team with a very good 13:25. This great performance locked away the Division 6 Premiership. Congratulations to all who participated.

4x3.83km: **Team 2** (Oliver Gualano: 13:40, Harley Mileto: 14:17, Max Quinlan: 13:25, Brenton Hall: 14:31) 55:53

Place	Team	Runners	Time	Points
1	Ivanhoe 2	4	55:53	18
2	Hobsons Bay (INV)	4	58:19	
3	Maccabi 2	4	59:37	16
4	Richmond (INV)	4	1:03:09	
5	Ballarat Region 3	4	1:02:19	15
6	Melbourne Uni 5	4	1:03:09	14
7	Hobsons Bay 2 (INV)	4	1:06:25	
8	Western Athletics 4	4	1:07:18	13
9	Sandringham 3	4	1:11:39	12
10	North East Region 2	3	54:46	11
11	Keilor St Bernards 2	1	18:03	10



Sydney Marathon

Sunday, 31st August 2025

Nick, Tom and David lined up in the 10k at Sydney Marathon and had a great day out, all running well.

David	32:55	11 of 2628
Tom	35:29	25 of 2628
Nick	38:17	69 of 2628

Men's Division 7

This was a huge field of 25 teams with our "old timers" fielding 2 teams, placing 6th and 12th. Alex, Stuart, Cameron and James holding down 6th place.

Barry Greig, Matthew, David and Simon placing 12th Well done guys, a really impressive team performance.

4x3.83km: **Team 3** (Barry Greig: 16:01, Matthew Peterson: 16:53, David Burke: 19:43, Simon Rigoni: 17:34) 1:10:11

Team 4 (Claude Aquino: 18:30) 18:30

Invitation Team (Alex Gibson: 15:15, Stuart Hughes: 17:00, Cameron Power: 15:45, James Paterson: 14:13) 1:02:13

Male Under 16

3x3.83km: (Ethan Watkins: 17:02, Banjo Watson: 14:16) 31:18;
(Ethan Mellor: 15:23, Gilbert Gowan: 16:28) 31:51;

We had 4 starters and everyone had a run, some for the first time. Really good that the boys had the opportunity to register a time on this famous circuit. Fastest time in the group was Banjo Watson in 14:16, a very fine first up performance from Banjo. Great to see some very even performances from Ethan Mellor, Ethan Watkins and Gilbert Gowan.



AVSL 2025/26 Calendar

Round	Date	Venue
1	Saturday, 11 Oct 2025	Williamstown
2	Saturday, 18 Oct 2025	Doncaster
3	Saturday, 8 Nov 2025	Keilor Park
4	Saturday, 15 Nov 2025	Doncaster
5	Saturday, 22 Nov 2025	Aberfeldie
6	Saturday, 29 Nov 2025	Doncaster
7	Saturday, 17 Jan 2026	Meadowglen
8	Saturday, 31 Jan 2026	Aberfeldie
Reserved	Sunday, 8 Feb 2026	
9	Saturday, 21 Feb 2026	Doncaster
10	Saturday, 28 Feb 2026	Aberfeldie

Trivia Night

The annual Ivanhoe Harriers Trivia Night is on again, at a new venue the Bowling Club at Ivanhoe Park (corner The Boulevard and Wamba Road, Ivanhoe), **7pm on Friday, 21st November 2025.**

Test your general knowledge. There will be lots of prizes to be won and silent auction items on offer including vouchers, food & wine, and hampers.

Tables seat 10 but if you don't bring a full table then we can easily slot you in with others.

Things to bring along:

- Food for your table (drinks are available to purchase from the bar)
- Coins/cash for games and raffle tickets

Entry is \$15 per person and \$5 for children 14 and under.

Tickets available at ivanhoeharriers.org.au/trivianight

Cursus Editor: Jeff Franklin
Production: David Burke

 facebook.com/IvanhoeHarriersAthleticClub

 instagram.com/IvanhoeHarriersAthleticClub

New Members Since June

The following new members are warmly welcomed to the Club, we hope you enjoy the experience, fellowship and competition.

Claudia Chugg	Dual Little Aths
Juliet Clayton	Rec runner
Jack Dowling	IGS student, competing member, IGS athletics team member
Ethan Mellor	IGS student, competing member, IGS cross country team
Ben Cook	Rec runner
James Rickard	Rec runner
Corbin Scott	Rec runner

Our membership base is growing, we also hope to see the wonderful support of our older/retired members continue. Our reunion function earlier this year just showed how incredibly important our non-competing members are to the Club.

As a reminder, All Club memberships, whether competing or non-competing are set at \$40.00. To renew your non-competing membership, simply transfer \$40.00 to the Club Bank Account as follows: BSB: 633 000 Account number: 140670480 Details: include *your name*.

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