

## Happy New Year

Welcome everyone to the New Year, we are closing in on the end of the summer track season. Before we know it we will be planning Cross Country.

At the time of writing the key dates ahead of us are:

**Saturday 8<sup>th</sup> February 2020** - Round 12 at Box Hill

**Sunday 9<sup>th</sup> February 2020** - Bunnings Fairfield

**Saturday 22<sup>nd</sup> February 2020** - AV Shield Final

**Friday 28<sup>th</sup> Feb - Sunday 1<sup>st</sup> March 2020** - Vic Championships (Weekend 1)

**Saturday/Sun 8<sup>th</sup> and 9<sup>th</sup> March 2020** - Vic Championships (Weekend 2)

So far this season we have performed quite well and unearthed some really good talent. Our young team is showing a great deal of promise for the years ahead.

Training at Chelsworth Park has been well attended, we are hoping to see some serious PB's before the season ends.

During 2020 we will be working hard at ensuring that the current goodwill with Old Ivanhoe Grammarians converts into a significant and positive relationship. We are committed to adding value to the OIGA sporting clubs, students and past students of Ivanhoe Grammar School. This year is the centenary year of Old Ivanhoe Grammarians' Association, hopefully it is a year full of positive achievement.

Jeff Franklin - President

## Summer Competition

### Round 9 at Meadowglen on 11th January

The team journeyed out to Meadowglen on a reasonably fine day, but our numbers were down a little.

Our outstanding contributors were David Burke and Harry Shaw with the evergreen David scoring 1057 points on the day closely followed by Harry who scored 945 points. In addition, Harry won his heat of the 400 hurdles in a new personal best time of 62.18, a great result Harry ...pity the 400 hurdles is not an AGSV event.

Results as follows:

**3000m:** Thomas Langdon 9:30.41, David Greig 9:45.09, David Burke 14:11.3.

**800m:** Josh Philip 2:08, Harry Shaw 2:20.3

**200m:** Harry Shaw 25.62, Charles Shea 26.20, Thomas Langdon 28.04, David Burke 28.95

**400m hurdles (91.4cm):** David Burke 76.39,

**400m hurdles (U18, 84cm):** Harry Shaw 62.18

**High Jump:** David Burke 1.60

**Shot Put:** David Burke 6.89.

Unfortunately, with numbers down the Team only placed 6th in our Division, so we need to lift in the final 3 weeks.



*Ben Morrison  
running an 800m  
at Ringwood*

## Round 10 at Ringwood on 18th January 2020

Conditions were warm and humid with a hint of bushfire smoke in the air. This was a very important round for the Club, just to make sure that we had the numbers.

The team performed very well, not so much outstanding individual performances but solid results. We placed 2nd in our Division on the day, smashing the ladder leaders Dandenong-Springvale, lifting the Club back to 1st on the ladder. A mighty effort, after loading up the 200's with 6 competitors.

Results as follows:

**200m:** David Greig, 25.69, Harry Shaw 25.71, Charles Shea 26.12,

Thomas Langdon 26.87, David Burke 28.10, Ben Morrison 28.94

**800m:** David Greig 2:04.5, Thomas Langdon 2:08.9, Ben Morrison 2:25.7

**400m Hurdles:** Harry Shaw (84cm) 63.66, David Burke (91.4cm) 76.23

**4x100m Relay:** Harry Shaw, David Greig, David Burke and Charles Shea in 51.70.

**High Jump:** David Burke 1.55

**Shot Put:** David Burke 6.63

## Round 11 at Doncaster on 1st February 2020

This round was cut short due to heavy rain.

### 200m

Sam Daniel	24.93
Harry Shaw	25.26
Jack Harper	25.51
David Greig	26.22
Charles Shea	26.72
Josh Philip	26.86
Thomas Langdon	27.53
Benjamin Morrison	DNS
David Burke	28.13

### 400m Hurdles

Harry Shaw	62.15	(84cm)
David Burke	78.48	(91cm)

### 800m

Thomas Langdon	2:03.4h
Justin Cementon	2:04.6h
David Greig	2:07.4h
Jack Harper	2:12.3h
Josh Philip	2:15.5h
Benjamin Morrison	2:16.5h
Charles Shea	2:19.2h
Harry Shaw	2:25.5h
Jal Wishart	2:29.1h

### Hammer

Christian Ishkan DNF (4kg)

### High Jump

David Burke 1.50

### Shot Put

Christian Ishkan 11.38 (4kg)

David Burke DNF (7.26kg)





## Training at Chelsworth in the smoke!!!

Our middle distance training group will stop at nothing to get a session in. This year the cards were stacked a little against them with the smoke from bushfires descending on Melbourne. However, nothing will stop these boys in their pursuit of excellence.



*Thomas Langdon (in disguise) with his mates, Josh, David and Justin having a laugh at Tom's expense before their training run.*

## Bunnings Fairfield on Sunday 9th February 2020

The Bunnings organisation has required us to relocate our fundraiser to their new Fairfield store at 266 Darebin Road Fairfield. Unfortunately we had no say in the matter. The Fairfield store is significantly smaller than the Preston/Northland store so our fundraising will reduce based on smaller numbers.

However, we will give it our best shot.

We are looking for volunteers to cook and sell snags on Sunday 9th February. If you can spare a couple of hours to help just contact Jeff Franklin on 0419 499711.

The more helpers the better, we are hoping to raise about \$500 to \$600 on the day so please support the effort.

## Colin Hamley OAM

Colin Hamley has been awarded the Order of Australia in the General Division for service to veterans and their families.

Colin has had a long association with the Club dating back to the 70's, his son Neil joined the Club in the early 1970's.

For those with a copy of Andrew Edney's great history book, Colin is featured in a photo on page 120 which was taken at Noel Burrows house.

Andrew tells me that Colin worked in the State Electricity Commission where his Dad worked, they used to run together with a group at lunch times. Colin is an amazing man, his award is so well deserved.

He served in WW2 in 2/2nd Pioneer Battalion, is a survivor of the Burma Railway, his citation reads:

2/2nd Pioneer Battalion Association. President since 2009, Secretary 2000-2009, former Vice President, former Financial Auditor.

Supporter/Contributor to Weary Dunlop Foundation. Supporter Heidelberg Repat. Hospital. Ex-Prisoners of War Assoc.

Phantoms Alpine Walkers.

Melbourne Legacy, Greythorn Bowling Club, Salvation Army,

Balwyn North RSL since 1975.

Former Treasurer, Bellevue Kindergarten.

Former Leader Balwyn North Scout Group, 1960-1981.

Surrey Hills Men's Probus Club, 1998-2006, Life Member, former President, former Treasurer.

Congratulations Colin from all at the Club....a great achievement.



## A Blast from the Past- February 1989...only 31 years ago!

We recently received the attached article from Damien Cook, one of our great and loyal Harriers from the past.

Damien is a member of our Team of the Century and holds our third fastest marathon time of 2 hours 30min 33sec, set in the Melbourne Marathon in 1992. Damien is also ranked 8th in our all-time rankings for the half marathon with a very good time of 68:31.

Damien was a key man in the building, management and leadership of our awesome middle distance and cross country teams in the 80's and 90's.

Damien was also a great "Team Man", he competed hard and often. Competed over all distances from the 1500m and 5000m on the track to Sandown Relays, 10k Road, 12k CC, 16k CC, Half Marathon and Marathon.

Thanks Damien for the article, good to hear from you.

THE MELBOURNE HERALD

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### Outstanding success for athletics club

# Five Ivanhoe Harriers chosen to wear Australian colors

By JOANNE CONNELL

FIVE local athletes have been chosen to represent Australia, four of them at the World Cross Country Championships in Norway next month.

Richard Russell, Glen Franklin, Malcolm Norwood and Darren Wilson are all members of the Ivanhoe Harriers Athletic Club.

They were selected by the Australian Athletics Union to compete in the championships.

Only 15 male athletes were chosen to compete in the Norway run from throughout Australia.

A fifth athlete, Damien Cook was selected to represent Australia in the Los Angeles Marathon which will be held on March 5.

Their selection has highlighted the prominent role that the Ivanhoe Harriers Athletic Club plays in athletics.

The club, which now has 140 members, was formed by the headmaster of Ivanhoe Grammar, the Reverend S.L. Buckley in 1914.

It has been the stepping stone for many successful athletes, including silver medallist at the Los Angeles Olympics, Gary Honey.

And now the club's cross country runners are set to forge their way onto the world athletics stage.

Runners Richard Russell, 18, and Glen Franklin, 18, will represent Australia in the under-17 20km junior cross country team.

Both have a long list of impressive cross country wins at a national level, behind them.

Russell won the Australian All Schools under-17 4000m championship in Sydney in 1987 and then the under-19

8000m championships last year.

Franklin finished eighth in the Australian All Schools under-17 championships in 1987, but won the Victorian All Schools under-19 6000m in June last year.

He was also second in the Victorian under-18 1500m championships, and third in the Australian under 18 championships.

Both are former members of Ivanhoe Grammar where between them they hold records in cross country 800m, 1500m and 3000m events.

They were also joint captains of the school's athletic team which won the Associated Grammar School Athletics Premiership in 1988 for the first time in 50 years.

Malcolm Norwood, 24, and Darren Wilson, 20, will represent Australia in Norway in the senior cross country team.

Norwood has won the Australian Cross Country Championships twice, won the New Zealand Cross Country Championships and the Victorian 12000m championships.

He was also a member of the Australian team which came second to Ethiopia in the World Challenge Relay in Chiba City, Japan, last December.

Wilson who is regarded by some as one of the best prospects in Australian athletics, ran second to Olympic runner Steve Monaghetti in the trials for the 1988 World Championships.

He is the current under-20 1500m, 5000m and 8000m cross country champion and won the Australian under 20 cross country championships in 1987.

The World Cross Country Championships at Stavanger, Norway will be held on March 19.



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