

CURSUS

The Newsletter of
Ivanhoe Harriers
Athletic Club Inc.



July 2019

Edition 48

Winners Are Grinners

It is always a pleasure to be the bearer of good news. The win by our Division 5 cross country team on Saturday 22nd June at Anglesea was a great result for the Club. Our first cross country win for a long time. The Team time for this Ekiden Relay event was 2 hours 6 minutes and 57 seconds, beating second placed Richmond Harriers by 1 minute 26 sec with Mentone, third, a further 29 seconds behind Richmond.

This win places us in third place on the Division 5 ladder, with only a few points separating Bendigo, Richmond and Ivanhoe. We are now a chance at taking out first or second in our competition. If successful, would promote Ivanhoe into the next Division and on our way back up the rankings.

Individual times and distances as follows:

Leg	Name	Time	
9.2km	David Greig	36:45	
8.6km	Chris Branigan	37:27	
7.2km	Josh Philip	29:00	
5.7km	Thomas Hoogenraad	23:45	(in his first run for the Club)

Our Div. 7 competitors unfortunately did not have a full team however they competed very well on this tough course.

Leg	Name	Time
9.2km	Chris Struve	49:04
8.6km	David Burke	47:19
7.2km	John David	43:37
5.7km		

New Members

The following new members have joined the Club for this current 2019/20 season.

Enrico Cementon: father of Justin who has joined our cross country ranks to improve his fitness and strengthen our ranks.

Thomas Hoogenraad: grandson of Nick Hoogenraad who competed for the Club with distinction in the late 50's. Thomas is a fine cross-country skier and is hoping some distance running will assist with his fitness. Thomas is also a past student at Ivanhoe Grammar School.

Thomas Heap: current student at Ivanhoe Grammar School. Thomas is looking to train solidly over the next year to improve his endurance and general fitness for middle distance events.

In addition, great to report that **Bob Cochrane** has rejoined as a non-competing member as part of our new strategy for past members to stay connected with the Club. Look forward to seeing many more giving their support as we continue to grow the Club....be a part of it!!

Michael Carter: Rest in Peace, a life well lived

I attended the funeral service and celebration of Mike's life on Tuesday June 18th.

It was a great send off for Mike, his family did a wonderful job with his eulogy, never an easy task. Ivanhoe Harriers was a big part of Mike's early life. His contribution to the Club was huge.

A very large crowd of friends and family attended which really emphasised Mike's standing in the community. Ivanhoe Harriers was well represented with Noel and Janice Burrows, Tim Erickson, John Boas, Bob Cochrane Nick and Joan Hoogenraad, Alex and Janet Tarr, Chris & Evelyn Cole, Joy Hendry, Alan Stone who travelled down from Kyneton and Colin Jenkins in attendance. Apologies if I have missed anyone.

Jeff Franklin

The Watson Family Collection

As noted in our last edition we had the pleasure of meeting Thomas Watson, nephew of the famous Alf Watson, Olympian and Captain of our Team of the Century.

Thomas was very kind in allowing us to borrow his significant and historic collection of athletics history from 1912 until about 1931. A large number of the newspaper articles covered the early history of the Ivanhoe Harriers and of course Alf Watson.

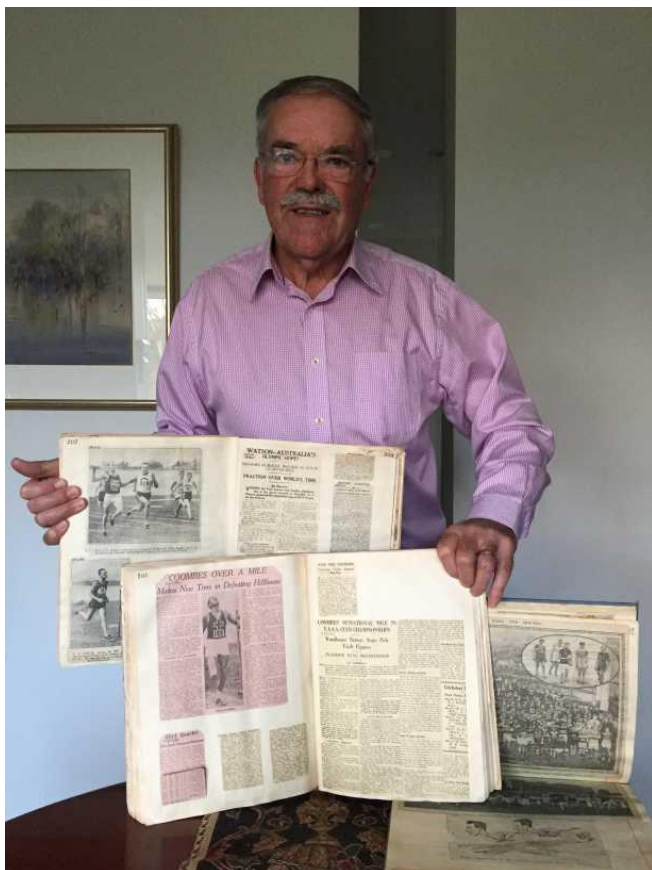
The photo below shows the size of this wonderful collection.

Our Club Treasurer and Life Member, David Burke, took on the role of carefully scanning, page after page of relevant articles that date back to the foundation years of our Club. The job David undertook was enormous.

It is hoped that we will be able to refine the scanned articles over time and retain this valuable, historic link with the past.

A big "thank-you" to David for taking on this challenge and of course, a very big "thank-you" to Thomas Watson for giving us the opportunity of looking back into our early history.

Thomas is now on our Cursus mailing list, our best wishes to you Thomas.



Bundoora Cross Country

- 15th June 2019

This is a big day on the calendar with the senior men's race covering 10k of this hilly course, so well-known to all of us.

The event was won by Harry Summers from Box Hill in the very fast time of 30:04.157, second was Andrew Buchanan from the very strong Bendigo Club in a time of 30:12.257.

We fielded a team of seven who all worked very hard over the 10k journey.

We placed 6th in our Division out of 10 Clubs.

Individual times as follows:

Vince Mancuso	42:36.6
Chris Branigan	43:14.5
Gianni Mancuso	46:39.2
James Lynch	49:47.5
Enrico Cementon	52:52.1
David Burke	56:04.9
John David	57:28.9

Well done guys, a great team photo below:



L to R: David Burke, Enrico Cementon, John David, Chris Branigan, Gianni Mancuso, James Lynch and Vince Mancuso.

All Schools Cross Country

at Bundoora on Saturday 15th June 2019

Ivanhoe Grammar School was well represented at this event. Over 1000 students from Under 14 to Under 20 represented their schools.

The Under 18 boys team of Thomas Langdon, Justin Cementon, Josh Philip and Ben Brunton placed 5th of the 14 Teams in their 6k race, defeating all other Associated Grammar Schools including arch rival Marcellin.

As readers of this publication would know, three of the boys, Thomas, Justin and Josh are making their mark as very talented Ivanhoe Harriers. Thomas was our quickest on the day, placing 12th with a time of 20:23.99 for the 6km journey. This very good performance qualifies Thomas for the National Cross Country Championships.




Thomas working through the field early in the second lap



The picture above shows a very determined Justin Cementon. Justin has had an injury interrupted season with some Achilles tendonitis issues. Despite this, Justin placed 30th in 21:54.91, a very good effort.

On the same program, David Greig, representing Trinity Grammar School, placed 23rd in the Under 20 Men's 8km event with a good time of 29:06.76. Trinity Grammar placed 4th in their team competition.



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