

## Social Members

As part of our strategy to grow the Club, we now have a fee structure that encourages individuals to join on a “non-competing” basis.

We are mindful that a large number of past members wish to stay in touch, even though they have retired from active competition. Our current Cursus circulation of over 300 is evidence of that.

This loyalty to the Ivanhoe Harriers runs deep. Later in this edition, you can read about Ashley Woods, currently living in London and Chris Schrader, living in Austin Texas.

The Committee has discussed this subject quite a bit over the last couple of years. Would retired members rejoin? What benefit can we offer? Is receiving Cursus sufficient? Should our Club look to expand itself beyond Athletics Victoria competitions? ...all of these questions and more have been talked about.

This is the first step in addressing some of these questions. You can now rejoin the Club as a non-competing member for \$30.00.

This entitles you to receive Cursus, which we acknowledge you probably already receive. Secondly, we intend holding an annual lunch, at a venue to be decided, possibly the Ivanhoe Hotel or similar. Those members who are “paid up members” will receive their main course free, the Club will pay for that. Everybody who attends simply pays for their own drinks.

This event would be akin to an Annual Reunion. I am sure there would be many of our older members who would like such an event. You only need to look at the response to our Centenary Dinner as evidence.

**Download the current Application to Join from the Club’s web site: [here](#).**

Show your true colours, support the Club either as a competing or non-competing member. Fill in the form

and send it off to John David, Registrar, Ivanhoe Harriers at 19 Lowan Ave Yallambie 3085. Or scan and email Application to: [info@ivanhoeharriers.org.au](mailto:info@ivanhoeharriers.org.au)  
**Fees can be paid directly into the Bank account as noted on the form.**

Jeff Franklin

## Cross Country Relays

4<sup>th</sup> May 2019 – Jells Park

This event is always popular and well attended. This year was no exception, a very large field across all age groupings and abilities.

We fielded two teams, Team 1 in Division 5, and Team 2 in Division 7. We were hopeful of placing with our Team 1 having promoted two of our talented juniors, Thomas Langdon and David Greig. We were not disappointed, the Team achieved a solid second place, only 46 seconds behind winner, Richmond Harriers. The time of 1 hour 30 min. 22 sec. was a significant 10 minutes quicker than we achieved last season, our improvement is very encouraging.

Team 2 with Josh Philip as first runner also performed well. Josh ran a very fine time of 21:53 which put the team into third place after his 6k leg which is probably the best ever run we have seen from Josh.



*Josh Philip shown here cruising through the field*

The final results as follows:

Team 1: **Thomas Langdon** 19:43, **Vincent Mancuso** 23:08, **Gianni Mancuso** 26:42 and **David Greig** 20:49 (after racing for his school in the morning!!)

Team 2: **Josh Philip** 21:53, **Enrico Cementon** 29:57, **Chris Struve** 30:25 and **David Burke** 32:08.

This was a fantastic team performance with everyone running PB's or close to.

The depth of our group is about to show through. Justin Cementon was a non-starter due to an Achilles complaint. Justin was Team Manager for Team 2 and is hopeful of resuming his racing over the next few weeks.

Thomas Langdon's very fast time of 19:43 and David Greig's 20:49 were comparable to many times in Division 2.



*Last runner in Team 1 was David Greig who blitzed through the field taking the team from 4th into a close second place, a fantastic run.*

## Annual General Meeting

- Wednesday 22<sup>nd</sup> May 2019

Do not forget!!!

Annual General Meeting and presentation of trophies is to be held at Ivanhoe Park, commencing at 7.30pm

Pizza will follow the presentation of trophies....be there!!

## Our International Harriers

### Ashley Woods

We received a nice email from Ashley Woods who competed in the 80's and 90's and now lives in London. Ashley stays in touch via Cursus and sent the following good wishes:

I have been following closely the work being done on membership and working closely with Ivanhoe Grammar. It is always great to see familiar names around the Club. I have lived in London for the past 11 years now so cannot make a comeback unfortunately. I did renew my membership this week as a non-participating member for what it is worth.

I wanted to pass on my best and encouragement from afar.

Ashley

Thanks Ashley from all at the Club. We are thrilled that you are able to stay in touch via Cursus and sincerely welcome you back as a member of the Club. We hope you will pay us a visit when you are next in Oz.

### Chris Schrader

Chris has been living in Austin, Texas for many years but has always stayed in touch with the Club. During the past 3-4 years that I have been coaching middle distance, Chris has been a great supporter. He regularly sends me his training programs which have been a wonderful assistance to me in structuring our training. The rapid improvement of our young middle distance group is partly due to the information from Chris, which I have been able to modify to suit our youngsters. It is no accident that we now have 3-4 in our training group who should break through the 2 minute barrier for their 800m times next season. Now that will be something!!

Many thanks Chris, hope you are well and continue to enjoy reading Cursus.



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