

PRESIDENT'S REPORT

We have just completed Round 9 of the season's programme and Christmas is fast approaching. I would like to take this opportunity, on behalf of the Committee, to wish everyone a safe and happy festive season and a prosperous New Year.



The Season so far has been very successful with many personal best performances achieved and Club Records smashed. In addition, the new families in the Club bring added enjoyment and stimulus. This brings me to the subject of the importance of Families, both old and new to the running of a small Club like ours.

I am delighted to report that one of our older and very loyal families, the Edney Family, has some wonderful news. Andrew Edney is now a "Grandpa"!! Andrew's daughter Kate has given birth to a healthy, bouncing boy weighing in at 10lb 12oz. The new edition to the Edney family is Leo Francis Crilly and given his early weight, we just might have another "thrower" for the team. Both Mother and baby are reported as doing well (photo of Andrew and Leo below).



I have been very pleased this season with the influx of a number of new Families who have already made a contribution to the Club.

The Ajani, Cash, Langdon, Hunt, Henriksen, Willison and Pinto families have all been involved with the season so far and we are seeing new friendships developing as a result. The enthusiasm of our younger members has been great for everybody.

Then there are those families who have a long history with the Club and have now returned to the fold – of particular mention, Barry Greig, member of our Team of the Century. Barry has been helping with our young group of distance runners and is watching the progress of his young son David having his first year as a middle distance runner. It is great to see the "Greig" name on the teamsheet once more.

Other families with long Club histories, now back associated with Ivanhoe include the Russell family (Richard...on Committee), Fraser family (Braden...on Committee), Wallis family (Michael on Committee).

Last Thursday evening I was delighted to see our living legend, Tom Hancock, still competing even though it was a twilight meeting and a cold wind. Tom illustrates the great loyalty that exists around this Club. He is 80 years young, joined the Club in 1964, and just loves staying involved as an athlete.

Our families are our lifeblood, we welcome the new and the not so new to the challenge of growing our Club.

COMPETITION RESULTS

We have included below, recent results for you to review. We have a large number of PB's achieved for the season to date. However, I would like to make special mention of two of our young ladies.

Stella Ajani recorded a massive PB in the 800m last Thursday night. Stella had a previous best of 2:35 and was promoted to the premier heat of the night where she ran a very good 2:27.8. To put the time in perspective, our Club record for the women's 800m is 2:26.2 which was set in 1997 by Lauren Richardsen. Well done Stella.

However, just to put the icing on the cake!!, on 10th December 2016, our 13 year old Freya Henriksen recorded a massive PB in the 1500m with a time of 5:08. This time, not only smashed her previous PB of 5:19 but also set a New Club Record for Under 14 Women, Under 16 Women, Under 18 Women, Under 20 Women and Open Women.

Freya has rewritten the Club record-book. Previous Club Records for 1500m were as follows:

Under 14 – Casandra Grace 5:42.28 (1999),
 Under 16 – Anne Marie Griffiths 5:33 (1984),
 Under 18 – Anne Marie Griffiths 5:33 (1984),
 Under 20 – Anne Marie Griffiths 5:33 (1984) and
 Open Women – Amy Hirst 5:24.5 (1996).

This is obviously a fantastic time and not only shows off Freya's talent but her determination. On 7th September 2016 Freya set a time of 5:35 at the Associated Grammar School Sports Final. Since then, Freya has hardly missed a training session, has followed the programme, has trained hard with Stella and the boys and pulled her PB down by an astounding 27 seconds.

Well done Freya, a New Club Champion!!

In addition to the above, it is also appropriate to acknowledge Stella's performance in the same 1500m race. Stella is 19 years of age and her time of 5.11 also smashed the previous Under 20 Record and Open Women's Record. Unfortunately for Stella, Freya was a mere 3 sec ahead so she is in the Record Book. Perhaps Stella will get that 800m record later in the season.



Freya and Stella running an 800m (Round 5)

Round 9 Results

200m

MOP2	David Burke	28.51
MU18	Brayden King	25.20
MU18	Antony Willison	26.01
MU18	Lachlan King	27.26
MU16	Cooper Rush	30.05

800m

MOP2	Philip Carydis	2:38.17
MOP2	David Burke	2:40.43
MOP2	John David	3:18.97
MU18	Louis Ajani	2:16.21
MU18	Ethan Hunt	2:23.74
MU18	Antony Willison	2:25.50
MU18	Lachlan King	2:55.08
MU18	Brayden King	2:55.09
MU16	David Greig	2:13.44
MU16	Cooper Rush	2:27.20
FOP2	Stella Ajani	2:27.08

400m Hurdles

MOP2	David Burke	74.97	91cm
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High Jump

MOP2	David Burke	1.65
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Hammer

M80+	Tom Hancock	35.87	3kg
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Shot Put

MOP2	Andrew Edney	7.96	7.26kg
MOP2	Philip Carydis	6.77	7.26kg
MOP2	David Burke	6.67	7.26kg
MOP2	John David	5.21	7.26kg
M80+	Tom Hancock	10.60	3kg
FOP2	Simone David	5.60	4kg



Brayden King and in the background brother Lachlan racing at Nunawading

FUND RAISING

Bunnings Sausage Sizzle

Just a reminder that our main fundraiser this year will be held at Bunnings Northland on Sunday 5th February 2017.

Please note your diaries, we will be looking for volunteers. We will be operating between 9.00am and 4.00pm and hope you can volunteer an hour or two to make the day "light work" for everybody.

Please let Jeff Franklin know your preferred time so a roster can be arranged.



Thomas Langdon, Louis Ajani, David Greig, and Cooper Rush (1500m – Round 6 at Doncaster)

