CURSUS

The Newsletter of Ivanhoe Harriers Athletic Club Inc.



Edition 108

February 2025



Reunion Edition

Editorial

As we approach the end of another season it has been very pleasing to celebrate 110 years since inception of the Club in 1914.

Our reunion function was a huge success with approx. 120 attending at the East Ivanhoe Bowls Club, a great venue for us. The food supplied by Mark Longmuir was first class and his ability to deliver quickly and on time was excellent.

From a personal perspective I was humbled by the support and attendance of our older members. The individual loyalty within our Club is exceptional. Former President, Noel Burrows was delighted to catch up with many old mates, the smile never left his face. Des and Ratree White flew down from Queensland, Andrew Young flew down from Sydney and many others travelled great distances to attend. No doubt a few private parties followed late into the night.

Gary Honey was our guest speaker doing a wonderful job as usual. Our younger members were hanging on to every word.

Our special guests on the day were:

Gerard Foley - Headmaster of Ivanhoe Grammar School Jon Hyatt - Manager of Bendigo Bank, East Ivanhoe Stewart Oldmeadow - Managing Director of Miles Real Estate

We very much appreciate the support and encouragement we receive from our sponsors and

Ivanhoe Grammar School. Our community footprint is growing thanks to their efforts.

I mentioned the importance of communication and Cursus during my speech. Cursus is an incredible asset to the Club and is our vehicle for maintaining contact with a very diverse group, ranging from competing teenagers through to retired former athletes in their 80s and one 90 year old...amazing! We currently have over 300 families on our Cursus mailing list.

Finally a big thank you to the Committee and all who assisted in carrying off a great day. Anne Bukovsan our talented photographer, Jo and Charlotte Wallis managing reception, Caroline Stevenson managing T shirt sales and our young stars, David Greig, Jamie Blackburn and Alex Linke managing the bare-foot bowls. Overall, a great day for the Club as we march into 2025 and beyond.

Life Members present at the function



Back row: Gary Holliday, James Lynch, Tim Erickson, Jeff Franklin, Mike Hennessey, Richard Russell, Chris Lang, David Burke

Middle: Jill Wallis, Wendy Russell, Gary Honey **Front:** John Wallis, John Boas, Noel Burrows, Phil Ramsay.

Andrew Edney was present but had to leave early.



Guest speaker Gary Honey



Left to Right: Nicholas, Owen, Liam (front), Charles, Alex, Harley, David.

New A Frame signage for the Club

John Edney has very kindly donated a set of A Frames for use at training and general promotion. First suggested by coach Cyril Dixon as a means of keeping dog walkers off the training track. Whilst the dogs can't read, hopefully their owners can!! And will be encouraged to keep their distance.

Sincere thanks to John for this very generous donation.



Summer Competition Final Ladder

We finished the season in 5th position in our Division. Sandringham and Corio were clearly the two best teams and will be rewarded with promotion to the next higher Division next season.

Our team this season has been small in numbers but big on talent. Defeating Old Scotch and Melbourne Uni over the season was very pleasing.

Division 4

Place	Team	Points Scored	Ladder Points	
1	Sandringham	128,553	(PP)101	AP
2	Corio	104,285	(PP) 87	AP
3	Old Xaverians	97,642	(PP) 87	
4	Frankston	78,009	<mark>(PP) 69</mark>	
5	Ivanhoe	73,983	(PP) 66	
6	Old Scotch	72,294	<mark>(PP) 65</mark>	
7	Whittlesea	70,060	<mark>(PP) 64</mark>	
8	Melbourne Uni	60,195	(PP) 53	
9	Coburg	59,219	(PP) 49	
10	South Coast	35,106	(PP) 25	AR
11	St Kevins	20,062	9	AR

AP: Automatic Promotion

AR: Automatic Relegation

PP: Power Play used (double points for 1 round)

Coming Events

14 th -16 th Feb	Victorian Track and Field Championships
21 st -23 rd Feb	Victorian Track and Field Championships
1 st March	High Velocity Meet
6 th March	Box Hill Burn: 1000m/5000m
13 th March	Milers: Doncaster 800m/1500m

Competition Results

AVSL Round 7 – Meadowglen

Saturday, 11th January 2025

This Round was an excellent standard on a very hot day. The entire team rallied in the difficult conditions to record many PBs.

Jack Harper and Owen competed down at Frankston with Owen running a sizzling 800m in 1:58:59, a new PB for Owen.

Nicholas Dempsey had his first outing on the Track, competing in three events. Jamie and Liam ran exceptionally well in their 1500 as did Emily.

The relays were a highlight with Mabel, Carla, Elizabeth and Kate teaming very well together. The boys 4x100m relay team of David Burke, Jamie Blackburn, Nick Dempsey and Liam Furlong was almost entirely a "distance runners team" scoring 190 points for a good result.

Many thanks for the great contributions from our Officials/Club Helpers, Brenton Hall, Richard Russell, Chris Parris and Craig Stevenson on such a hot day.

Female Under 18

400m: Emily Stevens 69.24 1500m: Emily Stevens 5:21.34

Female Under 16

100m: Mabel Taylor 14.32; Kate Bukovsan 15.01 400m: Kate Bukovsan 69.89 4x100m: (Mabel Taylor, Carla Parris, Elizabeth Stevenson, Kate Bukovsan) 59.38 Long Jump: Kate Bukovsan 3.42m

Female Under 14

100m: Carla Parris 15.20; Elizabeth Stevenson 15.94 *400m*: Elizabeth Stevenson 1:37.72; Carla Parris 69.35 *Long Jump*: Carla Parris 4.19m; Elizabeth Stevenson 3.44m

Male Open

100m: Nicholas Dempsey 17.96
200m: Jack Harper 23.87; Owen Dumsday 24.90
400m: Nicholas Dempsey 65.46
800m: Owen Dumsday 1:58.79; Jack Harper 2:22.52
1500m: Nicholas Dempsey 5:03.83
4x100m: (David Burke, Jamie Blackburn, Nicholas Dempsey, Liam Furlong) 55.68
Male Under 20
100m: Jamie Blackburn 13.37; Liam Furlong 13.93

400m: Liam Furlong 59.54 1500m: Jamie Blackburn 4:10.40; Liam Furlong 4:21.64

Male 40+

100m: David Burke 14.59 400m: David Burke 69.65 100m Hurdles: David Burke 20.83 Discus: David Burke 19.49m High Jump: David Burke 1.49m Javelin: David Burke 25.09m Long Jump: David Burke 4.63m Male 50+ Shot Put: Brenton Hall 5.67m

We finished 5th having played our PowerPlay expecting not many clubs and athletes to turn up in the January holidays but with Frankston and Whittlesea both having home venue rounds we got pushed back down from the 3rd we wanted.



Nicholas and the Girls 4x100m relay team.

AVSL Round 8 – Aberfeldie

Saturday, 18th January 2025

With low numbers again across the competition we had another good result finishing 4^{th} on the day as our athletes continue to perform in multi events every round. This really made a difference. Most of the day we sat 3^{rd} and then with a late run Melb Uni pushed us back to 4^{th} .

Female Open

800m: Rachel Paterson 3:01.01 3000m: Rachel Paterson 12:47.5h 4x400m: (Carla Parris, Kate Bukovsan, Rachel Paterson, Elizabeth Stevenson) 5:19.56 Female Under 16 200m: Mabel Taylor 29.92; Kate Bukovsan 30.04 800m: Kate Bukovsan 2:47.74 Shot Put: Kate Bukovsan 4.80m Female Under 14 200m: Carla Parris 29.91; Elizabeth Stevenson 33.39 800m: Carla Parris 2:33.32 Triple Jump: Carla Parris 8.24m; Elizabeth Stevenson 8.75m Male Open 200m: Owen Dumsday 28.63 800m: Owen Dumsday 1:57.92; David Greig 2:02.75 1500m: Nicholas Dempsey 4:57.07 3000m: Owen Dumsday 10:12.2h; David Greig 9:48.1h 4x400m: (David Greig, Owen Dumsday, David Burke, Peter Castaldo) 4:08.01 Male 40+ 200m: David Burke 28.47 800m: Peter Castaldo 2:38.62; David Burke 3:03.40 3000m: Peter Castaldo 11:59.9h 400m Hurdles: David Burke 81.72 Shot Put: David Burke 6.78m Triple Jump: David Burke 8.94m Male 50+ 5000m: Simon Rigoni 22:36.1h Shot Put: Simon Rigoni 5.82m

Performances

Carla with a big PB in the 800m scored her first 400 point result, superb run Carla. Owen with another very good 800m scored 391 points with his 1:57 and another PB. Elizabeth with her best triple jump 8.75 scored 378 points.

MVP

Carla with another good result and a 1000+ points score, making it hard for Kate to catch her.



Rachel and Owen

AVSL Round 9 – Doncaster

Saturday, 1st February 2025

The penultimate AVSL report - A tricky Round 9 at Doncaster in the extreme heat took its toll on our athletes and we had a whole lot of DNS for the end of the day. We finished 8th on the day, this was the worst result for the season and we fell from 3rd to 5th on the ladder. Old Xav's having played their PowerPlay where always going to end up back above us, and Frankston who we were level with also used their PowerPlay, resulting in us giving up a too many points to hold onto 4th. A good result next round at Aberfeldie could see us finish in 4th above Frankston and Whittlesea.

Female Open

400m: Rachel Paterson 86.55 1500m: Rachel Paterson 5:45.4h Female Under 16 100m: Mabel Taylor 14.00; Kate Bukovsan 14.89 400m: Kate Bukovsan 68.67 Long Jump: Kate Bukovsan 3.24m Female Under 14 100m: Elizabeth Stevenson 15.56 400m: Carla Parris DNS; Elizabeth Stevenson DNS 1500m: Carla Parris 6:04.9h Long Jump: Carla Parris 4.23m; Elizabeth Stevenson 3.73m

Male Open

100m: Perrin Theocharides 11.18; Owen Dumsday
12.51; Nicholas Dempsey 15.20; David Greig DNS;
400m: Perrin Theocharides 53.37; Owen Dumsday
DNS;
1500m: Owen Dumsday 4:03.8h; David Greig 4:18.1h;
Nicholas Dempsey 4:52.6h
4x200m: (Kate Bukovsan, David Burke, Carla Parris,
Brenton Hall) 2:05.05
Male 40+

100m: David Burke 14.30 400m: David Burke 68.55 110m Hurdles: David Burke 23.04 High Jump: David Burke 1.50m Javelin: David Burke 24.48m Long Jump: David Burke 4.44m

Performances

It was tough in the heat, some good early performances with Carla's Long Jump 4.23m, just missing out on 400 points, the performance of the day. Perrin also in his 100m 11.18 scoring 398 points just missing out on the 400 and finishing 2nd in heat 1. Owen just behind them both with his 389 points in a hot 1500m where he finished 2nd in heat 1, great running Owen. Mabel with another very good 100m run scoring 366 points. Rachel with her first 1500m race ran a well measured negative split and won easily leading the last lap and running away from the field. Nick Dempsey also winning his heat running away from the field with a similar race execution. Elizabeth just getting over 350 points with another good Long Jump.

MVP

With Carla blowing up after a tough 1500m in the heat it allowed Kate to sneak the win, just missing the 1000 points mark, and David to finish second. Our only two athletes to complete all 4 events including the relay.

It was looking like Carla had it wrapped up before this week but now it's down to the last events of Round 10 between Carla and Kate who both head to Casey to do the 100m, 400m and Long Jump to decide who wins our MVP for the season. Have a great last day girls.

AVSL Round 10 – Aberfeldie

Saturday, 8th February 2025

The last round of AVSL for 2024/25 had us back out at Aberfeldie and 15°C cooler than last week...

We had hoped to finish 2 places above Frankston to claim 4th for the season but couldn't quite get enough athletes out and finished one spot behind Frankston. The second time we haven't been able to get over 8,000 points. Melb Uni turned up for the second time this season and Coburg for the very first time. Old Xav's knocked off Corio but with a few weak rounds it won't be enough to advance to Div 3. Six teams scored over 10,000 points in this last round, the best for the whole season. Resulting in us finishing a very good 5th place for the season in division 4, often outperforming clubs bigger than ours. It was great to see so many of our athletes always performing in more than 1 event really making a difference. And with special thanks to our officials, helpers and coaches for the season. Particularly last week in the 37°C heat at Doncaster really taking its toll. Thanks, as always to Anne for the photos, Brenton for photo finish official, and our regular club helpers: Phil, Chris, Barry, Caroline for the super hard work on the long jump pit in the heat.

Female Under 16

100m: Mabel Taylor 14.48; Kate Bukovsan 15.14 400m: Kate Bukovsan 68.45 Long Jump: Kate Bukovsan 3.34m Female Under 14 100m: Carla Parris 15.36 200m: Elizabeth Stevenson 32.79 400m: Carla Parris 68.96 Long Jump: Carla Parris 3.99m Triple Jump: Elizabeth Stevenson 8.83m Male Open 200m: Perrin Theocharides 22.68 (-1.0); Owen Dumsday 24.48 3000m: Nicholas Dempsey 10:51.2h; Owen Dumsday 9:14.5h Male Under 20 200m: Jamie Blackburn 26.09

800m: Jamie Blackburn 2:01.55 3000m: Jamie Blackburn 9:06.1h Male 40+ 200m: David Burke 29.55 800m: David Burke 2:58.26 3000m: David Burke 15:15.2h 400m Hurdles: David Burke 80.55 Discus: David Burke 18.39m Shot Put: David Burke 8.41m Triple Jump: David Burke 9.43m Male 50+

3000m: Simon Rigoni 13:07.5h Shot Put: Simon Rigoni 5.64m

Performances

Perrin our closest to 400 points with his 22.68 200m., Carla with a very good 400m in 68.96 scoring 389 points and Elizabeth with a very consistent Triple Jump scoring 381 points were our best for the day.

MVP

Carla and Jamie both scored over 1000 points each. Jamie after getting of the plane back from Asia on Friday. Kate with 960 points not able to close the gap to Carla.

Carla wins MVP by 163 points from Kate. Both girls had a fantastic season competing in all arounds and regularly scoring over 1000 points. Burkey finished a clear 3rd also competing in every round and usually doing all the events every day, well done Burkey. Owen was closing late but with a slow start not able to catch up to the front three.

Athlete	Total	Rounds
Carla Parris	8,913	9
Kate Bukovsan	8,750	9
David Burke	7,752	9
Owen Dumsday	5,050	7
Jamie Blackburn	4,608	6
Brenton Hall	4,496	7
David Greig	4,185	7
Liam Furlong	3,351	5
Perrin Theocharides	3,073	6
Mabel Taylor	2,510	7
Emily Stevens	2,103	3
Leonardo Donarelli	1,754	3
Jack Harper	1,556	3
Riley Palmer	1,503	3
Lachlan Warwick	1,233	3
Simon Rigoni	1,179	3
Benjamin Morrison	1,055	3

Milers

Owen ran an 800m with a huge 2s PB in 1:55.71 to finish 2nd having led for the gun in a super gutsy run. Great run Owen.

Letters to the Editor

Below is a note from Noel Burrows about the 110 Year Reunion function.

Hi Jeff & Barry,

I am sure I can say on behalf of all the older HOE guys and their partners "what a great day", everything was well organised, the name tags were a real winner and will become a keepsake for many.

There were many comments "thank goodness for the decent name tags, wouldn't have recognised him" In my case that applied to Frank Ricco who I hadn't seen in about 50+ years!

It was nice to see the Mum of a relatively new member handling the training T sales.

So sincere congratulations to you both and all the team that made it such a success, please pass these comments on where appropriate.

Thanks guys.....GO HOE!!!

Cheers...Noel

Cursus Editor: Jeff Franklin Production: David Burke



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