

A Chance to Participate

Ivanhoe Harriers is a welcoming group of keen, fun loving athletes of various ages and abilities. Teenage boys and girls, men, women and veterans are all encouraged to join and participate. We cater for all ages from 12 years to senior masters, with both men and women teams, covering all events.

In addition to providing the pursuit of individual excellence, we also strive to make athletics fun and purposeful for all members by fielding graded relay teams in track, road and cross country competitions.

By becoming a registered athlete, competing for Ivanhoe Athletics club, you are able to enter in Victorian athletics programs, which include a weekly track and field competition and a weekly winter cross country competition. These competitions have graded events so any level of ability can enjoy competing at their own level.

There is also the opportunity to represent the club as an elite athlete, competing in various state and national championships and other performance meets.



About our Club

We are a very proud of our long and distinguished history. The Club was established in 1914, by the Rev. S. L. Buckley with the help of the YMCA and the Ivanhoe Grammar School as a cross country team. The club has since thrived, and now boasts a long tradition of producing top quality athletes who have represented Victoria and Australia at Olympic and Commonwealth games, World Championships and other international meets.

The inaugural women's team first competed in 1978 and the current juniors are well represented at Victorian and National Championships.

Ivanhoe Harriers' club coaches have coached State and National Champions as well as Olympians.

The club holds various social functions throughout the year for all past and present members to attend. These social events are a great opportunity for everyone to meet, current coaches and athletes as well as life members.

Olympic Representatives are:

Alf Watson 1928 and 1936 Hurdles

Ian Campbell 1980 Triple Jump

Gary Honey 1980, 84, 88 Long Jump

Ron Brinkert 1984 Coach

John Boas 1984 Coach

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[facebook.com/Ivanhoe Harriers Athletics Club](https://facebook.com/IvanhoeHarriersAthleticsClub)

Free Coaching

High quality coaching is available for all registered Ivanhoe athletes, wishing to learn new skills or improve their current performance. Our coaches are committed to helping athletes of all abilities reach their full potential and cater for all events.

Our coaching panel includes:

Dr John Boas who is one of the most respected and experienced coaches in Australia. He coached Gary Honey to an Olympic silver medal in 1984, and Ian Campbell to the 1980 Olympic final. He is internationally renowned as a jumps coach and is accredited at level 5, the highest possible level.

Peter Rule is a well-known coach, particularly in pole vault. He has coached many athletes to under age National titles, in pole vault, hurdles and multi events. He has also coached athletes who represented Australia at the World School Games. He is an accredited coach at level 4.

Catherine Brennan 2008 Women's Stawell Gift winner, is an Advanced level 2 coach, specialising in sprints and relays. Also coaching and managing numerous Victorian teams.

Other coaches include:

Glen Nicholson - Horizontal Jumps

Tim Welch - Pole Vault

Stephen Pegg - Sprints & Middle Distance

Mathew Hall - Throws

Other specialist coaches can be arranged when needed. Whether you're a champion in the making or just looking to improve your fitness and have some fun, Ivanhoe Harriers can fulfil your needs.

Training & Competition

Club training

Held at Willinda Park, Betrix Street, Greensborough on Mondays and Wednesdays 4.30pm - 7.30pm and Sundays from 9am-12pm. Training is available year round, including exclusive use of the gym facilities.

Summer Track and Field Competition

Fun and social competitions are held on Saturday afternoons between October and April. This provides competition in all events, age groups and abilities, where athletes can compete in their individual events or in team relays.

Winter Cross Country

Cross country events are held from May to September at various locations around the Metropolitan and country venues. Athletes can compete as an individual or as part of a team.

Summer Competition venues

- **Doncaster** - Riescheicks Reserve
- **Albert Park** - Lakeside Stadium
- **Knox** - Knox Park Reserve
- **Nunawading** - Bill Sewart Athletics Track
- **Collingwood** - George Knott Reserve

For further information contact:

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An invitation to join



**IVANHOE HARRIERS
ATHLETIC CLUB**

ESTABLISHED 1914

100
YEARS
1914 - 2014

- Fun - Fitness - Friendship -
www.ivanhoeharriers.org.au