



# IVANHOE HARRIERS ATHLETIC CLUB INC.

*ESTABLISHED 1914*



## Annual Report 2024/25

# IVANHOE HARRIERS ATHLETIC CLUB INC.

Association Reg. No. A0016530V

Established 1914

Member of Old Ivanhoe Grammarians' Association

Affiliated with Athletics Victoria

## Season 2024/25

### COMMITTEE

#### Executive

|                 |                 |
|-----------------|-----------------|
| President:      | Jeff Franklin   |
| Vice President: | Richard Russell |
| Secretary:      | Barry Greig     |
| Treasurer:      | David Burke     |

#### General

|               |                                   |
|---------------|-----------------------------------|
| Anne Bukovsan | Michael Linke (Resigned November) |
| Braden Fraser | James Lynch                       |
| Brenton Hall  | Glenn Morrison                    |
|               | Michael Wallis                    |

### LIFE MEMBERS

Peter Bethell (dec), Dr. John Boas, George Bolwell (dec), David Burke, Noel Burrows, Ian Campbell, Chris Cole, John David, Andrew Edney, Tim Erickson, Jeff Franklin, Mal Gleeson (dec), Lew Hall (dec), Tom Hancock, Mike Hennessy, Brian Hodgson (dec), Gary Holliday, Gary Honey, Chris Lang, James Lynch, Jack McCann (dec), Ron Mill (dec), F.H. "Bill" Pizzey (dec), Phil Ramsay, Peter Rule (dec), Richard Russell, Wendy Russell, Ron Stephens (dec), Jill Wallis, John Wallis, Alf Watson (dec)

### ATHLETICS VICTORIA LIFE MEMBERS

Brian Hodgson (dec), Bill Pizzey (dec)

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# Minutes of Previous AGM

| MINUTES OF ANNUAL GENERAL MEETING      |   |
|--|---|
| <b>Date:</b> 15 <sup>th</sup> May 2024 | <b>Location:</b> Ivanhoe Park, 132 Lower Heidelberg Road, Ivanhoe   |
| <b>Meeting Opened:</b> 7.35pm          | <b>Meeting concluded:</b> 8pm   |
| <b>Item 1</b>                          | <b>Present</b>  |
| 1.1                                    | Jeff Franklin, Barry Greig, Liam Fulrong, David Burke, Anne Bukovsan, Nicholas Dempsey, Harley Mileto, Alex Linke, Noel Burrows, Glenn Morrison, Cyril Dixon, Jamie Blackburn, Brenton Hall, John Griffith, Pam Griffith, Michael Wallis, Thomas Langdon, Theadora Hally, Eliza Nelson, , Richard Russell, Glen Nicholson, Braden Fraser, David Greig, John Boas, Leonardo Donarelli, Rick Donarelli, Peter Castaldo, Carla Parris, Chris Parris, Perrin Theocharides, James Lynch  |
| <b>Item 2</b>                          | <b>Apologies</b>  |
| 2.1                                    | Phil Ramsay, Chris Cole, Andrew Edney, Wendy Russell, John Wallis, Jill Wallis, Kate Bukovsan, Michael Linke, Reg Jackson, Mike Hennessey   |
| <b>Item 3</b>                          | <b>Welcome Remarks</b>  |
| 3.1                                    | Barry Greig, Secretary, officially opened meeting and announced apologies and messages sent by Chirs Cole, Mike Hennessey and Reg Jackson.<br>Noted special guests in attendance, John and Pam Griffith, John a long time supporter and trophy donor – Woods/Griffth Trophy. Long time life members in attendance, Noel Burrows and John Boas.  |
| <b>Item 4</b>                          | <b>Minutes from previous meeting</b>  |
| 4.1                                    | Minutes from meeting dated 10 <sup>th</sup> May 2023. No issues identified.<br>Moved – Glenn Morrison – Seconded David Burke  |
| <b>Item 5</b>                          | <b>Business arising from previous minutes</b>   |
| 5.1                                    | Nil   |
| <b>Item 6</b>                          | <b>Presidents report</b>  |
| 6.1                                    | As tabled.<br>Jeff Franklin spoke of the “Pursuit of Excellence” commenting on the positive performances of the club both in athletic results and solid financial position.<br>Moved - Jeff Franklin – Seconded Liam Furlong  |
| <b>Item 7</b>                          | <b>Treasurer’s report</b>   |
| 7.1                                    | As tabled and prepared by David Burke.<br><br>Question was asked by Noel Burrows, what are the club’s off-balance sheet assets such as weight room equipment?<br>Jeff Franklin advised that it includes throwing equipment, hurdles and uniforms. As for the original weight room equipment, this was ceded to the Willinda Club back in about 1999/2000 by the prior administration of the Club. It is therefore not part of the Club property. The Clubs strong cash balance is intended to be used, in part for future purchases of weight room equipment when new facilities are built, subject to redevelopment of Chelsworth Park Facilities.<br><br>Moved - David Burke – Seconded – Richard Russell |
| <b>Item 8</b>                          | <b>Election of office bearers and committee</b>   |
| 8.1                                    | Election conducted by Barry Greig as Secretary.<br><br>Committee nominated & accepted.<br><br><b>President Jeff Franklin</b> Nominated by Barry Greig - Seconded by John Boas<br><b>Vice President Richard Russell</b> Nominated by Barry Greig - Seconded by Jeff Franklin<br><b>Secretary Barry Greig</b> - Nominated by Jeff Franklin - Seconded by Noel Burrows<br><b>Treasurer David Burke</b> - Nominated by Barry Greig - Seconded by Michael Wallis<br><br><b>General Committee</b><br><b>Anne Bukovsan (Registrar)</b> Nominated by Barry Greig - Seconded by Cyril Dixon<br><b>Braden Fraser</b> , Nominated by Jeff Franklin - Seconded by Thomas Langdon  |



|               |  |
|---------------|--|
|               | <p><b>Michael Wallis</b> Nominated by Jeff Franklin - Seconded by Thomas Langdon<br/> <b>James Lynch</b> Nominated by Jeff Franklin - Seconded by Thomas Langdon<br/> <b>Glenn Morrison</b> Nominated by Jeff Franklin - Seconded by Thomas Langdon<br/> <b>Michael Linke</b> Nominated by Jeff Franklin - Seconded by Thomas Langdon<br/> <b>Brenton Hall</b> Nominated by Jeff Franklin - Seconded by Thomas Langdon</p> <p>All positions accepted by nominated persons without any objection to any appointment.</p>  |
| <b>Item 9</b> | <b>Awards</b>  |
| 9.1           | <p><b>Life memberships awarded.</b> Nil.</p> <p><b>Medals awarded:</b><br/> <b>Australian Track and Field Championships</b><br/> - <b>Leonard Donarelli</b> – U/14 800m 1<sup>st</sup> 2:05.81 and U/14 1500m 2nd 4:16.0<br/> <b>Victorian Track and Field Finalists</b><br/> - <b>Jamie Blackburn</b>, Under 20 3000m, 8:34.24 (1<sup>st</sup>), Under 20 1500m, 3:58.53 (4<sup>th</sup>)<br/> - <b>Liam Furlong</b>, Under 20 3000m, 9:28.34 (13<sup>th</sup>)<br/> - <b>Leonardo Donarelli</b>, Under 14, 800m, 2:09.02(1<sup>st</sup>)<br/> - <b>Theadora Hally</b>, Under 20 girls, 3000m, 12:41.20, U/20 girls 1500m, 5:50.57 (12<sup>th</sup>)<br/> - <b>Kate Bukovsan</b>, Under 16 girls, 800m, 2:36.45 (10<sup>th</sup>)<br/> - <b>Carla Parris</b>, Under 13 girls 800m, 2:42.91 (5<sup>th</sup>)</p> <p><b>Certificates Awarded:</b><br/> <b>Club Records:</b><br/> <b>Leonardo Donarelli:</b><br/> - Under 14 boys 400m, 55.55 at Albert Park 9/03/24<br/> - Under 14 boys 800m, 2:05.74 at Doncaster 14/03/24<br/> - Under 14 boys 1500m, 4:14.70 at Box Hill 4/04/24.<br/> <b>Kate Bukovsan:</b> U/16, U/18, U20 and Open Women's Mile 5:57.18 at Doncaster 1/12/23<br/> <b>Carla Parris:</b> Under 14, U 16 Women's Mile 6:07.01 at Doncaster on 1/12/23<br/> <b>Theadora Hally:</b> Under 18,U20 &amp; Open Women's 5000m 22:25.25 at Box Hill 21/03/24.<br/> <b>Under 18, U20 and Open Women's 4X 800m Club Record 10:59.97 at Doncaster on 25/11/23.</b><br/> - Eliza Nelson, Theadora Hally, Carla Parris and Kate Bukovsan.<br/> <b>Braden Fraser:</b> Mens 40+, 100m ,12.11 at Doncaster 14/10/23,<br/> <b>Barry Greig:</b> Mens 60+: 400m, 65.46, at Doncaster 17/02/24. 3000m, 11:37.5 at Doncaster 3/02/24<br/> <b>Barry Greig:</b> Mens 50+ and 60+: 800m: 2:21.63 at Aberfeldie 10/02/24. 1500m: 5:01.8 at Doncaster 17/02/24<br/> <b>Barry Greig:</b> Mens 40+,50+ and 60+ 1 mile: 5:42.01, at Doncaster 1/12/23</p> <p><b>Perpetual Trophies:</b><br/> <b>St James trophy</b> - First awarded in 1936 - Most improved athlete – Perrin Theocharides<br/> <b>FJ Holpen trophy</b> – Most consistent and Best A grade athlete – David Burke<br/> <b>Jack McCann trophy</b> - Most significant contribution to the club in the previous year – Anne Bukovsan<br/> <b>W.A. Rawlinson trophy</b> - Best track and field athlete – Jamie Blackburn<br/> <b>Buffalo Sports/Athletes Foot Trophy</b> – The most improved junior athlete – Eliza Nelson<br/> <b>Lew Hall trophy</b> - significant commitment by an under 23 athlete – Theodora Hally<br/> <b>Jeff Legg trophy</b> - most outstanding performance junior 800m -10,000m – Leonardo Donarelli<br/> <b>Banyule Trophy</b> – Best Female athlete in the club – Kate Bukovsan<br/> <b>Covid Cup</b> – Most points earned in events from 400k to 6km on a handicap basis – Barry Greig<br/> <b>6k Cross Country Handicap</b> winner – Murray Fairplay (2024)<br/> <b>State Wide Trophy</b> – Most Cross Country Points – Thomas Langdon<br/> <b>Hugh Lowe Memorial Trophy</b> – The most outstanding senior athlete in winter competition – David Greig<br/> <b>Boas/Hancock Trophy:</b> Most outstanding field event athlete - Glen Nicholson<br/> <b>Woods/Griffth Trophy</b> – (First time awarded and presented by John Griffith), Most Outstanding junior jumper -Carla Parris</p> |

## President's Report

Our Club has had a successful year during 2024/25 with many achievements both on and off the track. The celebration of our 110 year reunion was a great occasion with members travelling from far and wide to attend. Members from the 60s, 70s and 80s continue to be wonderful supporters of the Club which emphasises the importance of the lifelong connection. Ivanhoe Harriers is a wonderful institution which we are determined to continue to grow.

Other highlights during the season were:

Our Cross Country team competed in Division 3 where we placed 2nd of 15 Club Teams in that Division. This strong performance during the winter gained promotion to Division 2 for the 2025 Cross Country season. We are delighted with this result and look forward to having a crack at Div.2. In addition, two of our young athletes, Jamie Blackburn and Leonardo Donarelli qualified and competed in the National Cross Country Championships with fine performances in tough conditions.

In summer Track and Field competition the Club had 22 athletes competing in Division 4. Though light in numbers we had an excellent season finishing 5<sup>th</sup> on the ladder out of the 11 teams in our Division. Details of individual performances are covered elsewhere in this Annual Report. Special thanks to Cyril Dixon for his coaching contribution to the Club.

Our close relationship with Ivanhoe Grammar School, our provision of training, coaching and mentoring of young athletes has continued. We enjoy solid support from the senior management at the school as we strive to add value to the School athletics and cross country programme.

Membership of the Club has continued to grow with 105 paid-up members as at 31st March 2025. This number includes the great support of the “non-competing” members, most of that group attended the 110 Year reunion. A marvellous vote of confidence in the Club.

Communication has played a big part in the growth of the Club. The re-booting of the Cursus mailing list in 2014 has been instrumental in achieving this goal. This financial year we issued 10 Editions of Cursus. Sincere thanks for this effort and the quality to David Burke for formatting and production and Anne Bukovsan for her excellent photography. In addition, special thanks for the work done by Braden Fraser in supervising Facebook and Instagram.

We have grown our balance sheet by 43% with cash on hand of \$40,660.82 and total net worth of the Club circa \$50,000.00 which includes uniform stock and equipment. This pleasing progress over the past 10 years is due to the commitment and effort from members and Committee who have collectively worked to make this happen. I sincerely thank my Committee for their support and hard work during the past few years.

Our Trivia Night was, once again a massive success. Profit of \$5,226.10 was a huge result. This event remains our major fund raiser. Support of our Members and sponsors was fantastic. The personal contribution of John Edney in running the Trivia Night was, once again, outstanding. Apart from the fund-raising, the fun and social aspect of the evening was a real highlight.

The Club needs to continue to grow its financial strength in order that we are in a healthy position to finance future equipment. The much anticipated rebuild of clubrooms at Chelsworth Park was hoped to commence in 2023. Current projection is now 2026 which is very frustrating for the Club and Ivanhoe Grammar School. The eventual rebuild will include a weight training room to be equipped upon completion. Therefore, we will have a future funding obligation estimated at \$30,000.00 - \$40,000.00 for weight training equipment at that time.

Our partnership with Old Ivanhoe Grammarians’ continues to develop and we are working together to improve our visibility on Facebook and Instagram. We are confident this deepening of our relationship with Ivanhoe Grammar School is improving the visibility of athletics at the school, particularly as we strive to promote female participation in athletics.

Sponsorship of the Club is a vital cog in the wheel. Corporate sponsorship also indicates the support of community to our Club. This financial year we have been very appreciative of the growth of our Club Sponsors.

**Miles Real Estate** has continued to significantly support the Club. The commitment of Miles Real Estate commenced back in 2014.

**Bendigo Bank** in East Ivanhoe has donated their full support this season. We look forward to a long relationship.

**Aspect Broking** has continued its long-term association with the Club. Sincere thanks to the Wallis family.

**Barr'd Tapas Bar** has recently joined and is keen to develop a long term relationship.

**East Ivanhoe Grocers** has also maintained its long connection with valuable donations to our Trivia Night efforts.

All of the above community businesses have developed good relationships with the Club and our members which we value immensely. I encourage all our members to support these businesses whenever they are able.

Our Committee over these past few years has been very stable with each member donating their valuable time to the Club. We are a very diverse group and have achieved much on our journey as Club caretakers. My sincere thanks to David Burke, Barry Greig, Michael Wallis, Braden Fraser, Richard Russell, Glenn Morrison, Michael Linke, Anne Bukovsan, Brenton Hall and James Lynch for their support and professionalism.

In particular, I note the retirement from Committee of Michael Linke and Glenn Morrison and thank them both for their valuable and active contribution over many years. They will be sorely missed.

Jeff Franklin OAM

## Membership List

|                    |                       |                  |                     |
|--------------------|-----------------------|------------------|---------------------|
| Brendan Ahern      | Andrew Edney          | Trixie Kneebone  | Anastasia Purcell   |
| Joe Anderson       | John Edney            | Chris Lang       | Grace Quinlan       |
| Claude Aquino      | Tim Erickson          | Mary Langdon     | Max Quinlan         |
| Jamie Blackburn    | Jeff Franklin         | Thomas Langdon   | Philip Ramsay       |
| John Boas          | Braden Fraser         | Maxim Lewis      | Simon Rigoni        |
| Anne Bukovsan      | Stephen Frazzetto     | Alex Linke       | Richard Russell     |
| Kate Bukovsan      | Liam Furlong          | Michael Linke    | Wendy Russell       |
| David Burke        | Alexander Gibson      | James Lynch      | Chris Schrader      |
| Noel Burrows       | Barry Greig           | Noel MacDonald   | Corbin Scott        |
| Ian Campbell       | David Greig           | Bruce Meakin     | Charles Shea        |
| David Carolane     | John Griffith         | Harley Mileto    | Angus Stabb         |
| Peter Carter       | Brenton Hall          | Fiona Mitchell   | Olivia Stabb        |
| Peter Castaldo     | Theadora Hally        | Ben Morrison     | Emily Stevens       |
| Graeme Ching       | Thomas Hancock        | Glenn Morrison   | Elizabeth Stevenson |
| Bob Cochrane       | Jack Harper           | Eliza Nelson     | Alan Stone          |
| Chris Cole         | Mark Hennessy         | Ray Owens        | Mabel Taylor        |
| Lucia Cordell      | Mike Hennessy         | Ashleigh Palmer  | Perrin Theocharides |
| Ruth Cordell       | Carol Holliday        | Riley Palmer     | Chloe Thomson       |
| Rob Craigie        | Gary Holliday         | Carla Parris     | Jill Wallis         |
| Billy Crewes       | Gary Honey            | Rachel Paterson  | John Wallis         |
| John David         | Nick Hoogenraad       | Matthew Peterson | Michael Wallis      |
| Nicholas Dempsey   | Stuart Hughes         | Josh Philip      | Lachlan Warwick     |
| Cyril Dixon        | James Iwasaki Farrell | Murray Playfair  | Des White           |
| Leonardo Donarelli | Colin Jenkins         | Andrew Potocnik  | Tony Williams       |
| Matt Dooley        | Peter Kadar           | Cameron Power    | Ashley Woods        |
| Owen Dumsday       | Matthew Keenan        | Natalie Power    | Mark Worsnop        |
|                    |                       |                  | Andrew Young        |



# IVANHOE HARRIERS ATHLETIC CLUB

## Athletes and Coaches for Season 2024-2025



Claude Aquino



Jamie Blackburn



Kate Bukovsan



David Burke



Peter Castaldo



Nicholas Dempsey



Leonardo Donarelli



Owen Dumsday



Stephen Frazzetto



Liam Furlong



Barry Greig



David Greig



Brenton Hall



Theadora Hally



Jack Harper



Tom Langdon



Maxim Lewis



Alex Linke



Harely Mileto



Ben Morrison



Eliza Nelson



Riley Palmer



Carla Parris



Rachel Paterson



Matthew Peterson



Murray Playfair



Grace Quinlan



Max Quinlan



Simon Rigoni



Simon Rigoni



Emily Stevens



Elizabeth Stevenson



Mabel Taylor



Perrin Theocharides



Lachie Warwick



Coach  
John Boas



Coach  
Cyril Dixon



Coach  
Jeff Franklin

# Treasurer's Report

## Ivanhoe Harriers Athletic Club - Audit Report

I have carried out the audit of the Statement of Receipts and Payments of the Ivanhoe Harriers Athletic Club for the year ended 31<sup>st</sup> March, 2025.

In carrying out my audit, it has not been practicable to confirm all receipts from various sources of income beyond accounting for amounts received as shown in the Committee's books. With this qualification, I am of the opinion that the attached Statement of Receipts and Payments is properly drawn up so as to show a true and fair view of the results of the Committee's operations for the year ended 31<sup>st</sup> March, 2025.



John W Wallis  
FCPA  
Honorary Auditor  
28/4/2025

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### IVANHOE HARRIERS ATHLETIC CLUB INC

#### Statement of Receipts & Payments

#### for the Year Ended 31st March 2025

|   | 2025                | 2024                |
|---|---------------------|---------------------|
| <b>Opening Balance</b>                      |                     |                     |
| - General Account Brought Forward           | \$ 13,447.72        | \$ 25,578.00        |
| - Term Deposit #1 Brought Forward           | \$ 15,000.00        |                     |
|   | <u>\$ 28,447.72</u> | <u>\$ 25,578.00</u> |
| <b><u>Plus Receipts</u></b>                 |                     |                     |
| <b>Competition</b>                          |                     |                     |
| Club Fees                                   | \$ 3,270.00         | \$ 1,480.00         |
| Uniforms                                    | \$ 610.00           | \$ 330.00           |
| AV Registration Fees                        | \$ 320.00           | \$ 408.90           |
| <b>Fundraising/Social</b>                   |                     |                     |
| Trivia Night <sup>2</sup>                   | \$ 5,541.10         | \$ 5,542.10         |
| 110 Year Anniversary & Reunion <sup>3</sup> | \$ 2,820.00         |                     |
| Donations                                   | \$ 576.00           | \$ 2,250.00         |
| IH Centenary Books                          | \$ 120.00           | \$ -                |
| IH Caps                                     | \$ 179.04           | \$ 80.00            |
| IH Training T-Shirts                        | \$ 444.88           |                     |
| IH Jackets                                  | \$ -                | \$ 300.00           |
| <b>Sponsorship</b>                          |                     |                     |
| Aspect Broking - Michael Wallis             | \$ 500.00           | \$ 500.00           |
| Community Bank East Ivanhoe                 | \$ 2,000.00         |                     |
| Miles Real Estate (Training T-shirts)       | \$ 2,500.00         |                     |
| Ivanhoe Grammar - Sports Grants             | \$ 7,500.00         |                     |
| Barr'd Wine & Tapas Bar                     | \$ 1,000.00         |                     |
| <b>Other</b>                                |                     |                     |
| Interest from Term Deposit                  | \$ 713.51           |                     |
| <b>Total Receipts</b>                       | <u>\$ 28,094.53</u> | <u>\$ 10,891.00</u> |



**Less Payments****Competition**

|                                      |             |             |
|--------------------------------------|-------------|-------------|
| Cross Country Relay Entry            | \$ 1,482.37 | \$ 1,113.47 |
| Track Relay Championships Entry      | \$ 100.00   | \$ 100.00   |
| A.V. Affiliation                     | \$ 650.00   | \$ 650.00   |
| AV Online Registration Fees Refunded | \$ 320.00   | \$ 728.20   |
| Uniforms                             | \$ 20.00    | \$ 1,320.00 |

**General**

|                        |           |           |
|------------------------|-----------|-----------|
| Collingwood Track Rent | \$ -      | \$ 600.00 |
| Annual Return          | \$ 49.00  | \$ 63.60  |
| Trophies               | \$ 580.00 | \$ 398.40 |
| Woods-Griffith Trophy  | \$ 495.00 |           |
| Website                | \$ 115.82 | \$ 135.72 |

**Fund Raising/Social**

|                                 |             |             |
|---------------------------------|-------------|-------------|
| Room Hire for Trivia Night      | \$ -        | \$ 100.00   |
| Cash Float for Trivia Night     | \$ 300.00   | \$ 200.00   |
| Trivia Night Ticket Refund      | \$ 15.00    | \$ -        |
| Committee Christmas Dinner      | \$ 242.08   | \$ 181.69   |
| Pizza Night                     | \$ 685.20   | \$ 1,593.20 |
| AGM Catering/Expenses           | \$ 260.00   | \$ 260.00   |
| Cash Float for 110 Year Reunion | \$ 300.00   |             |
| 110 Year Anniversary & Reunion  | \$ 4,650.58 |             |

**Miscellaneous**

|                                       |             |           |
|---------------------------------------|-------------|-----------|
| Bananas for Park Run                  | \$ 141.53   |           |
| Level 3 Coaching Course - Cyril Dixon | \$ 387.35   |           |
| IH Training T-Shirts                  | \$ 4,768.50 |           |
| Square EFT Terminal                   | \$ 319.00   |           |
| Tribute Notice for Peter Rule         |             | \$ 477.00 |
| Flowers for Peter Rule's family       |             | \$ 100.00 |

**Total Payments**

|              |             |
|--------------|-------------|
| \$ 15,881.43 | \$ 8,021.28 |
|--------------|-------------|

**Club Funds as at 31st March**

|                                     |              |              |
|-------------------------------------|--------------|--------------|
| General Account                     | \$ 15,660.82 | \$ 13,447.72 |
| Term Deposit #1 (matures 26/6/2025) | \$ 15,000.00 | \$ 15,000.00 |
| Term Deposit #2 (matures 19/4/2025) | \$ 10,000.00 |              |
|                                     | \$ 40,660.82 | \$ 28,447.72 |

**Notes:**
















1. Listed separately is an Asset Inventory report which contains off-balance sheet items valued at \$9,907.00.
2. Trivia Night profit is \$5,226.10
3. The 110 Year Anniversary & Reunion event was an overall cost to the club of \$1,476.66 (including \$653.92 income from merchandise sales).
4. The first Term Deposit was reinvested for another 12 months at 4.75%
5. The second Term Deposit is for 12 months at 4.75% and matures on 19/Apr/2025

David Burke  
IH Treasurer  
27 April 2025

# Cross Country Report

The Cross Country season of 2024 was a huge success with our Division 3 men's team finishing a strong second overall and being promoted to Division 2 for the 2025 season. The team won 3 rounds at Hanging Rock, St Anne's Winery Bendigo, and The Tan relay. The team regularly placed ahead of Melbourne Uni.

## Men Division 3 Ladder

| Place | Team  | Points by Round |    |    |    |    |    |    |    |    |    | Total |    |
|-------|---|-----------------|----|----|----|----|----|----|----|----|----|-------|----|
| 1     |  Melbourne Uni 2     | 14              | 14 | 13 | 12 | 12 | 13 | 12 | 13 | 16 | 13 | 132   | AP |
| 2     |  Ivanhoe             | 7               | 16 | 14 | 16 | 6  | 9  | 13 | 14 | 8  | 16 | 119   | AP |
| 3     |  Mentone 2           | 11              | 13 | 11 | 13 | 5  | 12 | 5  | 7  | 11 | 9  | 97    |    |
| 4     |  Western Athletics 2 | 16              | 4  | 2  | 2  | 14 | 11 | 9  | 11 | 14 | 6  | 89    |    |
| 5     |  Box Hill 3          | 13              | 9  | 12 | 6  | 13 | 14 | 4  | 2  | 5  | 10 | 88    |    |
| 6     |  Collingwood 2       | 4               | 6  | 10 | 14 | 9  | 10 | 11 | 10 | 7  | 7  | 88    |    |
| 7     |  Ballarat Region 2   | -               | 2  | 6  | 10 | 10 | 1  | 16 | 16 | 13 | 11 | 85    |    |
| 8     |  Traralgon           | 9               | 10 | 1  | 8  | 4  | 8  | 10 | 9  | 12 | 12 | 83    |    |
| 9     |  Old Xaverians       | 8               | 11 | 9  | 9  | 11 | 2  | 6  | 3  | 9  | 14 | 82    |    |
| 10    |  Geelong Region 2    | 3               | 3  | 16 | 1  | 16 | 16 | 14 | -  | 10 | -  | 79    |    |
| 11    |  Keilor St Bernards  | 10              | 12 | 7  | 7  | 7  | 6  | 7  | 12 | 1  | 4  | 73    |    |
| 12    |  North East Region   | 12              | -  | 8  | 11 | 8  | 7  | 8  | 5  | 4  | 2  | 65    |    |
| 13    |  Malvern            | 6               | 8  | 5  | 4  | 3  | 5  | 2  | 6  | 6  | 8  | 53    |    |
| 14    |  Coburg            | 5               | 7  | 3  | 5  | 2  | 3  | 1  | 8  | 3  | 5  | 42    | AR |
| 15    |  Waverley          | 2               | 5  | 4  | 3  | 1  | 4  | 3  | 4  | 2  | 3  | 31    | AR |

Legend: AP: Automatic Promotion. AR: Automatic Relegation.

Ivanhoe Harriers had 26 athletes compete at least once during the season with 18 competing 4 or more times.

|                  |    |
|------------------|----|
| Murray Playfair  | 10 |
| Simon Rigoni     | 10 |
| Peter Castaldo   | 8  |
| Nicholas Dempsey | 8  |
| Owen Dumsday     | 8  |
| Jamie Blackburn  | 7  |
| Liam Furlong     | 7  |
| Ben Morrison     | 7  |
| Matthew Peterson | 7  |

|                |   |
|----------------|---|
| Thomas Langdon | 6 |
| Alex Linke     | 6 |
| Harley Mileto  | 6 |
| Brenton Hall   | 5 |
| Carla Parris   | 5 |
| Kate Bukovsan  | 4 |
| David Greig    | 4 |
| Eliza Nelson   | 4 |
| Riley Palmer   | 4 |

|                    |   |
|--------------------|---|
| Leonardo Donarelli | 3 |
| David Burke        | 2 |
| Barry Greig        | 2 |
| Max Quinlan        | 2 |
| Charles Shea       | 2 |
| Claude Aquino      | 1 |
| Stephen Frazzetto  | 1 |
| Grace Quinlan      | 1 |
|                    |   |

Jamie, Owen, Ben, Alex, Liam, David and Nick formed the mainstay of our Division 3 team. This was the first season showing the full results of Jeff's work with Ivanhoe Grammar School and Trinity Grammar School via the AGSV schools competition. The progression of the students through to senior competition has significantly transformed results. The depth of talent and even performances has been exceptional. The best result for the season was a huge team victory in the Tan relay with a spread of less than 10 secs between 5 of the 6 boys, with Jamie Blackburn recording an impressive time of 11:49. In running order, the times were: Benjamin Morrison: 12:06; David Greig: 12:08; Owen Dumsday: 12:03; Thomas Langdon: 12:12; Jamie Blackburn: 11:49.

We had great representation for our Div 6, 7 and 50+ teams with Murray and Simon competing in every round, supported by Peter, Matt and Brenton. It was great to see the transition from parkrun to XCR for a number of new members to the club.

The juniors competed well but struggled, often running out of their age groups in relay events. The girls with Carla, Kate, Eliza and Grace came 15<sup>th</sup> in the female U18, well done girls.

*Cyril Dixon*

### Ivanhoe Harriers 6km Handicap

Saturday, 20th April 2024

Eaglemont Tennis Club carpark – out and back along Main Yarra Trail

| Finish Place | Name             | Handicap Time | Actual Time | Handicap Difference |
|--------------|------------------|---------------|-------------|---------------------|
| 1            | Murray Playfair  | 29:10         | 28:00       | -1:10               |
| 2            | Alex Linke       | 19:50         | 19:24       | -0:26               |
| 3            | Charlie Fennessy | 27:30         | 27:10       | -0:20               |
| 4            | Jamie Blackburn  | 19:20         | 19:24       | 0:04                |
| 5            | David Greig      | 20:20         | 20:25       | 0:05                |
| 6            | Peter Castaldo   | 23:30         | 23:36       | 0:06                |
| 7            | Liam Furlong     | 20:10         | 20:18       | 0:08                |
| 8            | Hamish Nelson    | 31:30         | 31:45       | 0:15                |
| 9            | Simon Rigoni     | 29:10         | 29:30       | 0:20                |
| 10           | Ben Morrison     | 20:20         | 20:52       | 0:32                |
| 11           | Tom Langdon      | 20:20         | 21:06       | 0:46                |
| 12           | Theadora Hally   | 28:10         | 29:03       | 0:53                |
| 13           | Will Franklin    | 24:00         | 24:56       | 0:56                |
| 14           | Lachie Warwick   | 21:40         | 22:48       | 1:08                |
| 15           | Matthew Peterson | 24:00         | 25:14       | 1:14                |
| 16           | Carla Parris     | 27:30         | 28:48       | 1:18                |
| 17           | David Burke      | 31:00         | 33:07       | 2:07                |
| 18           | Nicholas Dempsey | 21:40         | 23:48       | 2:08                |
| 19           | Kate Bukovsan    | 26:10         | 28:43       | 2:33                |

It was a beautiful morning on Saturday 20<sup>th</sup> April and a high standard of racing. Our handicapper did an amazing job with nearly all runners finishing within two minutes of each other. Fastest times were Jamie Blackburn and Alex Linke in the very good time of 19:24 which was just outside of the Club record.

The 19 starters listed in their finishing order shown here, with Murray Playfair beating the handicapper with a fine run, beating his handicap time by 1 min 10 secs.

It was also nice to see Charlie Fennessy (Year 7 IGS) take 3<sup>rd</sup> place with a good time for an "Under 14" runner.



## Track & Field Report

A full list of performances in the 2024/25 season is covered at the end of this Annual Report.

From only 9 scoring rounds we finished 5th in division 4 with a tight contest between Ivanhoe, Frankston, Old Scotch and Whittlesea. The top 3 clubs had too many athletes for our small club to compete with. Despite this we often pressed them hard in the first 7 rounds before we fell away in the new year.

### AV Shield League Ladder

**Division 4** (after 10 rounds)

| Place | Team          | Cumulative Score | Ladder Points |    |
|-------|---------------|------------------|---------------|----|
| 1     | Sandringham   | 128,553          | <b>101</b>    | AP |
| 2     | Corio         | 104,285          | <b>87</b>     | AP |
| 3     | Old Xaverians | 97,642           | <b>87</b>     |    |
| 4     | Frankston     | 78,009           | <b>69</b>     |    |
| 5     | Ivanhoe       | 73,983           | <b>66</b>     |    |
| 6     | Old Scotch    | 72,294           | <b>65</b>     |    |
| 7     | Whittlesea    | 70,060           | <b>64</b>     |    |
| 8     | Melbourne Uni | 60,195           | <b>53</b>     |    |
| 9     | Coburg        | 59,219           | <b>49</b>     |    |
| 10    | South Coast   | 35,106           | <b>25</b>     | AR |
| 11    | St Kevins     | 20,062           | <b>9</b>      | AR |

AP Automatic Promotion

AR Automatic Relegation

We had 22 athletes compete over the 9 rounds with Carla, Kate and David Burke competing in every round. In a very close MVP competition, the result was not decided until the very last event of the season over 400m.

The standout performances were Leonardo's Vic All Schools U14 with 1500m 4:15.15 and 800m 2:04.53, before he succumbed to injury. Jamie's 3:54.14 at Milers competition and his 8:26.27 at National U20 3000m. Owen had a break-out first senior season running 1:54.15 in the 800m to just miss the final at Vic Champs. Carla and Kate both ran great 400m races through the season. Carla and Elizabeth some very good triple and long jumps both setting multiple PBs.

We had many new athletes competing for the first time this season, both from local schools and also from parkrun.

In addition, the Club won gold in the Victorian Track Relay Championships with Owen, Perrin, David Greig and Jamie winning the Men's Open Distance Medley Relay (1200, 400, 800, 1600) in the very good time of 10:25.55. Gold medals in senior competition are not easy to achieve.

Cyril Dixon

#### MVP

| Athlete             | Total | Rounds |
|---------------------|-------|--------|
| Carla Parris        | 8,913 | 9      |
| Kate Bukovsan       | 8,750 | 9      |
| David Burke         | 7,752 | 9      |
| Owen Dumsday        | 5,050 | 7      |
| Jamie Blackburn     | 4,608 | 6      |
| Brenton Hall        | 4,496 | 7      |
| David Greig         | 4,185 | 7      |
| Elizabeth Stevenson | 3,633 | 6      |
| Liam Furlong        | 3,351 | 5      |
| Perrin Theocharides | 3,073 | 6      |
| Mabel Taylor        | 2,510 | 7      |
| Emily Stevens       | 2,103 | 3      |
| Leonardo Donarelli  | 1,754 | 3      |
| Jack Harper         | 1,556 | 3      |
| Riley Palmer        | 1,503 | 3      |
| Nicholas Dempsey    | 1,367 | 4      |
| Lachlan Warwick     | 1,233 | 3      |
| Simon Rigoni        | 1,179 | 3      |
| Benjamin Morrison   | 1,055 | 3      |
| Rachel Paterson     | 1,012 | 2      |
| Peter Castaldo      | 926   | 2      |
| Maxim Lewis         | 531   | 1      |

## Records Set

| Age Group of Record          | Name  | Event   | New Record | Date Set   | Competition                               | Location                            |
|------------------------------|---|---|------------|------------|---|-------------------------------------|
| Open Men                     | Thomas Langdon,<br>Jack Harper,<br>Josh Philip,<br>David Greig          | Distance<br>Medley<br>(1200, 400,<br>800, 1600) | 10:22.21   | 26/01/2022 | Victorian<br>Track Relay<br>Championships | Lakeside<br>Stadium,<br>Albert Park |
| U16, U18, U20,<br>Open Women | Mabel Taylor,<br>Elizabeth Stevenson,<br>Kate Bukovsan,<br>Carla Parris | Medley<br>Relay<br>(200, 200,<br>400, 800)      | 4:53.86    | 24/11/2024 | Victorian<br>Track Relay<br>Championships | Lakeside<br>Stadium,<br>Albert Park |

## Australian CC Championships

31/08/2024, Simmons Plains, Tasmania

| Name               | Age Group | Event  | Place | Performance |
|--------------------|-----------|--------|-------|-------------|
| Leonardo Donarelli | Under 14  | 3km CC | 24th  | 12:09       |
| Jamie Blackburn    | Under 20  | 6km CC | 12th  | 22:26       |

## Victorian T&F Championships

21-23/02/2025, Lakeside Stadium, Albert Park

| Name            | Age Group | Event | Place        | Performance |
|-----------------|-----------|-------|--------------|-------------|
| Owen Dumsday    | Men Open  | 800m  | 5th - Heat 2 | 1:54.15     |
| Jamie Blackburn | Men Open  | 1500m | 9th - Heat 3 | 4:00.30     |

## Victorian Track Relay Championships

24/11/2024 - Doncaster

| Team   | Age Group         | Event   | Place       | Performance |
|--|-------------------|---|-------------|-------------|
| Mabel Taylor,<br>Elizabeth Stevenson,<br>Kate Bukovsan,<br>Carla Parris  | Women<br>Under 16 | Medley Relay<br>(200,200,400,800)               | 6th - Final | 4:53.86     |
| Owen Dumsday,<br>Perrin Theocharides,<br>David Greig,<br>Jamie Blackburn | Men Open          | Distance Medley<br>Relay<br>(1200,400,800,1600) | 1st - Final | 10:25.55    |

## Victorian 5000m Championships

28/11/2024 - Lakeside Stadium, Albert Park

| Name            | Age Group    | Event | Place        | Performance |
|-----------------|--------------|-------|--------------|-------------|
| Jamie Blackburn | Men Under 20 | 5000m | 3rd - Heat 1 | 14:42.25    |
| Liam Furlong    | Men Open     | 5000m | 5th - Heat 1 | 16:08.87    |

# AVSL Results 2024-25

| Name                      | Event               | Rnd 1            | Rnd 2              | Rnd 3               | Rnd 4   | Rnd 5   | Rnd 6                 | Rnd 7                 | Rnd 8               | Rnd 9    | Rnd 10 | Events (Rounds) | Points (Relay Pts) |
|---------------------------|---------------------|------------------|--------------------|---------------------|---------|---------|-----------------------|-----------------------|---------------------|----------|--------|-----------------|--------------------|
| Carla Parris (U14)        | 100m                |                  |                    |                     |         | 14.76   |                       | 15.20                 |                     |          | 15.36  | 30 (9)          | 8,581<br>(+1,336)  |
|                           | 200m                | 32.33            |                    |                     | 31.33   |         |                       |                       | 29.91               |          |        |                 |                    |
|                           | 400m                |                  | 69.50              | 73.37               |         | 71.19   |                       | 69.35                 |                     |          | 68.96  |                 |                    |
|                           | 800m                | 2:40.8h          |                    |                     |         |         |                       |                       | 2:33.32             |          |        |                 |                    |
|                           | 1500m               |                  |                    | 5:35.4h             |         |         |                       |                       |                     | 6:04.9h  |        |                 |                    |
|                           | Long Jump           |                  | 3.93m              | 3.62m               |         | 3.93m   |                       | 4.19m                 |                     | 4.23m    | 3.99m  |                 |                    |
|                           | Triple Jump         | 8.14m            |                    |                     | 8.05m   |         |                       |                       | 8.24m               |          |        |                 |                    |
|                           | 4x100m Relay        | (Male U16) 56.34 |                    |                     |         |         | (Female U16) 59.38    |                       |                     |          |        |                 |                    |
|                           | 4x200m Relay        |                  | (Male U18) 1:58.95 |                     |         |         |                       |                       | (Male Open) 2:05.05 |          |        |                 |                    |
|                           | 4x400m Relay        |                  |                    | (Male Open) 4:26.79 |         |         |                       | (Female Open) 5:19.56 |                     |          |        |                 |                    |
| Elizabeth Stevenson (U14) | 100m                |                  |                    |                     |         |         |                       | 15.94                 |                     | 15.56    |        | 13 (6)          | 3,487<br>(+587)    |
|                           | 200m                |                  |                    |                     |         |         |                       |                       | 33.39               |          | 32.79  |                 |                    |
|                           | 400m                |                  |                    |                     |         |         |                       | 1:37.72               |                     |          |        |                 |                    |
|                           | Long Jump           |                  |                    |                     |         | 3.63m   |                       | 3.44m                 |                     | 3.73m    |        |                 |                    |
|                           | Triple Jump         |                  |                    |                     | 8.47m   |         |                       |                       | 8.75m               |          | 8.83m  |                 |                    |
|                           | 4x100m Relay        |                  |                    |                     |         |         | (Female U16) 59.38    |                       |                     |          |        |                 |                    |
|                           | 4x400m Relay        |                  |                    |                     |         |         | (Female Open) 5:19.56 |                       |                     |          |        |                 |                    |
| Kate Bukovsan (U16)       | 100m                |                  | 15.11              | 14.90               |         | 14.38   |                       | 15.01                 |                     | 14.89    | 15.14  | 33 (9)          | 8,418<br>(+1,336)  |
|                           | 200m                | 31.10            |                    |                     | 29.77   |         |                       |                       | 30.04               |          |        |                 |                    |
|                           | 400m                |                  | 67.22              | 68.00               |         | 67.76   |                       | 69.89                 |                     | 68.67    | 68.45  |                 |                    |
|                           | 800m                | 2:48.9h          |                    |                     | 2:40.16 |         |                       |                       | 2:47.74             |          |        |                 |                    |
|                           | Long Jump           |                  | 3.21m              | 3.30m               |         | 3.30m   |                       | 3.42m                 |                     | 3.24m    | 3.34m  |                 |                    |
|                           | Shot Put (3kg)      | 4.69m            |                    |                     | 4.92m   |         |                       |                       | 4.80m               |          |        |                 |                    |
|                           | 4x100m Relay        | (Male U16) 56.34 |                    |                     |         |         | (Female U16) 59.38    |                       |                     |          |        |                 |                    |
|                           | 4x200m Relay        |                  | (Male U18) 1:58.95 |                     |         |         |                       |                       | (Male Open) 2:05.05 |          |        |                 |                    |
|                           | 4x400m Relay        |                  |                    | (Male Open) 4:26.79 |         |         |                       | (Female Open) 5:19.56 |                     |          |        |                 |                    |
| Mabel Taylor (U16)        | 100m                |                  |                    | 14.33               |         | 14.49   |                       | 14.32                 |                     | 14.00    | 14.48  | 8 (7)           | 2,425<br>(+340)    |
|                           | 200m                |                  |                    |                     | 29.95   |         |                       |                       | 29.92               |          |        |                 |                    |
|                           | 4x100m Relay        |                  |                    |                     |         |         | (Female U16) 59.38    |                       |                     |          |        |                 |                    |
| Emily Stevens (U18)       | 400m                |                  |                    | 65.55               |         | 74.02   |                       | 69.24                 |                     |          |        | 7 (3)           | 2,055<br>(+194)    |
|                           | 1500m               |                  |                    |                     |         | 5:22.6h |                       | 5:21.34               |                     |          |        |                 |                    |
|                           | High Jump           |                  |                    |                     |         | 1.43m   |                       |                       |                     |          |        |                 |                    |
|                           | 4x200m Relay        |                  |                    | (Male U18) 1:58.95  |         |         |                       |                       |                     |          |        |                 |                    |
| Rachel Paterson (Open)    | 400m                |                  |                    |                     |         |         |                       |                       |                     | 86.55    |        | 5 (2)           | 951<br>(+247)      |
|                           | 800m                |                  |                    |                     |         |         |                       |                       | 3:01.01             |          |        |                 |                    |
|                           | 1500m               |                  |                    |                     |         |         |                       |                       |                     | 5:45.4h  |        |                 |                    |
|                           | 3000m               |                  |                    |                     |         |         |                       |                       | 12:47.5h            |          |        |                 |                    |
|                           | 4x400m Relay        |                  |                    |                     |         |         | (Female Open) 5:19.56 |                       |                     |          |        |                 |                    |
|                           |                     |                  |                    |                     |         |         |                       |                       |                     |          |        |                 |                    |
| Brenton Hall (50+)        | Shot Put (6kg)      |                  |                    | 6.11m               | 6.08m   |         |                       | 5.67m                 |                     |          |        | 11 (7)          | 4,460<br>(+145)    |
|                           | Photo Finish        |                  | 600                | 500                 | 500     |         |                       | 400                   | 600                 | 600      | 600    |                 |                    |
|                           | 4x200m Relay (Open) |                  |                    |                     |         |         |                       |                       |                     | 2:05.05  |        |                 |                    |
| Simon Rigoni (50+)        | 3000m               |                  |                    |                     |         |         |                       |                       |                     | 13:07.5h |        | 6 (3)           |                    |
|                           | 5000m               | 23:02.4h         |                    |                     |         |         |                       | 22:36.1h              |                     |          |        |                 |                    |
|                           | Shot Put (6kg)      | 5.21m            |                    |                     |         |         |                       | 5.82m                 |                     | 5.64m    |        |                 |                    |



| Name                       | Event               | Rnd 1   | Rnd 2   | Rnd 3    | Rnd 4   | Rnd 5   | Rnd 6          | Rnd 7   | Rnd 8    | Rnd 9   | Rnd 10   | Events (Rounds) | Points (Relay Pts) |
|----------------------------|---------------------|---------|---------|----------|---------|---------|----------------|---------|----------|---------|----------|-----------------|--------------------|
| David Burke (40+)          | 100m                |         | 14.48   | 14.26    |         | 14.43   |                | 14.59   |          | 14.30   |          | 57 (9)          | 7,405<br>(+1,033)  |
|                            | 200m                | 29.87   |         |          | 29.24   |         |                |         | 28.47    |         | 29.55    |                 |                    |
|                            | 400m                |         | 68.63   | 67.84    |         | 68.16   |                | 69.65   |          | 68.55   |          |                 |                    |
|                            | 800m                |         |         |          |         |         |                |         | 3:03.40  |         | 2:58.26  |                 |                    |
|                            | 3000m               |         |         |          |         |         |                |         |          |         | 15:15.2h |                 |                    |
|                            | 110m Hurdles (99cm) |         | 23.69   | Error NT |         | 22.6h   | (100m H) 20.83 |         |          | 23.04   |          |                 |                    |
|                            | 400m Hurdles (91cm) | 84.7h   |         |          | 82.83   |         |                | 81.72   |          |         | 80.55    |                 |                    |
|                            | High Jump           | NM      |         | 1.52m    |         | 1.53m   |                | 1.49m   |          | 1.50m   |          |                 |                    |
|                            | Long Jump           |         | 4.53m   | 4.41m    |         | 4.36m   |                | 4.63m   |          | 4.44m   |          |                 |                    |
|                            | Triple Jump         | 9.27m   |         |          | 9.18m   |         |                |         | 8.94m    |         | 9.43m    |                 |                    |
|                            | Discus (2kg)        | 17.98m  |         |          |         | 18.55m  |                | 19.49m  |          |         | 18.39m   |                 |                    |
|                            | Shot Put (7.26kg)   | 6.50m   |         |          | 6.68m   |         |                |         | 6.78m    |         | 8.41m    |                 |                    |
|                            | Javelin (800g)      |         | 27.84m  | 26.54m   |         |         |                | 25.09m  |          | 24.48m  |          |                 |                    |
|                            | 2x100m Relay        |         |         |          |         |         |                |         |          |         |          |                 |                    |
|                            | 4x100m Relay (Open) |         | 49.75   |          |         |         |                | 55.68   |          |         |          |                 |                    |
|                            | 4x200m Relay (Open) |         |         |          |         |         |                |         |          | 2:05.05 |          |                 |                    |
|                            | 4x400m Relay (Open) |         |         |          | 4:26.79 |         |                |         | 4:08.01  |         |          |                 |                    |
| Peter Castaldo (40+)       | 200m                |         |         |          | 30.09   |         |                |         |          |         |          | 5 (2)           | 867<br>(+237)      |
|                            | 800m                |         |         |          | 2:33.99 |         |                |         | 2:38.62  |         |          |                 |                    |
|                            | 3000m               |         |         |          |         |         |                |         | 11:59.9h |         |          |                 |                    |
|                            | 4x400m Relay (Open) |         |         |          |         |         |                |         | 4:08.01  |         |          |                 |                    |
| Nicholas Dempsey (Open)    | 100m                |         |         |          |         |         |                | 17.96   |          | 15.20   |          | 8 (4)           | 1,320<br>(+190)    |
|                            | 400m                |         |         |          |         |         |                | 65.46   |          |         |          |                 |                    |
|                            | 1500m               |         |         |          |         |         |                | 5:03.83 | 4:57.07  | 4:52.6h |          |                 |                    |
|                            | 3000m               |         |         |          |         |         |                |         |          |         | 10:51.2h |                 |                    |
| Owen Dumsday (Open)        | 4x100m Relay        |         |         |          |         |         |                | 55.68   |          |         |          | 17 (7)          | 4,917<br>(+534)    |
|                            | 100m                |         |         |          |         | 12.56   |                |         |          | 12.51   |          |                 |                    |
|                            | 200m                |         |         |          | 25.00   |         |                | 24.90   | 28.63    |         | 24.48    |                 |                    |
|                            | 400m                |         |         |          |         | 53.43   |                |         |          |         |          |                 |                    |
| David Greig (Open)         | 800m                |         |         |          | 1:59.47 |         |                | 1:58.79 | 1:57.92  |         |          | 14 (7)          | 4,052<br>(+534)    |
|                            | 1500m               |         | 4:05.3h |          |         | 4:04.9h |                |         |          | 4:03.8h |          |                 |                    |
|                            | 3000m               |         |         |          |         |         |                |         | 10:12.2h |         | 9:14.5h  |                 |                    |
|                            | 4x400m Relay        |         |         |          | 3:49.52 |         |                |         | 4:08.01  |         |          |                 |                    |
| David Greig (Open)         | 100m                |         |         |          |         | 12.35   |                |         |          |         |          | 14 (7)          | 4,052<br>(+534)    |
|                            | 200m                |         |         |          | 25.49   |         |                |         |          |         |          |                 |                    |
|                            | 800m                | 1:59.8h |         | 1:59.86  | 2:02.08 |         |                |         | 2:02.75  |         |          |                 |                    |
|                            | 1500m               |         | 4:13.6h |          |         | 4:06.5h |                |         |          | 4:18.1h |          |                 |                    |
| Jack Harper (Open)         | 3000m               | 9:07.8h |         | 9:25.27  |         |         |                |         | 9:48.1h  |         |          | 6 (3)           | 1,488<br>(+275)    |
|                            | 4x400m Relay        |         |         | 3:49.52  |         |         |                |         | 4:08.01  |         |          |                 |                    |
|                            | 200m                |         |         | 23.76    |         |         |                | 23.87   |          |         |          |                 |                    |
|                            | 400m                |         | 53.38   |          |         |         |                |         |          |         |          |                 |                    |
| Ben Morrison (Open)        | 800m                |         |         | 2:18.72  |         |         |                | 2:22.52 |          |         |          | 3 (3)           |                    |
|                            | 4x100m Relay        |         | 49.75   |          |         |         |                |         |          |         |          |                 |                    |
|                            | 800m                | 2:04.2h |         |          | 2:00.78 |         |                |         |          |         |          |                 |                    |
|                            | 1500m               |         | 4:13.9h |          |         |         |                |         |          |         |          |                 |                    |
| Perrin Theocharides (Open) | 100m                |         | 11.52   |          |         | 11.04   |                |         |          | 11.18   |          | 9 (6)           | 3,005<br>(+275)    |
|                            | 200m                | 23.32   |         |          | 22.58   |         |                |         |          |         | 22.68    |                 |                    |
|                            | 400m                |         | 54.78   |          |         |         |                |         | 53.37    |         |          |                 |                    |
|                            | 4x100m Relay        |         | 49.75   |          |         |         |                |         |          |         |          |                 |                    |
|                            |                     |         |         |          |         |         |                |         |          |         |          |                 |                    |

| Name                     | Event               | Rnd 1    | Rnd 2   | Rnd 3   | Rnd 4   | Rnd 5   | Rnd 6 * | Rnd 7   | Rnd 8 | Rnd 9 | Rnd 10  | Events (Rounds) | Points (Relay Pts) |
|--------------------------|---------------------|----------|---------|---------|---------|---------|---------|---------|-------|-------|---------|-----------------|--------------------|
| Jamie Blackburn (U20)    | 100m                |          | 13.35   |         |         | 13.91   |         | 13.37   |       |       |         | 16 (6)          | 4,419<br>(+762)    |
|                          | 200m                |          |         |         |         |         |         |         |       |       | 26.09   |                 |                    |
|                          | 400m                |          | 54.52   |         |         |         |         |         |       |       |         |                 |                    |
|                          | 800m                |          |         | 1:59.28 | 1:58.21 |         |         |         |       |       | 2:01.55 |                 |                    |
|                          | 1500m               |          | 4:04.7h |         |         | 3:59.6h |         | 4:10.40 |       |       |         |                 |                    |
|                          | 3000m               |          |         | 9:05.49 |         |         |         |         |       |       | 9:06.1h |                 |                    |
|                          | 4x100m Relay (Open) |          | 49.75   |         |         |         |         | 55.68   |       |       |         |                 |                    |
|                          | 4x200m Relay (Open) |          |         |         | 3:49.52 |         |         |         |       |       |         |                 |                    |
| Liam Furlong (U20)       | 100m                |          |         |         |         | 14.02   |         | 13.93   |       |       |         | 14 (5)          | 3,230<br>(+487)    |
|                          | 200m                |          |         |         | 28.55   |         |         |         |       |       |         |                 |                    |
|                          | 400m                |          |         |         |         | 60.11   |         | 59.54   |       |       |         |                 |                    |
|                          | 800m                | 2:14.2h  |         | 2:17.79 | 2:09.65 |         |         |         |       |       |         |                 |                    |
|                          | 1500m               |          |         |         |         | 4:27.9h |         | 4:21.64 |       |       |         |                 |                    |
|                          | 3000m               | 9:25.4h  |         | 9:53.25 |         |         |         |         |       |       |         |                 |                    |
|                          | 4x100m Relay (Open) |          |         |         |         |         |         | 55.68   |       |       |         |                 |                    |
|                          | 4x400m Relay (Open) |          |         |         | 3:49.52 |         |         |         |       |       |         |                 |                    |
| Lachlan Warwick (U18)    | 200m                | 27.30    |         |         |         |         |         |         |       |       |         | 5 (3)           | 1,187<br>(+186)    |
|                          | 800m                | 2:07.9h  |         |         | 2:16.47 |         |         |         |       |       |         |                 |                    |
|                          | 1500m               |          |         | 4:41.2h |         |         |         |         |       |       |         |                 |                    |
|                          | 3000m               |          |         |         |         |         |         |         |       |       |         |                 |                    |
|                          | 4x400m Relay (Open) |          |         |         | 4:26.79 |         |         |         |       |       |         |                 |                    |
| Maxim Lewis (U16)        | 200m                |          |         |         | 27.90   |         |         |         |       |       |         | 2 (1)           |                    |
|                          | Shot Put (4kg)      |          |         |         | 9.65m   |         |         |         |       |       |         |                 |                    |
| Riley Palmer (U16)       | 400m                |          | 61.97   | 60.28   |         |         |         |         |       |       |         | 6 (3)           | 1,447<br>(+224)    |
|                          | 1500m               |          | 4:43.5h | 4:45.7h |         |         |         |         |       |       |         |                 |                    |
|                          | 3000m               | 10:51.7h |         |         |         |         |         |         |       |       |         |                 |                    |
|                          | 4x100m Relay        |          |         |         |         |         |         |         |       |       |         |                 |                    |
|                          |                     |          |         |         |         |         |         |         |       |       |         |                 |                    |
|                          |                     |          |         |         |         |         |         |         |       |       |         |                 |                    |
| Leonardo Donarelli (U14) | 400m                |          |         | 59.40   |         |         |         |         |       |       |         | 6 (3)           | 1,650<br>(+418)    |
|                          | 800m                | 2:11.1h  |         |         |         |         |         |         |       |       |         |                 |                    |
|                          | 1500m               |          | 4:16.5h | 4:20.6h |         |         |         |         |       |       |         |                 |                    |
|                          | 4x100m Relay        |          |         |         |         |         |         |         |       |       |         |                 |                    |
|                          | 4x200m Relay        |          |         |         |         |         |         |         |       |       |         |                 |                    |
|                          |                     |          |         |         |         |         |         |         |       |       |         |                 |                    |
|                          |                     |          |         |         |         |         |         |         |       |       |         |                 |                    |

\* Round 6 cancelled due to wet weather