

ESTABLISHED 1914



Annual Report 2021/22

IVANHOE HARRIERS ATHLETIC CLUB INC.

Association Reg.No.A0016530V

Established 1914

Member of Old Ivanhoe Grammarians' Association

Affiliated with Athletics Victoria

Season 2021/22

COMMITTEE

Executive President: Vice President: Treasurer: Secretary:

Jeff Franklin

David Burke John Edney

<u>General</u> Braden Fraser Barry Greig James Lynch

Glenn Morrison Richard Russell Michael Wallis

LIFE MEMBERS

Peter Bethell (dec), Dr. John Boas, George Bolwell (dec), David Burke, Noel Burrows, Ian Campbell, Chris Cole, John David, Andrew Edney, Tim Erickson, Jeff Franklin, Mal Gleeson (dec), Lew Hall (dec), Tom Hancock, Mike Hennessey, Brian Hodgson (dec), Gary Holliday, Gary Honey, Chris Lang, James Lynch, Jack McCann (dec), Ron Mill (dec), F.H. "Bill" Pizzey (dec), Phil Ramsay, Peter Rule, Richard Russell, Wendy Russell, Ron Stephens (dec), Jill Wallis, John Wallis, Alf Watson (dec)

ATHLETICS VICTORIA LIFE MEMBERS

Brian Hodgson (dec), Bill Pizzey (dec)

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| | MINU | ITES OF ANNUAL GENERAL MEETING |
|------------|--|--|
| Date: Wedn | esday, 26th May 2021 | Location: Ivanhoe Park, 132 Lower Heidelberg Road, Ivanhoe |
| Meeting Op | ened: 7:40pm | |
| ltem 1 | Present | |
| 1.1 | Wallis, Charles Shea, M | klin, David Burke, John Edney, Richard Russell, Glenn Morrison, Michael Iark Shea, Braden Fraser, Glen Nicholson, Josh Phillip, Harry Shaw, eig, Barry Greig, John Boas |
| Item 2 | Apologies | |
| 2.1 | Wallis, Jill Wallis, Wendy | ay, Andrew Edney, Mary Langdon, Thomas Langdon, Ben Morrison, John / Russell, Allan Russell, Noel Burrows |
| Item 3 | Welcome Remarks | |
| 3.1 | John Edney officially ope | ened meeting and announced apologies. |
| ltem 4 | Minutes from previou | s meeting |
| 4.1 | Minutes from meeting d Moved John Edney – Sea | lated 24th June 2020. No issues identified conded Glenn Morrison |
| ltem 5 | Business arising from p | previous minutes |
| 5.1 | Nil | |
| ltem 6 | President's report | |
| 6.1 | effect of Covid, JF also s | Il comments made by Jeff Franklin on recap of season, highlights and poke about strong performance off the field including successful trivia new uniforms with support from Old Ivanhoe Grammarians. |
| Item 7 | Treasurer's report | |
| 7.1 | As tabled | |
| | Moved David Burke, Sec | |
| Item 8 | Election of office bear | |
| 8.1 | Election conducted by se Committee nominated & | |
| | President Jeff Franklin Nominated | by John Edney - Seconded by Richard Russell |
| | Treasurer David Burke - Nominate | d by Jeff Franklin - Seconded by Richard Russell |
| | Secretary John Edney - Nominated | d by JF - Seconded by John Boas |
| | Richard Russell Nomina Braden Fraser Nominate Michael Wallis Nominate James Lynch Nominated | by John Edney Seconded by Michael Wallis ted by Jeff Franklin Seconded by David Burke ed by John Edney Seconded by Glenn Morrison ted by Jeff Franklin Seconded by Richard Russell by John Edney Seconded by David Burke ated by John Edney Seconded by Barry Greig |

| | Mary Langdon has retired from the committee, Jeff Franklin acknowledge contribution made b Mary over the past few years. |
|--------|--|
| ltem 9 | Awards |
| 9.1 | Life memberships awarded to James Lynch and Richard Russell – Jeff Franklin spoke to the contribution of both individuals over their tenure with the club. |
| | JF spoke about the small number of trophies awarded due to limited season |
| | FJ Holpen trophy - Best A grade athlete - David Burke - 34 events across every round in the season |
| | Jack McCann trophy - Most outstanding contribution to the club in the previous year - Barry Greig |
| | St James trophy - First awarded in 1936 - Most improved athlete - Ben Morrison |
| | Lew Hall trophy - significant commitment by an under 23 athlete - Charles Shea |
| | Jeff Legg trophy - most outstanding performance junior 800-10,000 - Harry Shaw |
| | Rawlinson trophy - Best track and field athlete - David Greig |
| | 6k CC Handicap winner Zack Phillip |
| | Medals awarded for state and national representation Ben Eddings - 100m 10.99, 200m 22.58 |
| | Harry Shaw - Men's steeple chase & men's 800m |
| | Meeting concluded: 8:13pm |

TROPHY PRESENTATIONS - SEASON 2020-2021

| W.A.RAWLINSON TROPHY (Best athlete in the Club): | David Greig |
|---|--------------|
| ST.JAMES IVANHOE TROPHY (Most improved track & field athlete): | Ben Morrison |
| STATEWIDE TROPHY (Athlete scoring the most Cross Country points): | Not Awarded |
| HUGH LOWE MEMORIAL TROPHY (The most outstanding senior athlete in winter competition): | Not Awarded |
| F.J.HOLPEN TROPHY (Most consistent A Grade athlete in Shield competition): | David Burke |
| JACK McCANN TROPHY (Club Member making the most significant contribution to the Club): | Barry Greig |
| BUFFALO SPORTS / ATHLETES FOOT TROPHY (Most improved junior athlete): | Not Awarded |
| BOAS/HANCOCK TROPHY (Most outstanding field event athlete): | Not Awarded |
| LEW HALL TROPHY (The most significant commitment to the Club by an under 23 athlete): | Charles Shea |
| GEOFF LEGGE TROPHY (The most outstanding performance by a junior in any event from 800m-10,000m): | Harry Shaw |
| 6km CROSSCOUNTRY HANDICAP: | Zac Phillip |

President's Report

It has been a privilege to carry out the role of President during this COVID interrupted 2021-22 season. Despite the cancellation of most of the cross country program, we maintained training and attacked the shortened summer track and field season with great success.

The highlight of our year was our Premiership victory and promotion to Division 4 in the AVSL competition. Our athletes performed brilliantly with a great many PBs achieved.

Reacting to the impact of COVID, the Committee embarked on a program of preservation during the year. We applied for and received Government grants together with a grant from the Athletics Victoria Trust. We maintained our strong links with Ivanhoe Grammar School assisting with training. In this area, we produced training programs to encourage the students to maintain their fitness during lockdowns. We sincerely appreciate the support from senior management at the school, Chris Branigan, Anna Geoghegan, and Luke Lochrane who have been great to work with.

On the financial front we invested over \$5,000.00 in new equipment including hurdles, starting blocks, marquee, discus, javelin and shot put. Our closing bank balance of \$21,711.10 is almost identical to last year. However, our investment in other assets such as uniforms, and abovementioned equipment has grown to \$10,397.00 at 31st March. Therefore the consolidated net worth of the Club now stands at \$32,108.00 which is a very satisfying result for this hardworking Committee. I sincerely thank my fellow Committee members for their efforts during the year. We managed most committee meetings via Zoom and juggled work and other commitments in a difficult environment.

The trivia night profit of \$2,902.76 and support of our Members and sponsors were the major income contributors. . Every member of Committee contributed to the running of the Club but in particular, the contribution of John Edney in running the Trivia Night was, once again, outstanding.

The Club needs to continue to grow its financial strength in order that we are in a healthy position to fund future equipment. At this stage, we understand the rebuild of clubrooms at Chelsworth Park is hoped to commence in 2023. That rebuild will include a weight training room to be shared with other resident Old Ivanhoe Grammarian clubs at Chelsworth Park. Therefore, we will have a future funding obligation for weight training equipment in the next 2-3 years.

Our partnership with Old Ivanhoe Grammarians' is developing and we are working together to improve our visibility on IGS Facebook and Instagram. We are confident that this deepening of our relationship with Ivanhoe Grammar School is improving the visibility of athletics at the school, particularly as we strive to develop a clear pathway for female athletics.

The support of past members has been wonderful. This season we had 12 non-competing members in our ranks, 28 athletes and a total of 61 members. Unfortunately, our plan to hold a reunion function this year was again put on hold due to the onset of Coronavirus. We remain hopeful, as conditions improve, to achieve this goal.

Our Committee over these past few years has been very stable with each individual donating their valuable time to the Club. We are a very diverse group and have achieved much on our journey as Club caretakers. My sincere thanks to John Edney, David Burke, Barry Greig, Michael Wallis, Braden Fraser, Richard Russell, Glenn Morrison and James Lynch for their support and professionalism.

Jeff Franklin President

Recruiting and Membership

We have continued to grow and expand our relationship with Ivanhoe Grammar School and have been delighted to welcome seven new members with a direct connection to the school.

New members of the Club this season are: Owen Dumsday, Marli Brenner, Charlie Baker, Finn Knight, Harley Mileto, Macey Mileto, Leo Worsam, Georgia Bianchin and Karina Bianchin.

Our training services provided to Ivanhoe Grammar School continue to add value to the School and provide healthy social interaction in a training environment.

Our partnership with Ivanhoe Grammar School is critical as we strive to rebuild the number of young families involved in the Club. We are gradually achieving that aim which was evident in the large number of new families who attended our Trivia Night.

In an environment of declining numbers in athletics, our number of athletes registered with Athletics Victoria this season was a slight increase on last year, obviously a healthy sign.

Total members as follows:

| Season | 2021/22 | 2020/21 | 2019/20 | 2018/19 |
|----------------|---------|---------|---------|---------|
| Athletes | 28 | 25 | 25 | 24 |
| Coaches | 4 | 6 | 5 | 5 |
| Officials | 4 | 4 | 6 | 4 |
| Social Members | 12 | 21 | 22 | 2 |
| Life Members | 21 | 19 | 19 | 19 |
| Total Members | 61 | 61 | 64 | 54 |

There is some overlap in the numbers, for example, some Life Members are also social members, officials or coaches. Total Membership at 61 is correct.

A full listing of our current membership is detailed in this Annual Report.

Initiatives & Activities

The work of the Committee has again been a highlight for our Club with successful outcomes during the season.

- Once again, a very successful Trivia Night attended by over 100 on Zoom, thanks to John Edney and the help from all on Committee. Funds raised this year, an amazing \$2,902.76.
- The promotion and encouragement to retired members to rejoin the Club as "noncompeting" members has been a growing success. We are determined to organize reunion type functions in the future now that COVID lock-downs appear to be over. My sincere thanks to all who have supported the Club in this initiative. Your loyalty is critical to our future.
- The roll out of the new uniforms and promotional white caps has been very successful and embraced by members both old and young.
- Successful applications for grants from government and Athletics Victoria Trust enabled an investment of over \$5,000.00 in valuable equipment such as hurdles, starting blocks, throwing implements and marquee.
- Instagram and Facebook exposure has increased significantly, thanks to Braden Fraser.

- The development and printing of recruitment brochures was completed. The brochures are being used as "hand-outs" to promote the Club where possible.
- Our membership of Old Ivanhoe Grammarians' Association has provided support and promotional visibility which we hope will result in a steady flow of new members well into the future.
- Coaching of Ivanhoe Grammar School students and formal appointment to coach middle distance and cross country teams for the School has been a massive, twice weekly obligation.
 During the COVID lockdown we provided weekly training programs for students which we know has been appreciated.

Sponsors and supporters

We have been very fortunate to maintain a number of loyal sponsorships in recent times.



Michael Wallis via his insurance broking business, Aspect Broking, has been a great club sponsor over recent years. Michael is able to assist members with general insurance products including home, car, property and business insurance.

John Edney, via his business, Edney Celebrations has also been a club sponsor over recent years. John conducts weddings, engagements, funerals, milestone and sporting events. John is an accomplished public speaker and fully qualified celebrant and is a very generous supporter of the Club.





Bonnie Esposito, wife of Braden Fraser, runs a family friendly legal practice "Focus on Family". The business provides solutions to legal problems that arise in families and relationships including preparation of Wills and Family Court matters. Bonnie and Braden have been generous supporters of the Club.

East Ivanhoe Grocers- is a local Foodworks supermarket with a fantastic array of fresh foods and take-away meals. They have been a supporter of the Club for some years now. We have been supplied with lovely food hampers and other goodies from time to time to assist the Club with its fundraising efforts. We very much appreciate their support.



In this report I wish to recognise outstanding personal effort from many in our wider family group. This is particularly the case on competition days where the Club has an obligation to help out: Barry Greig, Phil Ramsay, Glenn Morrison, Michael Shaw, Mark Shea and Michael and Emma Linke, Richard Russell, Anne and James Bukovsan, Pam Brenner, Troy Rowe, James Lynch and David Baker all volunteered on numerous occasions, donating their valuable time to ensure that the Club could meet its obligations.

Sincere thanks to all for your time and effort. Our usual obligation each Saturday is to provide 3 Club Helpers, this season we were able to share that loadour Club Family is gradually growing....many hands make light work!

In addition, this season we have received a wonderful contribution from Anne Bukovsan via her skills and diligence with photography. Anne has attended every week and taken hundreds of great photos of our athletes in competition.

I know everyone has appreciated Anne's work with those action shots adding a new dimension to our Club.

Cursus is the lifeblood of the Club keeping us in touch with our past membership, our new membership, news and results. Cursus is circulated to 300 families in the broader Ivanhoe area and remains one of our best assets. We have produced ten editions of Cursus this season, and on occasions have delved into the archives to produce historic recollections of the past. We hope we can continue to provide interesting and historic content into the new season.

Finally, I encourage everyone to re-register for the 2022/23 season whether athletes or noncompeting members and make a difference to your Club. It is your loyalty and support of the Club that we need to continue to grow in the future. Our membership is power, particularly when dealing with Council.

Jeff Franklin

Membership List

Brendan Ahern Joseph Anderson **Claude Aquino Charlie Baker** Georgia Bianchin Karina Bianchin John Boas **Chris Branigan** Marli Brenner Kate Bukovsan Paige Bukovsan David Burke **Noel Burrows** Ian Campbell **Enrico** Cementon Justin Cementon

Bob Cochrane Chris Cole John David Flynn Deacon Owen Dumsday Andrew Edney **Tim Erickson** Jeff Franklin Barry Greig David Greig Jack Harper Thomas Hancock Mike Hennessey Gary Holliday Gary Honey Finn Knight

Chris Lang Mary Langdon **Thomas Langdon** Alex Linke James Lynch Vincent Mancuso Gianni Mancuso **Bruce Meakin** Harley Mileto Macey Mileto Ben Morrison Glenn Morrison Josh Philip Andrew Potocnik Philip Ramsay Ella Rowe

Sami Rowe Peter Rule Richard Russell Wendy Russell Harry Shaw Charles Shea Perrin Theocharides Jill Wallis John Wallis Michael Wallis Ashley Woods Leo Worsam Mark Worsnop



Treasurer's Report

AUDITOR'S REPORT

I have carried out the audit of the Statement of Receipts and Payments of the Ivanhoe Harriers Athletic Club for the year ended 31st March, 2022.

In carrying out my audit, it has not been practicable to confirm all receipts from various sources of income beyond accounting for amounts received as shown in the Committee's books. With this qualification, I am of the opinion that the attached Statement of Receipts and Payments is properly drawn up so as to show a true and fair view of the results of the Committee's operations for the year ended 31st March, 2022.

plas

John W Wallis FCPA Honorary Auditor 12th May 2022

IVANHOE HARRIERS ATHLETIC CLUB INC Statement of Receipts & Payments for the Year Ended 31st March 2022

| | 2022 | 2021 |
|-----------------------------------|-----------------|-----------------|
| Opening Balance | | |
| - General Account Brought Forward | \$ 21,799.55 | \$ 16,212.55 |
| | \$ 21,799.55 | \$ 16,212.55 |
| <u>Plus Receipts</u> | | |
| Competition | | |
| Club Fees | \$ 1,580.00 | \$ 1,610.00 |
| Uniforms | \$ 530.00 | \$ 610.00 |
| AV Registration Fees | \$ 5,605.00 | \$ - |
| Fundraising/Social | | |
| Trivia Night | \$ 2,902.76 | \$ 2,668.30 |
| Donations ² | \$ 1,240.00 | \$ 355.00 |
| IH Centenary Book Sales | \$ 30.00 | \$ - |
| Sponsorship | | |
| Aspect Broking - Michael Wallis | \$ 250.00 | \$ 250.00 |
| Other | | |
| Government Grants (COVID-19) | \$ 2,500.00 | \$ 2,500.00 |
| AV Foundation Grant ¹ | \$ 2,550.00 | |
| New Uniforms - OIGA | | \$ 6,380.00 |
| Total Receipts | \$ 17,187.76 | \$ 14,373.30 |

| Less Payments | | |
|--|-----------------|-----------------|
| Competition | | |
| Cross Country Relay Entry | \$ 195.00 | \$ - |
| Track Relay Championships Entry | \$ 122.40 | \$ - |
| A.V. Affiliation | \$ 550.00 | \$ 390.00 |
| AV Online Registration Fees Refunded | \$ 5,934.10 | \$ - |
| Refund of Registration Over-payment | | \$ 210.00 |
| Uniforms | \$ 1,710.50 | \$ 6,380.00 |
| General | | |
| Collingwood Track Rent | \$ 1,000.00 | \$ 750.00 |
| Annual Return | \$ 60.10 | \$ 59.20 |
| Trophies | \$ 248.50 | \$ 651.00 |
| Website | \$ 118.90 | \$ 99.00 |
| Fund Raising/Social | | |
| Committee Christmas Dinner | \$ 186.76 | \$ 247.10 |
| End of Season Pizza Night | \$ 443.50 | |
| AGM Catering/Expenses | \$ 170.00 | \$ - |
| Miscellaneous | | |
| Brochures ¹ | \$ 615.64 | |
| Equipment for AV Foundation Grant ¹ | \$ 4,720.81 | |
| Membership Fee Rebate ² | \$ 1,200.00 | |
| Total Payments | \$ 17,276.21 | \$ 8,786.30 |
| | | |
| Club Funds as at 31st March | | |
| General Account | \$ 21,711.10 | \$ 21,799.55 |
| | \$ 21,711.10 | \$ 21,799.55 |

Notes:

- 1. A total amount of \$5,336.45 was outlaided for the purchase of equipment and brochures. The Grant amount received was \$2,550.00, therefore a net outflow of \$2,786.45 (after deducting the Grant).
- 2. A rebate of \$100.00 off the AV membership fee was offered to individuals that competed in at least 5 rounds of Cross Country or 5 rounds of Track and Field. Of the 12 eligible people most elected to donate some or all of their rebate back to the club.
- 3. Listed separately is an Asset Inventory report which contains off-balance sheet items.

David Burke IH Treasurer 12 April 2022

Cross Country Report

As noted in the President's Report, the Cross Country season was cancelled. After a brilliant start with a 5th placing in the Cross Country Relays, a 3rd place in the 8km and 1st in the 12km we looked set to place well in Division 4.

For **Round 1** the **Cross Country Relay** team for Div. 4 was Thomas Langdon 23:45, Josh Philip 21:50, Charles Shea 25:12, Ben Morrison 23:13, and Harry Shaw 22:04. This was an excellent run from Josh and showed we were certainly in the mix for this Division.

In Division 6, Vincent Mancuso 28:23, Gianni Mancuso 31:54, Claude Aquino 26:59, and Chris Branigan 29:40 placed 6th and in Division 7, Enrico Cementon 32:28, Glenn Morrison 26:54, James Lynch 28:52, and David Burke 34:35 alsso placed 6th of the 17 teams in that Division .

Round 2 was the 8km Cross Country at Lardner Park

This was an excellent team effort with our top team in Div. 4 placing 3rd. At the time we had optimistic visions of a Premiership.

Individual performances were:

| David Greig | 28:53 |
|-----------------|-------|
| Thomas Langdon | 29:06 |
| Josh Phillip | 30:14 |
| Charles Shea | 32:55 |
| Claude Aquino | 36:52 |
| Vincent Mancuso | 38:30 |
| Chris Branigan | 38:50 |
| Enrico Cementon | 43:41 |
| David Burke | 46:05 |

This result left us in 2nd place on the Ladder.

Round 3 at Cruden Farm on 10th July was a massive event for the Club. With two father and son combos in the team, we felt we were making a bit of history. Enrico and Justin Cementon and Ben and Glenn Morrison all ran together in the 12km race.

The team performed way over expectation, we placed 1st in Division 4 and our performance was such that, had we been contesting Division 2, we would have placed midfield in that Division. The result underlines the depth of our emerging young talent.

Individual performances as follows:

| Place | Name | Time | |
|-------|-------------------|-------|------|
| 51 | Justin Cementon | 42:02 | |
| 61 | David Greig | 42:32 | |
| 62 | Thomas Langdon | 42:33 | |
| 77 | Benjamin Morrison | 43:54 | |
| 194 | Vincent Mancuso | 51:50 | |
| 226 | Glenn Morrison | 54:44 | |
| 270 | Enrico Cementon | 64:25 | |
| | | | |
| Place | Name | | Time |
| | | - · · | |

| 21 | Alex Linke (Under 18 - 8km) | 30:57 | |
|----|-----------------------------|-------|--|
| | () | | |

Following this performance we sat comfortably in 2nd place on the ladder and unfortunately Athletics Victoria then cancelled the season due to COVID-19.

It was a pity as we had assembled a talented group with a mix of seasoned veterans and youth.

The Cross Country Team of 2021 was:

| incent Mancuso |
|----------------|
| ianni Mancuso |
| en Morrison |
| lenn Morrison |
| osh Phillip |
| arry Shaw |
| harles Shea |
| eo Worsam |
| |
| |

We look forward to the seasons ahead...

Ivanhoe Harriers 6km Handicap

Saturday, 17th April 2021 Eaglemont Tennis Club carpark – out and back along Main Yarra Trail

| Name | Handicap Time | Finish Place | Actual Time | Rank (Fastest) | Handicap Difference |
|------------------|------------------|-----------------|----------------|-------------------|------------------------|
| Cormac Skaliotis | 36:00 | 1 | 32:05 | 22 | -3:55 |
| Thomas Franklin | 26:30 | 2 | 24:42 | 6 | -1:48 |
| Kate Bukovsan | 30:00 | 3 | 28:14 | 14 | -1:46 |
| Will Franklin | 28:00 | 4 | 26:30 | 8 | -1:30 |
| Max Robertson | 33:00 | 5 | 31:44 | 21 | -1:16 |
| Jal Wishart | 24:30 | 6 | 23:30 | 5 | -1:00 |
| Marcia Wishart | 28:00 | 7 | 27:20 | 10 | -0:40 |
| Charles Shea | 24:00 | 8 | 23:27 | 4 | -0:33 |
| Glenn Morrison | 27:00 | 9 | 27:04 | 9 | 0:04 |
| David Burke | 31:30 | 10 | 31:40 | 20 | 0:10 |
| Thomas Langdon | 20:00 | 11 | 20:12 | 1 | 0:12 |
| Christina Lew | 37:00 | 12 | 37:14 | 24 | 0:14 |
| Alex Linke | 22:00 | 13 | 22:27 | 3 | 0:27 |
| Will Sinnett | 27:00 | 14 | 27:34 | 12 | 0:34 |
| David Greig | 20:00 | 15 | 20:37 | 2 | 0:37 |
| James Lynch | 27:00 | 16 | 27:47 | 13 | 0:47 |
| Enrico Cementon | 29:50 | 17 | 31:09 | 18 | 1:19 |
| Claude Aquino | 24:00 | 18 | 25:34 | 7 | 1:34 |
| Lavane Mahajan | 27:00 | 19 | 29:45 | 16 | 2:45 |
| Luke Malara | 24:30 | 20 | 27:28 | 11 | 2:58 |
| Sami Rowe | 27:30 | 21 | 30:35 | 17 | 3:05 |
| Ella Rowe | 27:30 | 22 | 31:10 | 19 | 3:40 |
| Mary Langdon | 31:30 | 23 | 35:16 | 23 | 3:46 |
| Rachael White | 22:00 | 24 | 28:24 | 15 | 6:24 |

Track & Field Report

Full results for the 2021/22 season are covered in detail, elsewhere in this report. In summary, our athletes contested 240 events during the 10 Round season including the final. This is a significant increase on previous years and shows a great deal of determination and team spirit.

The AVSL system allocates points to athletes based on a formula which measures the quality of the performance, based on age and sex of the athlete etc. As a rule of thumb, any performance earning 300 points and above is considered a creditable performance, over 400 points is considered a high standard.

Our athletes consistently achieved scores at or above those benchmarks which indicates a very talented squad.

The contribution of most of our athletes to point scoring was outstanding. Over the season David Burke earned a massive 8924 points to once again show the way and set a great example. Others with significant point scoring contributions were Kate Bukovsan 6613, Paige Bukovsa 6584, Alex Linke 6098 and Jack Harper 4064.

Winning the Division 5 Premiership was a great achievement. The competing members in that Premiership Match were: Paige Bukovsan, Kate Bukovsan, Marli Brenner, Sami Rowe, David Greig, Barry Greig, David Burke, Harley Mileto, Perrin Theocharides, Jack Harper, Ben Morrison, Charles Shea and Alex Linke.

Congratulations to all in the team, a great season.

It is fitting to single out some individual performances over the season:

Paige Bukovsan set a new Club record of 2:24.0 in the Under 16 girls' 800m. This time also breaks previous times set for the Under 18 and Open women's 800m. Paige also set a new club record in the women's Under 16, Under 18 and Open 1500m with a 5:07.2

Marli Brenner set a new Club Record in the Under 14 women's 800m with a time of 2:35.8.

Paige Bukovsan, Marli Brenner, Sami Rowe and Kate Bukovsan set a new Club Record in Under 16 women's 4x400m relay with a time of 4:43.67.

In addition, we achieved a Silver Medal in the Victorian Relay Championships, Open Men's Medley Distance Relay.

This was a notable achievement for our Club as it indicates growing depth of talent. David Greig, Josh Philip, Thomas Langdon and Jack Harper ran a brilliant race with a time of 10:22.21 to take silver.

Finally, we had one athlete who achieved a National Qualifier this season. David Greig ran a very fine 1500m in 3:54.8 on 12th February 2022 at Lakeside Stadium, Albert Park. Congratulations to David.

Jeff Franklin

| Name | Age Group | Event | Place | Performance | | | | | | | | |
|-------------|-----------|--------------------|----------------|-------------|--|--|--|--|--|--|--|--|
| Douid Croig | Onen | 1500m | 15th - Prelims | 4:03.35 | | | | | | | | |
| David Greig | Open | 5000m | 23rd - B Final | 15:34.32 | | | | | | | | |
| Harry Shaw | Under 20 | 3000m Steeplechase | 13th - Final | 10:16.69 | | | | | | | | |

Australian T&F Championships

| Name | Age Group | Event | Place | Performance | | | | | | | |
|------------------------|-------------------|--------------------|---------------|-------------|--|--|--|--|--|--|--|
| Paige Bukovsan | Women | 400m | 5th - Prelims | 1:06.55 | | | | | | | |
| Palge Bukovsali | Under 16 | 800m | 9th - Prelims | 2:27.87 | | | | | | | |
| | | 400m | 4th - Prelims | 1:09.69 | | | | | | | |
| Kate Bukovsan | Women Under 14 | | 8th - Final | 1:07.91 | | | | | | | |
| | | 800m | 5th - Prelims | 2:40.99 | | | | | | | |
| David Greig | Men Open | 1500m | 9th - Prelims | 4:01.08 | | | | | | | |
| Jack Harper | Under 20 | 400m | 6th - Prelims | 52.03 | | | | | | | |
| Perrin Theocharides | Under 20 | 200m | 5th - Prelims | 23.54 | | | | | | | |
| Finn Knight | Under 20 | 200m | 6th - Prelims | 24.57 | | | | | | | |
| Harry Shaw | Under 20 | 3000m Steeplechase | 6th - Final | 10:24.56 | | | | | | | |
| Alex Linke | Under 18 | 1500m | 15th - Final | 4:27.87 | | | | | | | |

Victorian T&F Championships

Victorian Track Relay Championships

| Team | Age Group | Event | Place | Performance |
|---|-------------------|--|-------------|-------------|
| Perrin Theocharides, Finn Knight, Jack Harper, Owen Dumsday | Men Open | Sprint Medley (200m, 200m, 400m, 800m) | 7th - Final | 3:46.70 |
| Paige Bukovsan, Marli Brenner, Sami Rowe, Kate Bukovsan | Women Under 16 | 4x400m | 4th - Final | 4:43.67 |
| Thomas Langdon, Jack Harper, Josh Philip, David Greig | Men Open | Distance Medley (1200m, 400m, 800m, 1600m) | 2nd - Final | 10:22.21 |



State Silver Medallists in Men's Open Distance Medley (L to R: David Greig, Jack Harper, Thomas Langdon, Josh Philip)

Records Set

| Age Group of | | | New | | | |
|---|--|--------|---------|------------|---|-------------------------------------|
| Record | Name | Event | Record | Date Set | Competition | Location |
| Under 16 Women ¹ | Paige Bukovsan | 800m | 2:34.3h | 4/12/2021 | AVSL Round 4 | Keilor |
| Under 16 Women | Paige Bukovsan | 800m | 2:33.6h | 18/12/2021 | AVSL Round 6 | Meadowglen |
| Under 16 Women | Paige Bukovsan | 800m | 2:27.87 | 25/02/2022 | Vic T&F Champs | Albert Park |
| U16, U18, U20, Open Women ² | Paige Bukovsan | 800m | 2:24.0h | 5/03/2022 | AVSL Final | Albert Park |
| Under 14 Women | Marli Brenner | 800m | 2:35.8h | 5/03/2022 | AVSL Final | Albert Park |
| U16, U18, U20, Open Women ³ | Paige Bukovsan | 1500m | 5:07.2h | 12/02/2022 | AVSL Round 10 | Albert Park |
| Under 16 Women | Paige Bukovsan, Marli Brenner, Sami Rowe, Kate Bukovsan | 4x400m | 4:43.67 | 26/01/2022 | Victorian Track Relay Championships | Lakeside Stadium, Albert Park |

Notes:

1. The previous U16 record of 2:38 was set by Casanndra Grace on 28th November 1998.

2. The previous U18, U20 and Open records of 2:26.2 were set by Lauren Richardson on 13th December 1997.

3. The previous U14, U16, U18, U20 and Open records of 5:08.03 were set by Freya Henriksen on 10th December 2016.

All Time Club Rankings

| Event | Name | Time | Ranking | Date | Location | Competition | | |
|-------|----------------|---------|---------|------------|-------------|---------------|--|--|
| 800m | Paige Bukovsan | 2:24.0h | 1st | 5/03/2022 | Albert Park | AVSL Final | | |
| 1500m | Paige Bukovsan | 5:07.2h | 1st | 12/02/2022 | Albert Park | AVSL Round 10 | | |

AVSL Division 5 Ladder

| | | Cumulative | | |
|-------|-----------------|------------|--------|----|
| Place | Team | Score | Points | |
| 1 | Williamstown | 73,660 | 118 | СР |
| 2 | Ivanhoe | 62,257 | 110 | СР |
| 3 | Maccabi | 38,879 | 96 | СР |
| 4 | Bendigo Uni | 25,643 | 80 | СР |
| 5 | Deakin | 18,203 | 65 | |
| 6 | South Coast | 17,518 | 62 | |
| 7 | Old Xaverians | 12,433 | 52 | |
| 8 | South Melbourne | 11,854 | 45 | |
| 9 | Richmond | 9,041 | 38 | |
| 10 | Shepparton | 2,359 | 12 | |
| 11 | St Stephens | 1,076 | 6 | |

CP Championship Playoff

Division 5 Championship Playoff

| Place | Team | Score | |
|-------|--------------|--------|----------|
| 1 | Ivanhoe | 11,183 | Premiers |
| 2 | Williamstown | 5,075 | Promoted |
| 3 | Maccabi | 4,198 | |



AVSL Results 2021-22

| Name | Event | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | Rnd 7 | Rnd 8 | Rnd 9 | Rnd 10 | Playoffs | Events (Rounds) |
|----------------------|--------------------|---------|---------|---------|---------|---------|---------|----------|---------|---------|----------|----------|-----------------|
| | 100m | | | | | | | 15.24 | | | 15.86 | | |
| | 200m | | | 34.01 | 32.39 | | 33.12 | | | | | 31.11 | |
| | 400m | | 73.16 | | | | | | | | 69.87 | | |
| Marli Brenner (U14) | 800m | | | 2:50.5h | 2:47.3h | | 3:00.7h | 2:50.9h | | | | 2:35.8h | 18 (8) |
| | 1500m | | | | | | | | 5:45.5h | | 6:05.8h | | |
| | 4x100m Relay (U16) | | | | | | | | | | 62.72 | | |
| | 4x400m Relay (U16) | | | | | | | | 4:58.28 | | | 4:45.85 | |
| | 100m | | 16.52 | | | 15.66 | | 15.84 | | 16.10 | 16.68 | | |
| | 200m | 34.67 | | 34.58 | 33.51 | | 32.91 | | 34.44 | | | 31.44 | |
| | 400m | | 76.72 | | | 75.01 | | | | 72.22 | 72.11 | | |
| | 800m | 2:51.7h | | 2:50.1h | 2:48.2h | | 2:43.0h | 2:44.1h | | | | 2:36.3h | |
| Kate Bukovsan (U14) | 1500m | | 5:48.8h | | | 5:46.5h | | | 5:46.3h | 5:48.2h | | | 31 (11) |
| | 3000m | | | | | | | 13:31.6h | | | 12:53.3h | | |
| | Long Jump | | | | | 2.79m | | | | | | | |
| | 4x100m Relay (U16) | | | | | | | | | | 62.72 | | |
| | 4x400m Relay (U16) | | | | | | | | 4:58.28 | | | 4:45.85 | |
| | 100m | | 16.35 | | | 15.72 | | | | | 15.96 | | |
| | 200m | 33.14 | | 33.06 | 31.68 | | 32.49 | | 33.37 | | | 31.27 | |
| | 400m | | 71.03 | | | 67.34 | | | | 67.62 | 67.82 | | |
| | 800m | 2:40.6h | | 2:38.1h | 2:34.3h | | 2:33.6h | | | | | 2:24.0h | |
| Paige Bukovsan (U16) | 1500m | | 5:30.3h | | | 5:14.8h | | | 5:17.4h | 5:14.1h | 5:07.2h | | 28 (10) |
| | 3000m | | | | | | | | | | | | |
| | Long Jump | | | | | 3.38m | | | | 3.19m | | | |
| | 4x100m Relay (U16) | | | | | | | | | | 62.72 | | |
| | 4x400m Relay (U16) | | | | | | | | 4:58.28 | | | 4:45.85 | |
| | 100m | | | | | | | 16.29 | | | 16.57 | | |
| | 200m | | | | | | | | | | | | |
| | 400m | | | | | | | | | | 77.25 | | |
| Sami Rowe (U14) | 800m | | | | | | | 3:04.1h | | | | 2:55.2h | 12 (4) |
| Salli Rowe (014) | Long Jump | | | | | | | 3.08m | | | | | 12 (4) |
| | Triple Jump | | | | | | | | 7.81m | | 7.91m | 8.02m | |
| | 4x100m Relay (U16) | | | | | | | | | | 62.72 | | |
| | 4x400m Relay (U16) | | | | | | | | 4:58.28 | | | 4:45.85 | |
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| Name | Event | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | Rnd 7 | Rnd 8 | Rnd 9 | Rnd 10 | Playoffs | Events (Rounds) |
|--------------------|---------------------|----------|---------|-------|---------------|---------------|------------|----------|---------|-------|----------|----------|-----------------|
| | 100m | | 13.99 | | | 14.11 | | 13.88 | | 13.55 | 14.06 | | |
| | 200m | 29.23 | | 31.28 | 28.67 | | 29.25 | | 27.96 | | | 29.09 | |
| | 400m | | 66.36 | | | 66.94 | | | | 64.94 | 63.23 | | |
| | 800m | | | | 2:53.7h | | 2:50.3h | | | | | | |
| | 1500m | | | | | | | | 6:28.7h | | | | |
| | 3000m | 14:16.1h | | | | | | | | | | | |
| | 110m Hurdles (99cm) | | 23.33 | 23.59 | | 23.09 | 23.21 | 23.14 | | | | | |
| David Burke (40+) | 400m Hurdles (91cm) | 80.13 | | | 79.89 | | | | 78.04 | 78.79 | 78.29 | | 55 (11) |
| | High Jump | 1.50m | | 1.50m | 1.50m | | 1.55m | 1.52m | | | | 1.60m | |
| | Long Jump | | 4.48m | 4.52m | | 4.25m | | 4.64m | | 4.75m | | | |
| | Triple Jump | | | | | | | | 9.76m | | | 10.10m | |
| | Discus (2kg) | | 18.08m | | | | | | | | 19.95m | | |
| | Shot Put (7.26kg) | 6.03m | | 7.01m | 6.56m | | 6.72m | 6.58m | | | | 6.65m | |
| | Javelin (800g) | | 18.01m | | | 19.98m | | | 21.03m | | 25.59m | | |
| | 4x400m Relay (Open) | | | | | | | | | | | 4:21.33 | |
| | 800m | | | | | | | 2:32.5h | | | | 2:28.1h | |
| | 1500m | | 5:07.6h | | | 5:07.0h | | | | | | | |
| : | 3000m | 11:23.5h | | | 11:19.1h | | | 11:22.4h | | | 10:49.0h | 10:50.1h | 12 (7) |
| | Shot Put (6kg) | | | | | | | 6.14m | | | | 6.74m | |
| | 4x400m Relay (Open) | | | | | | | | | | | 4:21.33 | |
| | 200m | | | | | | | | 24.98 | | | | |
| | 800m | | | | | | 1:57.6h | | | | | 1:57.6h | |
| David Greig (Open) | 1500m | | 3:59.9h | | | 4:10.9h | | | | | 3:54.8h | | 10 (7) |
| | 3000m | 8:55.1h | | | | | 9:35.9h | | | | | 9:01.6h | |
| | 4x400m Relay | | | | | | | | | | | 4:21.33 | |
| 0 | 800m | | | | | | 2:08.2h | | | | | | 2 (1) |
| Owen Dumsday (U20) | 4x100m Relay | | | | | | 47.15 | | | | | | 2 (1) |
| | 100m | | 12.00 | | | 11.68 | | 12.26 | | | | | |
| | 200m | 23.70 | | | | | 24.04 | | 23.46 | | | 24.68 | |
| | 400m | | 51.13 | | | | | | | 51.58 | 50.83 | | |
| Jack Harper (U20) | 800m | | | | | | 2:08.7h | | | | | 2:15.6h | 15 (9) |
| | 4x100m Relay | | | | | | 47.15 | | | | | | |
| | 4x200m Relay | | 1:39.45 | | | | | | | | | | |
| | 4x400m Relay | | | | | | | | | | | 3:51.10 | |
| | 100m | | 11.98 | () | DQ - False st | art) 11.71 | | | | | | | |
| | 200m | 24.15 | | · · | | DQ - False st | art) 24.86 | | 23.71 | | | | |
| | 400m | _ | 54.27 | | ``` | | , | | - | | 54.26 | | |
| Finn Knight (U20) | Long Jump | | | | | | | | | 4.98m | - | | 10 (7) |
| | 4x100m Relay | | | | | | 47.15 | | | | | | |
| | 4x200m Relay | | 1:39.45 | | | | | | | | | | |
| | | | 2.00.10 | | | | | | | | | | |
| | | | | | | | | | | | | | |

| Name | Event | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | Rnd 7 | Rnd 8 | Rnd 9 | Rnd 10 | Playoffs | Events (Rounds) |
|----------------------|---------------------|----------|---------|----------|----------|---------|----------|----------|---------|---------|---------|----------|-----------------|
| | 200m | | | | | | | | 27.18 | | | | |
| Themas Longdon (U20) | 1500m | | 4:26.6h | | | | | | 4:18.3h | | 4:11.5h | | C(A) |
| Thomas Langdon (U20) | 3000m | | | | | | 9:33.5h | | | | | | 6 (4) |
| | 4x200m Relay | | 1:39.45 | | | | | | | | | | |
| | 400m | | | | | 60.43 | | | | 61.48 | | | |
| | 800m | | | | | | 2:07.7h | | | | | 2:11.5h | |
| Ben Morrison (U20) | 1500m | | 4:34.7h | | | 4:21.3h | | | | 4:23.3h | 4:24.0h | | 11 (6) |
| | 3000m | | | | | | 10:34.9h | | | | | 9:31.8h | |
| | 4x400m Relay | | | | | | | | | | | 3:51.10 | |
| | 200m | | | | | | | | 25.35 | | | | |
| | 800m | | | | | | 2:05.7h | | | | | | |
| Josh Philip (U20) | 1500m | | | | | | | | 4:38.7h | | 4:10.8h | | 6 (4) |
| | 3000m | | | | | 9:50.35 | 10:16.0h | | | | | | |
| | 100m | | | | | | | | | | 13.29 | | |
| Charles Shea (U20) | 200m | | | | | | 26.69 | | | | | 26.01 | - (1) |
| | 800m | | | | | | | 2:22.4h | | | | 2:15.8h | 7 (4) |
| | Shot Put (6kg) | | | | | | 6.07m | | | | | 7.12m | |
| 100 | 100m | | | | | 11.51 | | 11.65 | | | | | |
| | 200m | 25.02 | | | | | 24.41 | | 23.11 | | | 23.81 | |
| Perrin Theocharides | 400m | | | | | 55.41 | | | | | 55.10 | | |
| (U20) | 4x100m Relay | | | | | | 47.15 | | | | | | 11 (8) |
| | 4x200m Relay | | 1:39.45 | | | | | | | | | | |
| | 4x400m Relay | | | | | | | | | | | 3:51.10 | |
| | 200m | | | 28.30 | | | | | 26.62 | | | | |
| | 400m | | | | | | | | | 58.92 | | | |
| | 800m | 2:10.4h | | 2:10.9h | 2:10.5h | 2:06.46 | | 2:08.72 | | | | 2:11.1h | |
| Alex Linke (U18) | 1500m | | 4:32.57 | | | | 4:28.87 | | 4:26.8h | 4:18.7h | | | 19 (10) |
| | 3000m | 9:57.9h | | 10:04.6h | | 9:47.98 | | 10:02.42 | | | | 9:30.5h | |
| | 4x400m Relay (U20) | | | | | | | | | | | 4:21.33 | |
| | 200m | | | | 32.90 | | | | | | | | |
| | 400m | | 75.95 | | | | | | | | | | |
| Charlie Baker (U16) | 1500m | | 5:28.1h | | | | | | 5:33.3h | | | | 6 (4) |
| | 3000m | 11:53.5h | | | 11:29.7h | | | | | | | | |
| | 800m | 2:26.6h | | | 2:22.2h | | 2:24.8h | 2:28.1h | | | | 2:25.6h | |
| | 1500m | | | | | | | | 4:54.0h | 4:52.50 | 4:54.8h | | |
| Harley Mileto (1116) | 3000m | | | | 10:25.9h | | 11:17.9h | | | | | 10:07.7h | |
| | 4x400m Relay (Open) | | | | | | | | | | | 4:21.33 | |
| Leo Worsam (U16) | 800m | 2:13.6h | | | | | | | | | | | 1 (1) |