

IVANHOE HARRIERS ATHLETIC CLUB INC.

ESTABLISHED 1914



Annual Report 2009/2010

IVANHOE HARRIERS ATHLETIC CLUB INC.

No.0016530V

Established 1914

Affiliated with Athletics Victoria

Season 2009/2010

COMMITTEE

Executive

President: Peter Rule
Treasurer: John Wallis

General

David Burke James Lynch
Gary Pegg Steven Pegg
Peter Seccombe Annette Welsh

LIFE MEMBERS

Peter Bethell, Dr. John Boas, George Bolwell (dec), Noel Burrows, Chris Cole, Andrew Edney, Tim Erickson, Jeff Franklin, Mal Gleeson (dec), Lew Hall (dec), Tom Hancock, Mike Hennessey, Brian Hodgson, Gary Holliday, Gary Honey, Jack McCann (dec), Ron Mill (dec), F.H. "Bill" Pizzey (dec), Phil Ramsay, Peter Rule, Wendy Russell, Ron Stephens (dec), John Wallis, Alf Watson (dec)

ATHLETICS VICTORIA LIFE MEMBERS

Brian Hodgson, Bill Pizzey (dec)

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Minutes of Previous AGM

Minutes of the IVANHOE HARRIERS 2009 AGM held on the 1st May 2009.

Present: 26 members and family; including 2008/09 committee members (Rob Craigie, Peter Rule, John Wallis, Patricia Rogers)

Apologies: Chris Cole, Gary Honey, David Burke, Dane McDonough, Alastair Morgan, Sarah Dosen, Josh Philip, Tom Hancock, Russ O'Connor, Annette Welch.

Meeting commenced: 8.45 pm

President's Welcome: Rob Craigie welcomed everyone to the AGM and thanked the committee for their work throughout the last 12 months and all those who had helped organise the evening.

Previous AGM Minutes: no business arising, and minutes were passed. Moved: John Wallis, Seconded: Glen Nicholson.

President's Report: Rob Craigie spoke to the report printed in the Ivanhoe Harriers Annual Report. Including: failed merger with DVAC, thanks to the IH Coaches, and acknowledgement of Peter Bethell's 70 years of outstanding service to IH. Rob indicated that he would not be seeking re-election.

Treasurer's Report: John Wallis spoke to the report printed in the Ivanhoe Harriers Annual Report. Report period 1/4/08 to 31/3/09. Financial statements subject to audit were included in the printed Ivanhoe Harriers Annual Report which John Wallis referred to during his presentation.

Moved: John Wallis, Seconded: John David. Treasurer's Report was accepted.

Special mention was made in regard to the income from our Bingo Permit; this income will stop this November 2009.

Other Reports included in Annual Report:

2008 Winter Cross Country Report prepared by John David
2008/09 Men's Track & Field Report prepared by Ian Rogers
2008/09 Women's Track & Field Report prepared by Patricia Rogers
Including Club Records & Victorian Championship results.
The reports were tabled as printed in the Ivanhoe Harriers Annual Report.

Election of Office Bearers: The following Office Bearers were elected unopposed:

President: Peter Rule (nominated: John Wallis, seconded: Rob Craigie)
Treasurer: John Wallis (nominated: Peter Rule, seconded: Peter Bethell)
Secretary: unfilled

General Committee: Stephen Pegg (nominated: Peter Rule, seconded: John Wallis)
Gary Pegg (nominated: Peter Rule, seconded: John Wallis)
Peter Seccombe (nominated: Peter Rule, seconded: John Wallis)
James Lynch (nominated: Peter Rule, seconded: Stephen Pegg)
David Burke (indicated his willingness to continue on committee)

Nominations for Life Membership: None

General Business: A question was raised re Sausages Sizzles for fundraising. It was said that Sausage Sizzles had been a good source of fundraising in the past, however, no-one had been

willing to take the co-ordination role in the last year and that they were often onerous for a few members of the club. If someone was willing to take on the co-ordination, IH would be happy to resume Sausage Sizzles as a fundraising activity.

Address by President-elect; Peter Rule:

- Acknowledged work done by Rob Craigie. Rob had stayed an extra year to help steer the club through the possible merger with DVAC. On behalf of IH Club thanked Rob for all his work and leadership,
- Thanked Patricia Rogers for work as Secretary as she was stepping down from the committee.
- Thanked John Wallis for his work in a variety of roles but especially Treasurer. Without John's efforts over many years IH wouldn't have been able to continue,
- Thanked new committee members for nominating. IH would be unable to continue without a committee,
- Need to look to the future; big picture, streamline administration, improve ethos of club: belonging, past member, involvement with community.
- Survival; need for more members and financiers. Current membership not viable; challenged each member to recruit one new member,
- Finances; without Bingo income IH finances will be dire. New sources of income will need to be found and club membership fees are now due.

Meeting Closed: 9.30 pm followed by the presentation of Club Trophies.

Patricia Rogers – Ivanhoe Harriers Club Secretary

President's Report

Twelve months ago, at last year's annual meeting, when I became President, I said that the two most important issues for our survival were membership and finances.

Together with the committee, we have made a start in turning around the decline in numbers that threatened the viability of the club. In 2009/10 we recruited eight new members (not all of whom competed for us in shield competition) and were able to re-sign all members from the previous year except for one.

We conducted a pole vault clinic, and have taken steps to raise our awareness with Diamond Valley Little Aths. At present, we are negotiating a dual membership scheme with them. These programmes will hopefully bear fruit in the future, but we all need to do more to increase our numbers.

Despite the conclusion of our very lucrative Bingo involvement, we have been able to have a successful year financially.

A large part of our expenditure is the fees paid to the Willinda Club for the use and upkeep of the track and pavilion. We were paying the same amount as Diamond Valley Athletic Club, \$320.00 per month, despite having a lot fewer users of the facility. We were able to re-negotiate this fee, so we are now paying \$190.00 per month, a huge saving for us.

We also applied for, and obtained two government grants, each of over \$1000, for payment of coaching courses, and for clothing (T-shirts etc). The funds can only be expended for the specific purposes, but they will enable us to increase the number of coaches, and improve the look of our teams.

Thanks to Lyndall Green, we ran a Comedy Night, which raised over \$1000. It was also a good night to promote the club, and as a social function, so it was successful in a number of ways. I also said last year that I wanted to set in place plans for our future, and establish programmes to get there. The committee has been working through an Issues and Options paper covering all aspects of the life of the club. This is an on-going project.

As well, I wanted to improve the ethos and culture of the club, and I believe that the comradeship of the athletes at competition and training has improved this season.

A start has been made, but much more needs to be done before the future of the club is assured. I have to say that "we are not out of the woods yet".

On behalf of the club, I want to thank the committee for the time and effort they have spent for the club, and the athletes, and for their support and assistance to me. Thanks to John Wallis, David Burke, James Lynch, Gary Pegg, Stephen Pegg, Peter Seccombe and Annette Welch.

In addition, David Burke represented the club at Eastern Region meetings, and Peter Seccombe was our representative on the Willinda Park committee. Thanks to them. David Burke has also continued to look after our web site and is currently undertaking a re-vamp that should enhance our communication and image.

This year, John Wallis was Treasurer, Secretary and Registrar. Without him agreeing to take these positions, the club would have had to disband twelve months ago. He has now decided to retire from the committee. He first became club treasurer in 1988, and has been a foundation of the club since then, with his quiet efficiency and willingness to do any number of jobs. He is also a registered official who helps out at Shield, Championships and Cross-Country. He is a life member of the club. Thank you for all you have done for the club over the years. We will miss you.

After our men's Division 3 premiership, we were promoted to Division 2 this season, and we remained very competitive, making the venue final, only to fall short on the day. Our women's team suffered from lack of numbers, which we are trying to rectify, but the competitions were enjoyable and fulfilling for the athletes.

Thanks to our team managers, Ian Rodgers and Trisha Rodgers, who under difficult circumstances due to Trisha's operations, performed their roles with much cheerfulness, being very helpful to the athletes.

Given our small membership, it was gratifying to see such a large contingent of our athletes qualify for, and compete in the Australian Junior Championships in Sydney. All acquitted themselves with distinction, but mention should be made of James Alavuk, who became Australian Champion in the Under 14 pole vault, and Lewis Seccombe who won a bronze medal in the Under 18 vault.

John David again organised the officials we were required to provide with his usual conscientiousness. Thanks John. Thanks also to registered officials, Jill Wallis and John Wallis, and all those who helped officiate when they were needed, often with short notice. These included Phil Ramsay, Ian and Trisha Rodgers and Lyndall Green.

John David has also kept the cross-country team together as team manager, and we thank him for his commitment to this vital part of the club.

The club is indeed fortunate to have one of the most pre-eminent coaches in the country – John Boas. John is always willing to share his vast experience and knowledge, and is a great benefit for all members of the club – and coaches. Thanks John, for your continued service to the club. I cannot imagine Ivanhoe Harriers without John Boas.

We have plans in place for more coaches for the club. Joshi Philip has agreed to coach throwers, and James Lynch (distance) and Ian Rodgers (sprints) intend to obtain coaching qualifications as soon as possible. This should enable our coaches to cover all events (except walks).

I would also like to thank Lyndall Green for her help to me and the club this year. Lyndall started South Coast Athletics, and is still the prime mover in the club, but still found time to assist us. She organised the Comedy Night, pointed me in the direction of the government grants on offer, and helped us out at shield competition.

As I said last year, for the club to be successful, everyone's help is needed, not just those mentioned here. Please consider what you can do to help, so that the club continues to grow, and the athletics experience is greater for all concerned.

Peter Rule.

Treasurer's Report

IVANHOE HARRIERS ATHLETIC CLUB INC

STATEMENT OF RECEIPTS & PAYMENTS FOR THE YEAR ENDED 31ST MARCH, 2010

	2010	2009
Opening Balance		
- General Brought Forward	\$ 1,453.00	\$ 3,573.00
- ING Account Brought Forward	\$ 10,482.00	\$ 7,010.00
	\$ 11,935.00	\$ 10,583.00
 Plus Receipts		
Competition		
A.V Registrations (Contra)	\$ 650.00	\$ 660.00
Club Fees	\$ 1,450.00	\$ 1,065.00
Donation - Cross Country	--	--
Uniforms	\$ 60.00	--
Refund AV Fees	\$ 105.00	\$ 105.00
 Fundraising/Social		
Sausage Sizzle	---	--
Chocolate Drive	--	--
Donation	\$ 55.00	\$ 160.00
Comedy Night	\$ 3,760.00	--
 Other		
Bingo Permit Dividends	\$ 3,612.00	\$ 4,800.00
Bank Interest	--	\$ 11.00
ING Account Interest	\$ 384.00	\$ 472.00
Refund Advertising	--	\$ 275.00
Refund Bank Fees	\$ 60.00	
Grant for Uniforms	\$ 1,000.00	
Grant for Coaching	\$ 1,200.00	
 Total Receipts	<u>\$ 12,336.00</u>	<u>\$ 7,548.00</u>

Less Payments

	2010	2009
Competition		
A.V. Registrations (Contra)	\$ 650.00	\$ 660.00
Cross Country Entry	\$ 385.00	\$ 370.00
A.V. Affiliation	\$ 400.00	\$ 380.00
Coaching & Officials Fees	\$ 200.00	\$ 345.00
Uniforms	--	--
Refund Fees	--	\$ 85.00
Finance		
Loan Repayments Banyule Council	\$ 4,833.00	\$ 500.00
General		
Annual Return	\$ 40.00	\$ 39.00
Trophies	\$ 340.00	\$ 300.00
Bank Charges	\$ 120.00	\$ 113.00
Postage	--	--
Hand Book	--	--
Fund Raising/Social		
AGM Expenses	\$ 77.00	\$ 74.00
Comedy Night	\$ 2,705.00	
Miscellaneous		
Willinda Club Rent	\$ 2,368.00	\$ 3,280.00
Flowers, Cards, Fruit, etc.	\$ 50.00	\$ 50.00
Total Payments	<u>\$ 12,168.00</u>	<u>\$ 6,196.00</u>
Club Funds as at 31st March, 2010		
General Account	\$ 3,237.00	\$ 1,453.00
ING Account	\$ 8,866.00	\$ 10,482.00
	<u>\$ 12,103.00</u>	<u>\$ 11,935.00</u>

NOTES;

- 1 Hold Uniform Stock \$500
2. Loan to Banyule City Council of \$4,833.00 was paid out in full during the year.
3. Included in Bank Balance is a grant of \$1,000.00 for uniforms.
4. Included in Bank Balance is a grant of \$1,200.00 for coaching

John W. Wallis, F.C.P.A.
Hon. Treasurer
04/04/10

Cross Country Report

Winter Season Cross Country Report for 2009.

26th March 2010

Although our winter team numbers were down and we couldn't fill some of the longer distance races, we still managed to finish 12th out of 19 teams, which is respectable.

We only had one team competing during the season being our Men's Div 5 - involving James Lynch, Chris David, John David, Chris Struve, David Burke and the welcome addition of Katrina Philip.

Although Katrina sometimes felt pressured competing against the Men, she had a very competitive season with strong performances, and was a joy to have running in our group.

James again continued to improve his performance on top of last year's efforts, and is now feeling a lot more comfortable running some of the longer distances.

Details of the individual results were:

Rnd 1) 18/4/09-Jells Park Relays (4x6km)

- James Lynch : 22.08
- Chris David : 28.36
- Chris Struve : 30.34
- John David : 31.09

Rnd 2) 9/5/09-Lardner Park (8km)

- James Lynch : 31.37
- Katrina Philip : 40.48
- Chris Struve : 43.29
- John David : 43.48

Rnd 3) 30/5/09-Sandown Classic Road Race (10km)

- James Lynch : 37.43
- Katrina Philip : 47.36
- Chris David : 50.21
(not a full team).

Rnd 4) 20/6/09-Lake Wendouree (15km)

No athletes competed.

Rnd 5) 4/7/09-Coliban Ekiden Relays

- John David : 29.31 (5.5km)
- David Burke : 35.04 (6km)
- James Lynch : 31.52 (8.4km)
- Chris David : 39.52 (7.9km)
- Chris Struve : 24.55 (5.1km)

Rnd 6) 18/7/09-Bundoora Park (12km).

- James Lynch : 46.39
- Katrina Philip : 1.00.17
- John David : 1.02.59
- Chris Struve : 1.08.30

Rnd 7) 1/8/09-Geelong CC Race (16km)

No athletes competed.

Rnd 8) 8/8/09-Sandown Road Relays (4x6.2km)

- James Lynch : 22.28
- John David : 30.03
- David Burke : 32.54
- Katrina Philip : 28.06

Rnd 9) 6/9/09-Burnley Half Marathon (21.1km)

- John David : 1.53.48
(not a full team)

Rnd 10) 19/9/09 -Tan Relays (3.8km)

- Katrina Philip : 16.19
- Chris David : 17.58
- David Burke : 18.40
- James Lynch : 14.37

The final ladder for our division for the 2009 CC season was:

<i>Men Division 5</i>											
Club	Rd1	Rd2	Rd3	Rd4	Rd5	Rd6	Rd7	Rd8	Rd9	Rd10	Total
1 Bendigo Region 2	17	20	20		20	18	20	20	20	20	175
2 Box Hill 3	18	18	18	16	17	20	13	17	17	18	172
3 South Coast Athletics	13	15	14	18	15	17	15	18	16	13	154
4 Eureka 2	15	14	16	20	18	15	14	16		17	145
5 Traralgon Harriers 2	14	17	17	17	8	16	12	10	15	10	136
6 Athletics Waverley 2	16	16	15	14	12	14	17	15		15	134
7 Coburg Harriers 3	5	9	11	12	10	8	11	11	12	9	98
8 Melbourne Uni 3		13				11	18	12	18	14	86
9 South Melbourne 2	10	10	9	13		12		9	13	6	82
10 Collingwood Harriers 5	11	8	8		9	9		14		11	70
11 APS United 3	7		13			13			14	16	63
12 Ivanhoe Harriers	9	11			11	10		7		7	55
13 Ballarat Harriers 2				15	14		16				45
13 Western Athletics 3	6		10		16			13			45
15 Malvern Harriers 3	8		12		13					8	41
16 Doncaster 2	20									12	32
16 Williamstown		12						8			20
18 Sandringham 4	12										12
19 Mornington Peninsula 2											0

The results for the Ivanhoe Harriers trophy score for this season were:

J Lynch:35, J David:22, K Philip:20, C David:15, C Struve:14, D Burke:14, Jill Wallis:3, John Wallis:3, S Pegg:3.

Congratulations to James for being awarded the IH Statewide Trophy winner for 2009 which is well deserved.

Thanks to all of our athletes that competed this season and especially to David Burke, Jill & John Wallis and Stephen Pegg who acted as volunteers in order for us to fulfill our club duties.

I wish Ivanhoe Harriers all the very best for the 2010 Winter Season and would encourage all athletes to consider participating in Cross Country which I'm sure you will find very enlightening in many ways.

John David (Ivanhoe Harriers Winter Team Manager).

Women's Team Report

Summer 2009/10

Once again, Ivanhoe Harriers has had a very few female competitors. Our women competitors numbered 6, and of these, only 2 competed in more than half the available rounds of Shield competition.

We were pleased to have 2 new women athletes competing for the club this season; Alana Green and Anna Wiseman. Alana had been a member of Ivanhoe Harriers in the previous season, but not a competing member. This season she decided to register IH as her second claim club, and she competed in the Pole Vault and Long Jump over 6 rounds of Shield competition. Anna is a new Pole Vault athlete for IH and she competed in rounds 6 & 9.

Our 4 other female athletes were; Christine Rogers, Katrina Philip, Maddie Heather and Alison Rogers. Christine returned to competition after an enforced absence the previous season, and she struggled to find form until the end of the season. However, like many of our women, Christine competed in the Championships and reached season bests at both the Victorian and Australian U/20 championships. Christine competed in the most number of Shield rounds of any of our women this season.

Katrina Philip and Maddie Heather both competed in 4 rounds of the Shield competition; Maddie in Pole Vault and Katrina in 200, 400, 800 & 3,000. Alison Rogers competed at the start of the season, however, part-time work prevented her from competing in more than 3 rounds.

The Div 2 Women's Team did not make the East Region Final. However, given our small number of athletes and the small number of events contested, we scored remarkably well, finishing in 6th place on the ladder.

The IH Website has a comprehensive review of our girls' performances in the State and National Championships, and is proof to the quality of our athletes. It needs to be mentioned that Katrina Philip has also been competing in many State and National Masters Championship events, and has proved herself to be an excellent athlete in her age group. Katrina always competes in a number of middle to long distance running events and is usually in medal contention.

I feel that I have been somewhat erratic this season in my team managing. This is largely due to my having 2 lots of Hip Replacement surgery, which prevented me from being at any competition after Round 7. During the early rounds I felt like an absent team manager because I was needed to fulfil our Club Duty requirements, and was away from our Club area for a good part of the competitions. Whoever takes over the Team Manager positions next Summer will need to be able to be a presence in the Club Area throughout the afternoon. Ian and I will continue to help with the Club Duties.

PATRICIA ROGERS - Women's Team Manager

Men's Team Report

Season 2009/2010

Ivanhoe Harriers Men's newly elevated B Division Team performed credibly this season. We finished third with 125 points in the Division final, out performing Old Xaverians, 121, but being beaten by stronger teams from Athletics Nunawading 157 and Old Scotch Collegians, 167. Most heartening was the strong commitment from our younger senior athletes.

There were 16 athletes who competed for the club throughout the 2009/2010 season. Glen Nicholson competed in all 11 rounds, so too did James Lynch and David Burke. This effort was closely followed by Todd Dawson, 9 and Stephen Pegg, 8, along with Phil Ramsay.

Glen Nicholson had the club's top performances in the 100 m and the Long and Triple Jump. Glen competed well in 8 different disciplines this year and was a welcome addition to the 200, 400, Shot, Javelin and Discus and relay. This was a great team effort and wonderful support for the club helping us reach the Shield final.

David Burke competed in 13 different events this year, with good solid and dependable performances in every one. David's strong, consistent and reliable performances in 100, 200, 400, 800, HJ, LJ and Shot, Discus and Javelin was a great part of why we made the finals this year and did so well. Thanks David.

James Lynch again competed every week over the season in 14 different events. James provided the backbone of our team's good performance with much needed work in long distance events, such courage to complete 3000 and 5000 events after doing 800 or 1500, and in between the Shot, Discus and Javelin, High Jump. Again this was a major reason why we made the finals.

Todd Dawson and Stephen Pegg, competed in 9 and 8 rounds respectively, across a range of events. Todd in 7 and Stephen in 4. Their great performances in their pet events and the additional work they did across others helped us to compete credibly in the final.

Phil Ramsay what can I say? Ever reliable and solid in your sprints. Well done again for a great season and managing 8 rounds of competition.

The Philip clan also demonstrated a strong presence, with Josh having had success at the National Student Games in the Decathlon. Josh competed in 11 events; Josh has shown himself to be a strong versatile athlete. Ritchie competed in the sprints and saw good improvement in his performance over the season. Josh also introduced Ben Neal to the club and Ben competed in Shot, Discus and Hammer with distinction. Welcome aboard Ben.

Tim Welch, James Alabuk and Lewis Seccombe worked away in their chosen specialisation, the Pole Vault, with distinction, and they also did one stint in a relay, well done lads.

Rob Weller and John David; Rob competed in four track events, 1, 2, 4 and 800 and John did the longer events starting with the 800, 1500, 3000 he also did the long jump, hammer and Javelin. Thanks guys, your work is really appreciated. Yours truly had a patchy season with his wife getting a couple of new hips, but I managed to get in 4 rounds with a 100, 200 and long jump.

Ian Rogers.

Shield 09/10 Best Performances

Name	100	200	400	110H	800	1500	3000	LJ	HJ	TJ	SP	DT	HT	JT	PV	400H	Relays	5000
() No. Of rounds competed.																		
Alana Green (6)								5.27							3.4			
Alison Rogers (3)											5.9		14.18					
Anna Wiseman (2)															1.95			
Ben Neal (6)											12.88	43.22	23.25					
Christine Rogers (7)	13.75	28.73						4.93			4.92							
David Burke (11)	12.73	25.65	57.35	21.3	2:36.6		14.42.4	5	1.8	10.07	7.63	23.92		24.46		70.09	6	
Glen Nicholson(11)	11.66	24.17	58.6					6.86		13.14	9.06	18.36		32.09			3	
Ian Rogers(4)	13.17	26.41						5.21										
Jacob (Ritchie) Philip (4)	12.81	25.8															2	
James Alavuk (2)															2.6			
James Lynch(11)	13.27	26.05	58.68		2.12.2	4.37.5	10.00.1	4.83	1.35	9.12	7.35	22.06	12.35	21.48			5	17.26.7
John David(5)					3.04.1	6.12.0	14.09.3	3.88					9.16	17.67				
Josh Philip (4)	12.3		54.4	16.16				5.89	1.72	11.6	11.09	34.95	52.43	41.71			1	
Katrina Philip (4)		31.82	72.13		2.53.4		13.23.9											
Lewis Seccombe (3)															3.7		1	
Madi Heather(4)															3.3			
Phil Ramsay(8)	15.63	32.33															1	
Rob Weller (4)	12.49	25.79	55.1		2.12.64												2	
Russ O'Connor(3)																		
Stephen Pegg(8)	11.94	23.66	52.9					5.45										6
Tim Welch (5)														nd	3.45		1	
Todd Dawson (9)	12.39	24.81	65.5					5.59	1.85					43.11	4.55		3	

Does not include Championship Results.