

IVANHOE HARRIERS

ATHLETIC CLUB INC.

EST 1914



***Ivanhoe Harriers celebrates 50 years of passionate service by
Dr John Boas***



Annual Report 2007/2008

IVANHOE HARRIERS ATHLETIC CLUB INC

No.0016530V

Established : 1914

Affiliated with Athletics Victoria

Season 2007/2008

EXECUTIVE

President:	Rob Craigie
Vice-President:	Peter Rule
Vice-President:	Aylean O'Connor
Secretary:	Patricia Rogers
Treasurer:	John Wallis (also Club Registrar)

COMMITTEE

David Burke
Chris Struve
Russ O'Connor

LIFE MEMBERS

Jack McCann (dec), ron Mill (dec), Mike Hennessy, Ron Stephens, Alf Watson (dec), Peter Bethell, Noel Burrows, Lew Hall (dec), George Bolwell (dec), John Boas, Gary Holliday, Jeff Franklin, Mal Gleeson (dec), Chris Cole, Tim Erickson, Bill Pizzey (dec), Tom Hancock, Gary Honey, Andrew Edney, Wendy Russell, Phil Ramsay, Brian Hodgson, Peter Rule, John Wallis.

ATHLETIC VICTORIA LIFE MEMBERS

Bill Pizzey (dec), Brian Hodgson.

“IVANHOE HARRIERS ATHLETIC CLUB”

Minutes of the IVANHOE HARRIERS 2007 AGM held on the 12th May 2007.

Present : Lew Hall family (Barbara & children) = 3, + 36 members, families & friends + 7 committee members being R Craigie, A O’Connor, P Rogers, J David, J Wallis, C Struve & D Burke. Total attendance = 46.

Apologies : A Edney, J Edney, J Boas, Jill Wallis, K Oakley, K Bates & P Ramsey.

Meeting started : 9.13 pm

Presidents Welcome : **Rob Craigie** welcomed everyone to this important social occasion and especially welcomed members of the Hall family for their attendance.

Previous AGM Minutes: no business arising, and minutes passed.

Moved: T Rogers, Seconded : A O’Connor.

Presidents Report: **Rob Craigie** referred to the president’s report printed in the Ivanhoe Harriers Annual Report.

Treasurers Report : John Wallis:

Report period 1/4/06 to 31/3/07.

Financial statements subject to audit were included in the printed Ivanhoe Harriers Annual Report which John Wallis referred to during his presentation.

Moved : J Wallis, Seconded : A O’Connor.

Special mention was made regarding the sausage fundraising effort resulting in \$4,200 being raised which was excellent, and special thanks was given to Aylean O’Connor for organizing this.

Balance = \$7,926 (approx \$1,000 more than last year) which is an excellent outcome.

Team Managers Reports:

These were prepared by-

Summer Men (excl U18) : Aylean O’Connor,

Summer Men U18 : Gary Pegg,

Summer Women : Patricia Rogers,

Winter Season : Mark Worsnop.

The reports were tabled as printed in the Ivanhoe Harriers Annual Report.

Election of Office Bearers:

The following Office Bearers were nominated/re-elected:

President: R Craigie	Moved: A O'Connor	Seconded: K Philip,
Vice President : A O'Connor	Moved: R Craigie	Seconded: I Rogers,
Vice President : P Rule	Moved: R Craigie	Seconded: G Pegg.
Secretary : P Rogers	Moved: R Craigie	Seconded: K Philip,
Treasurer: J Wallis	Moved: R Craigie	Seconded: J David,

General Committee Members:
-David Burke (re-elected)
-Chris Struve (re-elected)
-Rusty O'Connor (new).

Other Business: NIL

Life Membership:

Presented to John Wallis for his outstanding record and commitment to the club over a long period of time.

Moved : R Craigie Seconded: A O'Connor.

Meeting closed : 9.32pm followed by the presentation of Club Trophies.

John David- Ivanhoe Harriers Club Secretary.

PRESIDENT'S REPORT

The past year for Ivanhoe Harriers (IH) has been notable for a number of milestones, despite some weakening in member numbers.

The highlight of the year, from my perspective, was the celebration of John Boas' 50 years with Ivanhoe Harriers on Sunday 24 November at Willinda Park. The luncheon included some insightful and very honest tributes to John's dedication to athletics, coaching and to Ivanhoe Harriers. The speaking list included three of John's former athletes: Ian Campbell (Triple Jump, 1980 Moscow Olympics); Gary Honey (Long Jump, 1980 Moscow, 1984 Los Angeles & 1988 Seoul Olympics); and Tim Erickson (Walks, 1978 Edmonton & 1982 Brisbane Commonwealth Games); plus Tom Hancock (our throws coach, who has an outstanding record of athletics achievement and service). Except for two or three who sent apologies, every other living Life Member of the club was present – acknowledging the impact that John has had on the Club and on many athletic careers.

The number of registered Ivanhoe Harriers' athletes during 2007-08 was 41, down from 55 in the previous year. It has remained a constant challenge to increase membership. Total Ivanhoe Harriers' membership, including coaches, officials and non-competing committee members, during 2007-08 was around 50.

Despite weaker participation during the summer season, a number of Club records were set during 2007-08, including: Sarah Dosen (Women's Open 100m, 200m, 400m), Christine Rogers (Women's U16/U18 LJ), Josh Philip (Men's Hammer 7.2kg) and Ian Rogers (Men's 50+ LJ). The best championship result was produced by Josh Philip (at 20 years of age), who came 5th in the Open hammer throw at the Australian Championships and Olympic Selection Trials.

Early in 2007, I had initiated **a strategic review of Ivanhoe Harriers** to ensure that all decisions we take as a Club are soundly based and in the best overall interests of Club members. Of all the options considered in the review, **a merger with Diamond Valley Athletic Club (DVAC) appeared to offer a number of unique benefits.** The matter was considered internally by the Ivanhoe Harriers committee at our November and December 2007 meetings.

Merger Discussions with DVAC

After an informal discussion with representatives of DVAC on 5 February, IH sent a formal invitation inviting DVAC to enter into merger discussions. DVAC acknowledged its interest in a letter dated 26 February. Since then, an IH working group (Patricia Rogers, Peter Rule and myself, plus John Boas as alternate) has been having regular meetings with representatives of DVAC in relation to the formation of a single senior athletic club based at Willinda Park.

Both clubs recognize that one senior club with catchments covering most of North-East Melbourne would have potential benefits for the current members of both DVAC and IH, as well as providing a better platform for promoting athletics in the region (most important for potential future members). More specifically, **a single club would offer a number of advantages compared to the two current standalone clubs, including:**

- A greater diversity and depth in available coaching;

- More flexibility with training times at Willinda Park;
- Alignment with Little Athletics ensuring natural progression;
- A more competitive club in Shield Competition;
- Strengthened club administration/officials and helpers with a greater pool of competent people; also social benefits, particularly for young members.
- Greater scope for publicity, sponsorship and fundraising;
- Less competition in recruiting.

Subject to satisfactory resolution of key issues, including those relating to the identity of the new club and sustaining IH's heritage, we would be aiming to complete the merger before the start of the 2008-09 Summer Shield Competition. Indicative milestones would include:

- July – Proposal to be sent to the respective memberships;
- August – Separate voting on the proposal by eligible members of DVAC and Ivanhoe Harriers;
- September – Implementation and commencement of the new club;
- Mid/late October – Start of Shield Competition.

Your committee believes that we need to be transparent throughout this process and allow all members and other stakeholders to have an opportunity for input into the process. We will therefore be seeking feedback from members at Ivanhoe Harriers' 2008 AGM/Presentation night. There is no certainty that the merger process will ultimately lead to a merger of IH and DVAC. The merger needs to be well supported initially by members of the IH working group and IH Committee before any proposal is put to IH members for a vote.

Key Contributors to IH

I wish to thank members of the Ivanhoe Harriers committee and others for all their efforts during the past year.

Peter Rule, Vice-President, provided additional experience and expertise to the executive committee. Additionally, Peter is a member of the DVAC / IH Working Group; is the e-news editor; and gives dedicated and constant service to the club as a Level 4 pole vault coach.

Aylean O'Connor, Vice-President (to 30 March 2008). The minutes of the IH Committee meeting on 1 April recorded that "it is with great regret that the IH Committee acknowledges and accepts the resignation of both Aylean & Russ O'Connor. Over the last few years, Aylean has been a tireless worker for the benefit of the IH Club. Aylean has been an energetic and supportive Men's Team Manager and a powerhouse on the IH Committee, promoting membership and fundraising for the benefit of the Club. The IH Committee wishes to acknowledge Aylean's outstanding contribution to the club and express our deep regret that personal circumstances have forced her resignation. We extend our very best wishes for the future to both Aylean and her family; Peter, Russ, Ethan, Tom, Olivia & Rose, who have all supported Ivanhoe Harriers in many ways."

John Wallis, Treasurer & Registrar, capably fulfilled both time demanding roles. John was awarded Life Membership of the Club last year – as well as the Jack McCann Trophy. John and his wife, **Jill Wallis**, have been

dedicated Athletics Victoria officials (and recognized with 10 year service awards).

Patricia Rogers, Secretary, provided sound advice and input in all IH committee meetings. Trisha also accepted many other key roles during the year, including: as a member of the DVAC / IH Working Group; organizing the luncheon celebration for John Boas' 50 years with the Club; as an IH representative on the Willinda Park Management Committee; the Women's Team Manager and also as a throws coach.

Of the General committee, **David Burke** did an excellent job producing the 2007-08 Ivanhoe Harriers Handbook, whilst **Chris Struve** developed and maintained the club's website. Chris has just recently resigned from the committee due to health issues. **Russ O'Connor** was a representative for younger members.

The Club is indeed fortunate to have some **highly rated and very committed coaches**. I wish to thank **John Boas, Peter Rule and Lou DeMaria** for their constant efforts during 2007-08 and - with **Tom Hancock** - in previous seasons.

John David continued to co-ordinate and inspire a select group of cross country athletes as Winter Team Manager.

A number of our members continued to act as AV officials and helpers during the season: primarily, **John Wallis** and **Jill Wallis** (including national/international championships), **Peter Bethell** (continuing an extraordinary life-long commitment to athletics), **Phil Ramsay, Katrina Philip, Patricia Rogers, Ian Rogers** and **myself**. All officials / helpers provide a vital service to athletics and to the Club.

I would also like to record how delighted we were, at our 2007 AGM and presentation night held on 12 May last year, to have in attendance, Barbara Hall, her daughter, Natalie, and son, Rod. Natalie made the inaugural presentation of the "**Lew Hall Trophy**" to Glen Nicholson. As you all know, **Lew Hall**, Life Member and President of Ivanhoe Harriers (1985-1997; 2000-2006), passed away on 25 June 2006.

Lastly, I would encourage all athletes to re-register now with Ivanhoe Harriers for the 2008-09 season – irrespective of the outcome of the discussions with DVAC. Like any sports club, we depend on membership renewals, as well as an influx of new members each year, for the club to prosper – either as a standalone club or as part of the merged club - in the years ahead.

Rob Craigie
President – Ivanhoe Harriers
25 May 2008

Men's Track & Field Report

The pleasing thing about this year's competition for the men was that of the competitors who ran for Ivanhoe this year, most competed in over seven competitions.

New athlete Lewis Seccombe has been captivated by the Pole Vault, Lewis also competed in the Victorian Titles and has started on his athletic journey.

Todd Dawson performed at a high standard in his events all year, High Jump, Pole and Javelin, and did well at State and National Titles.

Tom Hancock, was again a powerhouse in the over age competition, and racked up some strong performances across the range of his events.

Justin Coutts chalked up some solid performances across his track and field events, and challenged himself by competing in the Vics.

Stephen Pegg, worked long and hard to get his 400 times down. Stephen pulled out a great long jump at 5.70 and some good times in 100 and 200 is still working on how to pace himself in the 400m.

Austen Mates, competed gallantly right across the range of events, 200, 400, 800m, and Hammer, in which he achieved a good PB in his last competition.

Dane McDonnough, performances continued to improve throughout the season, Dane's work in middle distance and the shorter distances continued to impress, Dane is a very focussed and committed athlete who also tested his mettle in the Victorian titles.

Chris Struve worked on the track and had good results in the longer distances.

The irrepressible James Lynch worked well over 100, 200, his favourite 400, and did some hard yards in the 800 as well as taking a toss of shot and discus.

Ian Rogers, worked well over the short stuff and had some gains in the long jump this year. Picked up a club record of 5.58 for the over 50's and the third time he defended the Victorian title successfully in this event.

Ryan Wills worked well in a number of events, he had handy times in 100, 200, and some big jumps for Long and Triple Jump. He competed at the elite level several times, in the jumps for Premier League.

Phil Ramsay, put in some solid performances in 100 and 200m. in 8 rounds too. Phil is just a legend.

Glen Nicholson, picked up after starting the season with some footy injuries, he had some very good distances in Long and Triple, 6.99 is a solid jump and 13.03, and we hope Glen will give footy a bit of a miss this season.

Jarrold Cahir a new comer to the club, had some good start with good solid times in the 100, he gutsed out some 800's, and 1500's and some 3000's. He also backed up with efforts in the relays in open events. Well done.

Alastair Morgan had good solid times for the 400m and 1500m and competed in two rounds, with the promise of more to come.

Josh Philip had a club record in the hammer at 58.12, he also put in a surprise triple late in the season.

IAN ROGERS

28 May 2008

Men's Results 2007/2008 Interclub season: Best Performances.

Name Rounds competed ()	100M	200M	400M	110H	800M	1500M	3000M	Long Jump	High Jump	Triple Jump	Shot Put	Pole Vault	Discus	Hammer Throw	Javelin
Baffour Akowuah (1)	12.3	25.4													
James Wendt (1)												4.00M			
Lewis Seccombe (1)												2.00M			
Todd Dawson (6)									1.80			4.45M			34.35M
Tom Hancock (7)									1.30		11.75		36.58m		
Justin Coutts (8)	12.0	24.2	54.6		2.09.7			4.99		10.44					
Stephen Pegg (6)	11.7	23.1	53.95					5.70							
Austen Mates (7)		33.6	1.15.5		2.55.3									14.73	
Dane McDonough (8)		28.8	1.02.9		2.22.2	5.13.9									
Chris Struve (4)	14.4				2.48.7	4.54.0									
James Lynch (8)	13.5	25.7	57.6		2.14.6						8.33		26.00		
Ian Rogers (8)	12.7	25.3	57.4					5.58							
David Burke (9)	12.7	25.4	57.7	18.8	2.47.4				1.75		8.68		22.57		
Ryan Wills (8)	12.1	24.6						6.61		14.00					
Phil Ramsay (8)	14.8	30.9						6.99		13.03					
Glen Nicholson (8)	11.7														
Jarrold Cahir (8)	13.7				2.22.6	4.59	11.49.4								
Alistair Morgan (2)			51.8			4.01.8									
Josh Philip (3)										11.30	13.23			58.12	

Bold Face type show club records: Long Jump over 50 and Hammer

Women's Team Manager's Report for 07/08 T&F Season

As I did last year, before writing this report I reviewed my report from last season. I foreshadowed that this season I would enter only 2 Women's teams; Div 2 Open and Under 18, and that is what I did. Of those 2 teams, the Open Women's team came 4th on the Eastern Region Shield Ladder and the Under 18 finished just out of the final 4. It was a pleasing result considering the smaller number of competitors in both teams and that some of us were plagued by injuries.

The members of the Open Div 2 team were; Sarah Dosen, Katrina Philip & Patricia Rogers. The members of the Under 18 team were; Maddie Heather, Loretta Nichol, Alison Rogers & Christine Rogers. Sarah, Patricia, Alison & Christine all competed in more than half the Shield Rounds. Katrina had an ongoing injury which meant she only competed in 3 rounds, however, Katrina's club spirit was strongly evidenced by her work as an official when she couldn't compete. Maddie competed in the Pole Vault in 2 Shield Rounds, but she also competed in the Victorian All-Schools and achieved a national qualifying enabling her to compete in the Australian All-Schools finishing a creditable 4th. Maddie finished her season competing in the Victorian Championships and placing 3rd in the U/16 Pole Vault. Loretta competed in only one round of the Shield Competition. Both Loretta and Alison will be completing their VCE this year which will undoubtedly impact on their time for athletics, but I sincerely hope that Loretta's enthusiasm is rekindled as she has always been a talented athlete.

Despite the smaller number of Ivanhoe Women this season our competitors achieved some excellent results. Firstly, Sarah Dosen set Club Records in the 100m, 200m & 400m. During the 6 rounds in which Sarah competed she contested 6 different events, the above 3 plus the Shot Put, Discus & Javelin. Sarah's previous life as a multi-event athlete showed through with distances exceeding her team manager's. Katrina Philip also set Club Records in the Over 40 age group this year, although only once during Shield Competition. Katrina has bettered her PB's in the 400m, 800m, 1500m & 3000m and hence the Club Records. Katrina has discovered a real love for running and has joined a Master's club. Katrina competed in the Victorian Overage Championships and the National Masters Competition in Sydney, where she got the bronze medal in the 800m behind 2 world class runners, as well as coming 4th in her 1500m.

The last Club Record to be mentioned is one especially dear to my heart as it was set by Christine Rogers for the U/16 & U/18 Long Jump. Christine had been flirting with the 5 metre mark all season, getting within one centimetre of it but not over it. In Christine's final competition for the season, the Victorian Championships, Christine finally broke the 5 metre barrier by a whopping 17 cm and jumped herself into 3rd place in the U/18 Women's Long Jump. The pleasure of her parents and coach were only exceeded by Christine's own. Christine's smile was a mile wide and she executed an amazingly high heel click while waiting to mount the podium. It was especially pleasing that Christine finished the season on such a high, because she has recently undergone spinal surgery which will prevent her from competing next season. I have no doubts that Christine will be eager to return in 12 months a stronger and better competitor.

It is important that I also mention the 2 remaining Women's Team members; Alison & Patricia Rogers. As a Team Manager it is a privilege to have Alison competing for Ivanhoe Harriers. Unlike many of our Women, Alison is competing purely for the fun of it and I believe she has been finding more fun in her competitions each season. Last season I prodded Alison and Christine to compete in extra events for Div 2, and one of those events was High Jump. Given that Alison is only 150 cm tall, High Jump was a bit scary. However, Alison has discovered a joy in competing in this event and it was her only PB for the season. Alison surprised teachers and students alike in her recent Inter-house Athletic Carnival where she came 3rd in both Shot Put and High Jump and 2nd in the Javelin.

Finally, Patricia Rogers competed in 8 rounds but has found that the arthritis in her hip prevents her from doing anything but standing throws. She didn't defend her Over 40 title this year and will now only compete if and when the team needs her. For this reason and because both Sarah & Katrina were carrying injuries it was

decided that the Open Division 2 Women's team would not enter a team for the Region Final, despite finishing in 4th place. Now that Alison has turned 18 and Christine will be unable to compete next season, Ivanhoe Harriers will probably enter a single Women's Team in 08/09. This should make the Open Div 2 Team stronger than this season.

<i>Name</i>	<i>Rnd</i> <i>s</i>	<i>100</i>	<i>200</i>	<i>400</i>	<i>800</i>	<i>1500</i>	<i>3000</i>	<i>LJ</i>	<i>TJ</i>	<i>DT</i>	<i>SP</i>	<i>JT</i>	<i>HT</i>	<i>PV</i>	<i>HJ</i>
Madi Heather	2													2.65	
Christine Rogers	9	13.5	29.2					5.17	9.50	11.56	5.54				
Loretta Nichol	1													2.70	
Alison Rogers	7									17.96	5.74	15.68			1.20
Sarah Dosen	6	12.4	25.8	59.87						31.45	9.84	29.26			
Katrina Philip	3	16.0		1:24.94	2:39.6	5:52.2	13:48.0								
Patricia Rogers	8									28.85	9.25	16.40	23.90		

Club Records Women & Men

Sarah Dosen 100m 12.4 17/11/07 OPEN
 200m 25.8 27/10/07 OPEN
 400m 59.87 08/01/08 OPEN

Katrina Philip 400m 71.34 08/03/08 40+
 800m 2:38.26 21/03/08 40+
 1500m 5:29.80 22/03/08 40+
 3000m 12.41.4 28/04/08 40+

Christine Rogers LJ 5.17 24/04/08 U/16 & U/18

Josh Philip HT 58.12 22/01/08 OPEN

Ian Rogers LJ 5.58 01/11/07 50+

Reported by
 PATRICIA ROGERS (Women's Team Manager)

CHAMPIONSHIP REPORT by Peter Rule

In the 2007/8 season, Ivanhoe Harriers athletes kept up our tradition of performing with distinction at the various State and National Championships.

The Under 18 to Under 20 All-Schools Championships are held very early in the season so as not to clash with year 12 exams. Justin Coutts ran in the Under 20 800m and finished a creditable seventh, in 2:13.05. Glenn Nicholson long jumped 6.16m in the under 18 event, for eighth place, and Stephen Pegg qualified for the final of the under 20 400m (fourth in his heat in 53.32) but was unable to contest this because of illness.

The remainder of the age groups competed in November, and Lewis Seccombe won the silver medal in the under 15 pole vault, clearing 2.00m. Christine Rogers finished fifth in the Under 16 long jump (4.92m) and ninth in the triple jump (9.73m). In her heat of the 100m, a timing malfunction meant she was given a hand time of 13.7.

Madi Heather competed in the under 15 pole vault, and finished fifth with 2.30m.

The Australian Youth and All-Schools Championships were held in Sydney in December, and we were represented by two pole vaulters. Madi Heather improved to fourth in the under 15 event, clearing 2.85m, and Todd Dawson won the bronze medal in the under 18s with his leap of 4.00m.

The Victorian Open and Under 20 Championships saw a tie in the Under 20 pole vault between two Ivanhoe athletes, James Wendt and Todd Dawson, at 4.00m. James prevailed in a jump-off when he went over 4.10m for the gold medal. It is a rare occasion for Ivanhoe athletes to finish 1-2 in a championship.

Josh Philip won the silver medal in the Open hammer throw with a distance of 55.45m.

Madi Heather, although aged 14 at the time, was fourth in the Under 20 pole vault (2.80m)

In the 400m, Stephen Pegg was seventh in the heat of the under 20 (53.92) and Justin Coutts was fifth in his heat of the Open event (54.82).

Others competing in the Open competition were Ryan Wills who was 14th in the long jump (6.39m) and had three fouls in the triple jump, and Alastair Morgan who was unable to finish the 3000m steeplechase.

The Australian Open Championships were held in Sydney and doubled as the Olympic Trials. Josh Philip was fifth Australian in the hammer throw with 54.97m.

The Victorian Youth Championships saw more medals to Ivanhoe athletes. Christine Rogers won bronze in the under 18 long jump with a PB and club record of 5.17m. She also competed in the 100m, finishing sixth in her heat (13.91 into a gale).

Madi Heather also picked up a bronze medal in the under 16 pole vault, clearing 2.80m, her first medal in championships.

Lewis Seccombe was fifth in the under 16 pole vault (2.40m) and Dane McDonough was eighth in the under 16 800m with 2:28.40.

2007 Winter Cross Country Season Report- Senior Division.

This season started on the 28th April 2007 – Jells Park 6 km relays, and finished on the 22nd September 2007 with the Tan Relays.

We only had one team competing this year being the Division 5 Men's team, however they were very successful reaching a final position of 7th out of 18 teams.

Details of the final ladder below:

Men's Ladders

as at 18/09/2007

Division 5

Round		1	2	3	4	5	6	7	8	9	10	Total
1	Knox Athletics 3	8	8	13	11	10	9	10	9	13		91
2	Collingwood Harriers 4	6	11	10	10	11	11	8	11	11		89
3	St Stephens Harriers	4	11	4	11	5	9	5	11	6		66
4	Athletics Waverley 2	11	9			8	13	7	9	7		64
5	Mornington Peninsula	7	13	13				13	13	1		60
6	Coburg Harriers 3	1	10	3	8	7	7	2	6	8	3	55
7	Ivanhoe Harriers	1	9	5	9	6	8	1	4	6	4	53
8	Box Hill 3	13				9		8		10	9	49
9	Bendigo Region 2	9		10		13		6			10	48
10	Sandringham 4	5		6				10	5		5	31
11	Melbourne Uni 3								13		8	21
12	Mentone 2	10		7								17
13	Sth Melbourne 2	1		1				2		7	1	12
14	APS United 3	2		1					7			10
14	Athletics Nunawading 2	3		1				3			3	10
14	Malvern Harriers 3	1		2				4	3			10
17	Ballarat Harriers 2	0										0
18	Frankston	0										0

Three words really stick in my mind as I write this report being “commitment”, “consistency” and “team spirit”.

Regarding “commitment”, this team was one of only two teams that completed every race and relay for the season, for Division 5. This is a bigger job than you may think because they needed to fill races with athletes that were able to run distances of 6km to 21.1km, as well as provide volunteers/officials to AV to avoid disqualification and also be able to sometimes travel long distances in order to compete.

Regarding “consistency”, our team's race times may not have always been the best, but for each race/relay they all tried to achieve good results and to better previous personal times for the good of the team.

Regarding “team spirit”, all participants for Div 5 became close friends and they all enjoyed the challenge that each race had in store. Personally, the 2007 season was probably the best CC season I had experienced, and there are many times that I can't stop laughing about some of the fun things that we did.

The members of the Division 5 team for 2007 were :

Andrew Jewell - the motivator of the team who really pushed us all and a very talented athlete who continued to achieve improved results,

James Lynch - another talented athlete who continued to challenge Andrew with his fast times. James also adapted to the longer runs with some great outcomes,

Chris Struve – reliable athlete that did a good job achieving impressive times despite some injuries incurred during the season. Also someone to speak to if you are thinking of changing your diet,

Chris David – the younger member of the team that never has time to train yet seems to always do well on the day,

John David – the oldest member of the team that always has time to train yet doesn't always do well on the day,

David Burke – a great addition to the team and has (although been pushed) really done well tackling the middle distance runs. Also he has stepped in as a volunteer many times which has helped the team prevent disqualification for not providing officials to AV,

John Wallis - another very reliable addition to the team who was also able to assist with officiating on behalf of our club.

Mark Worsnop – although in charge of the Junior team, was also the AV contact for our club during 2007.

Final Seniors Ivanhoe Harriers Trophy score as follows:

A Jewell:42, C Struve: 29, C David: 28, J David: 25, J Lynch: 18, D Burke: 14, J Wallis: 3.

Congratulations to Andrew Jewell for being the IH trophy winner for the 2007 season which is well deserved. This is Andrew's second year with our club and as stated before, has always been a great motivating force and team player for our club.

Thank you to everyone who competed and assisted throughout the Winter Season with special thanks to David Burke & John Wallis who helped us fulfill our club duties.

Also thanks to Mark Worsnop for being the AV contact for our club.

Look forward to another great Winter Season in 2008.

John David. (Ivanhoe Harriers Senior Cross Country Manager).

Ivanhoe Harriers U16 CC Report for 2007

After a slow start, the defending champion team in U16 enjoyed a consistent set of results that saw the teams finish 4th and 10th on the ladder respectively. In several ways, the 2007 season was more difficult than the previous year, with injury, transfers and retirement accounting for several better runners, leaving the 'stayers' from the 2006 season to carry the load once again. The competition was noticeably stronger and the boys will be better for the experience.

Ivanhoe competed in five of the seven races in the 2007 series, with five runners completing four events and Dane McDonough returning to show he remains the best prospect for the future among the U16 running group. Certainly all runners showed a level of improvement over their 2006 form and the benefit of another 12 months growth. Pat Carty ran an outstanding time at the Sandown relays, while Dane McDonough better it by 7 seconds at the road race event over the same course later on. Nick Worsnop has his best run at the second Sandown event as well, benefiting from a morning off hockey. The Geelong cross-country event was Joseph Iacopino's chance to shine, while 5 of the 6 runners ran strong times at the Yarra Bend cross-country, Matt Worsnop in particular showing the benefits of Ventolin to turn in his best run for the club to date, failing just to pip the fast-finishing Paul Iacopino. Julian McCarthy lent a hand at the closing Tan Relays, but a team of Balwyn High School students showed a clean pair of heels to the Xavier College students in a win for the public school system !

Certainly the quintet of the Iacopinos, the Worsnops and Pat Carty deserve accolades for carrying the team across the season. Also thanks to Mark Carty and Joe Iacopino for helping with the transport and management of the team at races.

Final Points

Eq 1st Pat Carty, Joe Iacopino 16, 3rd Matt Worsnop 14, Eq 4th Dane McDonough, Paul Iacopino 12, 6th Nick Worsnop 11, 7th Julian McCarthy 6.

Best Average (min 2 events)

1. Dane McDonough
2. Joseph Iacopino
3. Pat Carty.

Final Ladder

1. Knox 77, 2. Essendon 76, 3. Malvern 59, 4. Ivanhoe(1) 35, 5. Richmond 27, 6. Frankston 21, 7. Sandringham 17, 8. Waverly 17, 9. Collingwood 14, 10. Ivanhoe (2) 12, 11. Williamstown 11, 12. Ballarat 10, 13. Knox (2) 9, 14. Box Hill 8, 15. Geelong 7, 16. Ringwood 7.

Mark Worsnop

Team Manager

U16 CC Winter 2007

Name	Sandown	Sandown	Geelong	Yarra Bend	Tan
Distance km	3	3.09	4	3	3.8
P Carty	13.07 4.356667		18.26 4.565	13.35	
J Iacopino			17.12 4.28	13.09	17.38 4.573684
N Worsnop	15.58 5.193333	15.16 4.906149		15.05	
D McDonough		13.02 4.213592		13	16.25 4.276316
P Iacopino			18.27 4.5675	13.13	18.03 4.744737
M Worsnop	14.14 4.713333	15.57 5.038835		13.14	
J McCarthy					16.3 4.289474

Red numbers indicate minutes per km in each race

IVANHOE HARRIERS ATHLETIC CLUB INC

STATEMENT OF RECEIPTS & PAYMENTS
FOR THE YEAR ENDED 31ST MARCH, 2008

	2008	2007
Opening Balance		
- General Brought Forward	\$ 1,291.00	\$ 2,610.00
- Petty Cash Brought Forward	\$ 49.00	-
- ING Account Brought Forward	\$ 6,586.00	\$ 4,356.00
	<u>\$ 7,926.00</u>	<u>\$ 6,966.00</u>
 Plus Receipts		
Competition		
A.V Registrations	\$ 1,230.00	\$ 1,615.00
Club Fees	\$ 1,940.00	\$ 2,560.00
Donation - Cross Country	\$ 110.00	-
Uniforms	\$ 280.00	\$ 822.00
Refund AV Fees		\$ 130.00
 Fundraising/Social		
Sausage Sizzle	\$ 667.00	\$ 4,229.00
Chocolate Drive	-	\$ 528.00
Donation	\$ 841.00	\$ 175.00
Sports Night AGM	\$ 650.00	\$ 916.00
Trivia Night	\$ 943.00	-
Sale Drinks	--	\$ 158.00
Raffle	--	\$ 17.00
John Boas 50th Anniversary	\$ 560.00	
Other		
Bingo Permit Dividends	\$ 4,650.00	\$ 3,475.00
Bank Interest	\$ 10.00	\$ 10.00
ING Account Interest	\$ 424.00	\$ 329.00
Donations to High Jump Pit	--	\$ 100.00
 Total Receipts	<u>\$ 12,305.00</u>	<u>\$ 15,064.00</u>

Less Payments

	2008	2007
Competition		
A.V. Registrations	\$ 1,230.00	\$ 1,615.00
Cross Country Entry	\$ 360.00	\$ 757.00
A.V. Affiliation	\$ 380.00	\$ 365.00
Equipment Repairs	--	-
Coaching & Officials Fees	\$ 405.00	\$ 465.00
Uniforms	--	\$ 3,158.00
Relay Entries	--	\$ 50.00
Athlete Expenses	\$ 50.00	-
Gym Equipment	\$ 297.00	
Finance		
Loan Repayments Banyule Council	\$ 500.00	\$ 500.00
General		
Annual Return	\$ 38.00	\$ 37.00
Trophies	\$ 872.00	\$ 422.00
Bank Charges	\$ 118.00	\$ 133.00
Postage	\$ 29.00	\$ 25.00
Hand Book	\$ 340.00	\$ 162.00
Advert. 'Kids in Sport'	\$ 275.00	
Fund Raising/Social		
Sports Night AGM Expenses	\$ 635.00	\$ 705.00
Purchase of BBQ for Sausage Sizzles	--	\$ 130.00
Purchase of Drinks	--	\$ 168.00
John Boas 50th Anniversary	\$ 399.00	
Miscellaneous		
Willinda Club Rent	\$ 3,720.00	\$ 3,720.00
Contribution to High Jump Pit	--	\$ 1,000.00
Death Notice	--	\$ 186.00
Flowers, Cards, Fruit, etc.	--	\$ 321.00
I.H. Banner	--	\$ 185.00
Total Payments	<u>\$ 9,648.00</u>	<u>\$ 14,104.00</u>
Club Funds as at 31st March, 2008		
Closing Balance		
General Account	\$ 3,573.00	\$ 1,291.00
ING Account	\$ 7,010.00	\$ 6,586.00
Petty Cash	--	\$ 49.00
	<u>\$ 10,583.00</u>	<u>\$ 7,926.00</u>

NOTES;

- 1 Hold Uniform Stock \$2,000
2. as at 31/03/08 the Club has a debt of \$5,333 to Banyule City Council for the upgrade of Willinda Park pavilion and Council has accepted repayment of this loan at \$500 p.a.

John W. Wallis, F.C.P.A.
Hon. Treasurer
1/04/2008

SUBJECT TO AUDIT.